

Freshmart®

PROUDLY CANADIAN

HAPPY Mother's Day

BONNE FÊTE des Mères



6.99

**iÖGO OR YOPLAIT SOURCE 16 X 100 G
OR PC® ORANGE JUICE 2.5 L
SELECTED VARIETIES**

YOGURT OU JUS D'ORANGE

20609583001_EA/21531644_EA



7.99

PC® APPETIZERS

SELECTED VARIETIES, FROZEN

294-574 G

HORS-D'ŒUVRE

20080117_EA/21538572_EA



4.49

BREYERS CREAMERY STYLE ICE CREAM

SELECTED VARIETIES, FROZEN

1.41 L

CRÈME GLACÉE

21651382_EA



FERRERO ROCHER JEWEL BOX, COLLECTION

FINE CHOCOLATES 156/200 G OR LINDOR

CHOCOLATE BAGS 240 G

SELECTED VARIETIES

CHOCOLATS FINS OU SACS DE CHOCOLATS

20098034_EA/20981575_EA/

21358220_EA

8.79



SEE OUR FLYER ONLINE

VISIT FRESHMART.CA

FROM THURSDAY, MAY 7TH TO

WEDNESDAY, MAY 13TH, 2026

DU JEUDI 7 MAI AU

MERCREDI 13 MAI 2026

MAY

**HIT OF
THE MONTH
PRIX FOUS
DU MOIS**

DE MAI



\$3

Made in Canada
Fabriqué au Canada

Kraft Miracle Whip

Selected varieties, 650 - 890 ml

Tartinade Miracle Whip Kraft

Certaines variétés, 650 - 890 ml



\$7.88

Made in Canada
Fabriqué au Canada

Marcangelo Souvlaki

Selected varieties, 2 Pack, 120 g

Brochettes de souvlaki Marcangelo

Certaines variétés, emballage de 2, 120 g



\$2.25

Takis Rolled Corn Chips

Selected varieties, 260 g

Croustilles de maïs roulées Takis

Certaines variétés, 260 g

**LOWEST PRICES BEST DEALS
PLUS BAS PRIX PLUS GROS RABAIS**

As compared to other major grocery retailers within your local trade areas. Offer valid May 1st - 31st, 2026 while quantities last. We reserve the right to limit quantities to reasonable family requirements. See in store for limits. No rainchecks. Par rapport à d'autres grands magasins d'alimentation dans vos zones commerciales locales. Offre valable du 1^{er} au 31 mai 2026, jusqu'à épuisement des stocks. Nous nous réservons le droit de limiter les quantités en fonction des besoins raisonnables des familles. Voir en magasin pour les limites. Aucun bon de réduction différée ne sera émis.

Freshmart®

PROUDLY CANADIAN

freshmart RED & WHITE FOOD STORE
Your Neighbourhood Grocer

PARTICIPATING STORES
MAGASINS PARTICIPANTS



5.99
LB

CHICKEN THIGHS BONELESS, SKINLESS
HAUTS DE CUISSE DE POULET
13.21/KG
20162170_KG



8.99
LB

AUSTRALIAN BONELESS BEEF STRIPLAIN STEAK*
FAMILY SIZE
BIFTECK DE CONTRE-FILET DE BŒUF AUSTRALIEN DÉOSSÉ*
19.82/KG
21672237_KG



2.99

PC® SALADS, 142 G, PRODUCT OF U.S.A. OR PC® MINI POTATOES, PRODUCT OF CANADA, 680 G SELECTED VARIETIES
SALADES OU MINI-POMMES DE TERRE

3.29

BLUEBERRIES, BLACKBERRIES OR RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
6 OZ.
BLEUETS OU MÛRES OU FRAMBOISES



3/\$15
OR \$5 EA.

AGROPUR, BOURSIN, CASTELLO, PC® OR PC® BLUE MENU CHEESE
SELECTED VARIETIES
113-220 G
FROMAGE
20116794_EA/20428574_EA/20787327_EA

11.99

PC® GLUTEN FREE STRAWBERRY CAKE OR FARMER'S MARKET™ BAR CAKES
SELECTED VARIETIES
553-770 G
GÂTEAUX OU GÂTEAUX RECTANGULAIRES
20794367_EA/21500612_EA



3.29

CLASSICO PASTA SAUCE
SELECTED VARIETIES
410/600 ML
SAUCE POUR PÂTES
20325609003_EA/21618426_EA

2.99

GREEN GIANT 750 G OR VALLEY SELECTIONS 400/500 G VEGETABLES
SELECTED VARIETIES, FROZEN
LÉGUMES
21022268_EA/21022355_EA

5.49

NO NAME® CHEESE BARS 400 G OR SHREDDED CHEESE 320 G
SELECTED VARIETIES
BARRÉS DE FROMAGE OU FROMAGE RÂPÉ
21082491_EA/21289745_EA



2/\$5
OR \$2.50 EA.

PC® LOADS OF™, WORLD OF FLAVOURS OR KETTLE COOKED POTATO CHIPS
SELECTED VARIETIES, 200 G
CRO40911007_EA/21315959_EA/21576276_EA

9.99

PC® 100% MAPLE SYRUP 500 ML OR NO NAME® LIQUID HONEY 1 KG
SELECTED VARIETIES
SIROP D'ÉRABLE
20033683_EA/20049221_EA

15.99

MAXWELL HOUSE GROUND COFFEE
SELECTED VARIETIES
631-900 G
CAFÉ MOULU
21606882_EA

*CUT FROM CANADA AA GRADE BEEF OR HIGHER/**PROVENANT DE BŒUF CANADA AA OU D'UNE CATÉGORIE PLUS ÉLEVÉE

GROCERY ÉPICERIE



349
GAY LEA REAL WHIPPED CREAM
 SELECTED VARIETIES
 225 G
 CRÈME FOUETTÉE
 20048223001_EA/20048223002_EA



699
STOK OR STARBUCKS OR INTEL DELIGHT
ICED COFFEE OR COFFEE ENHANCER
 SELECTED VARIETIES
 828 ML/1.89 L-369/396 G
 CAFÉ GLACÉ OU REHAUSSEUR DE CAFÉ
 21215527_EA/21358473_EA



299
STARBUCKS DRINKS 405/444 ML
OR CELSIUS 355 ML
 SELECTED VARIETIES
 BOISSONS
 21576458_EA/21723923_EA



699
GATORADE SPORT DRINKS 6 X 591 ML
OR MAXWELL HOUSE INSTANT
COFFEE 150 G, SELECTED VARIETIES
 BOISSONS DÉSALTÉRANTES
 OU CAFÉ INSTANTANÉ
 20303218003_C06/21026608_EA



279
MCCAIN FRIES
 SELECTED VARIETIES, FROZEN
 800 G
 FRITES
 21521219_EA



349
PILLSBURY PIZZA POPS
 SELECTED VARIETIES, FROZEN
 4'S
 PIZZAS
 21435996_EA/21436071_EA



599
CHAPMAN'S YUKON NOVELTIES
 SELECTED VARIETIES, FROZEN
 5-8'S
 FRIANDISES GLACÉES
 21012281_EA/21583339_EA



1299
KICKING HORSE GROUND COFFEE
 SELECTED VARIETIES
 284 G
 CAFÉ MOULU
 20805126001_EA/21517176_EA



125
JELL-O JELLY POWDER 9.1-85 G
OR CLUB HOUSE GRAVY AND
SEASONING MIX 20-47 G
 SELECTED VARIETIES
 POUDRE POUR GELÉE OU MÉLANGE À SAUCE
 ET À ASSAISONNEMENT
 20302816001_EA/20317293001_EA



449
GENERAL MILLS CEREAL 310-437 G
OR NUTELLA B-READY CRISPY WAFER
WITH HAZELNUT SPREAD 132 G
 SELECTED VARIETIES
 CÉRÉALES OU GAUFRETTES AVEC
 TARTINADE DE NOISETTES
 21213662_EA/21457401_EA



479
NUTELLA HAZELNUT
OR PEANUT SPREAD
 375 G
 TARTINADE DE NOISETTES OU ARACHIDES
 21721261_EA/21457401_EA



1749
ROBIN HOOD OR FIVE ROSES FLOUR
 SELECTED VARIETIES
 10 KG
 FARINE
 20134743_EA/20251651_EA



189
NO NAME® EVAPORATED MILK
 SELECTED VARIETIES
 354 ML
 LAIT ÉVAPORÉ
 21040510_EA



249
WERTHER'S ORIGINAL OR
MAYNARDS SOUR PATCH KIDS
GUMMIES OR CANDIES
 SELECTED VARIETIES, 60-154 G
 FRIANDISES
 20898717_EA/21545554_EA



349
NATURE VALLEY OR FIBER1 BARS
 125-210 G OR CHRISTIE MINI
COOKIES 150-200 G
 SELECTED VARIETIES
 BARRES OU MINI-BISCUITS
 21213585_EA/21584976_EA



649
CHRISTIE DAD'S OATMEAL COOKIES
 500/520 G OR JACK LINK'S MEAT
SNACKS 65-81 G
 SELECTED VARIETIES
 BISCUITS OU COLLATIONS DE VIANDE
 20501983004_EA/21014079_EA



199
NO NAME® PASTA
 SELECTED VARIETIES
 900 G
 PÂTES
 20315613002_EA/20315613006_EA



229
CAMPBELL'S BROTH
 SELECTED VARIETIES
 900 ML
 BOUILLON
 20322348003_EA/20981583_EA



399
OLD EL PASO DINNER KITS
 SELECTED VARIETIES
 250-510 G
 TROUSSES-REPAS
 20305182001_EA/20795536_EA



529
FRENCH'S KETCHUP 750 ML-1L
OR VLASIC PICKLES 1L
 SELECTED VARIETIES
 KETCHUP OU CORNICHONS
 20157347001_EA/20835951_EA



299
PALMOLIVE OR DAWN
DISHWASHING LIQUID
 SELECTED VARIETIES, 431/828 ML
 DÉTERGENT LIQUIDE À VAISSELLE
 21004368_EA/21430576_EA



849
CHARMIN BATHROOM TISSUE
 8=24 ROLLS OR BOUNTY PAPER
TOWELS 3=6 ROLLS
 SELECTED VARIETIES
 PAPIER HYGIÉNIQUE OU ESSUIE-TOUT
 21636615_EA/21670159_EA



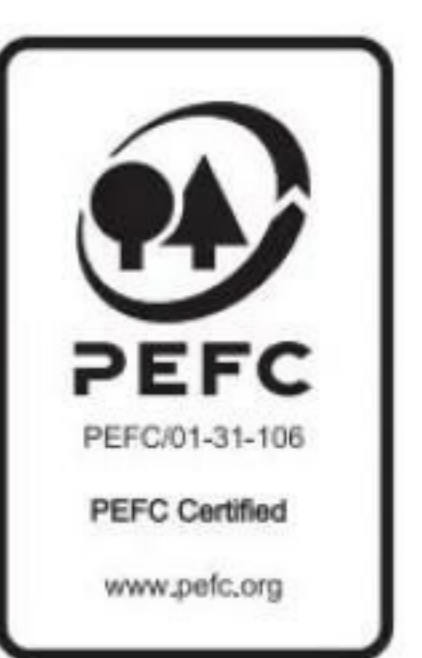
.79
PEDIGREE WET DOG FOOD POUCH
 SELECTED VARIETIES
 100 G
 SACHET DE NOURRITURE POUR CHIENS
 21659467_EA/21659566_EA



1899
PEDIGREE TREATS
 SELECTED VARIETIES
 869-972 G
 GÂTERIES
 21194056_EA



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where items are advertised as limited or limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2026 Loblaws Inc.



FRUITS & VEGETABLES FRUITS & LÉGUMES



3⁴⁹
LB

GREEN BEANS
PRODUCT OF U.S.A.
HARICOTS VERTS
7.69/KG

2⁴⁹

PC® MUSHROOMS
PRODUCT OF CANADA,
SELECTED VARIETIES
227 G
CHAMPIGNONS
20776239_EA

3⁴⁹

CELERY STALKS,
PRODUCT OF MEXICO
OR U.S.A. OR
ICEBERG LETTUCE,
PRODUCT OF U.S.A.
EACH
CÉLÉRI OU
LAITUE ICEBERG



5⁹⁹

CANTALOUPE, PRODUCT
OF GUATEMALA OR
HONDURAS OR **PINEAPPLE,**
PRODUCT OF COSTA RICA
EACH
CANTALOUPE OU ANANAS

4⁹⁹
LB

YELLOW PEACHES
OR **NECTARINES**
PRODUCT OF U.S.A.
PÊCHES OU NECTARINES
11.00/KG

6⁹⁹

NO NAME®
NATURALLY IMPERFECT™
PEARS
PRODUCT OF U.S.A.
3 LB
POIRES



5²⁹

PC® CHOP SALAD KITS
SELECTED VARIETIES,
PRODUCT OF U.S.A., 253-369 G
SALADES HACHÉES
21378024_EA

\$5

PC® SOLERAMA SAN MARZANO
ROMA TOMATOES
PRODUCT OF CANADA
454 G
TOMATES

2/2⁵⁰
OR
\$1.25 EA.

CORN ON THE COB,
PRODUCT OF U.S.A.
OR **AVOCADOS,**
PRODUCT OF MEXICO
MAÏS OU AVOCATS

5⁹⁹

FARMER'S MARKET™ ORANGES
PRODUCT OF SPAIN OR MOROCCO
3 LB
ORANGES

BAKERY BOULANGERIE



2⁴⁹

NO NAME® BAGELS
SELECTED VARIETIES
6'S
BAGELS
21297778_EA

2⁹⁹

ACE BAKERY BAGUETTE 325-400 G,
SELECTED VARIETIES OR **CINNAMON**
RAISIN BREAD 550 G, BAKED IN-STORE
SELECTED VARIETIES
BAGUETTE OU PAIN AUX RAISINS
20171171_EA

3⁹⁹

PC® OR **DEMPSTER'S**
RYE SLICED BREAD
SELECTED VARIETIES, 480-600 G
PAIN DE SEIGLE
20682493_EA/20151094_EA

4⁹⁹

FARMER'S MARKET™ COOKIES
SELECTED VARIETIES
12'S
BISCUITS
20566774_EA

DAIRY & REFRIGERATED PRODUITS LAITIERS & RÉFRIGÉRÉS



3²⁹

NO NAME® CREAM CHEESE
SELECTED VARIETIES
227/250 G
FROMAGE À LA CRÈME
20308105001_EA/210361106_EA

3⁹⁹

SIMPLY DRINKS
SELECTED VARIETIES
1.54 L
BOISSONS
21170784_EA/21170793_EA

4²⁹

NO NAME® MARGARINE
SELECTED VARIETIES
907 G
MARGARINE
20073675_EA

6⁴⁹

SIGGI'S SKYR YOGURT
SELECTED VARIETIES
650/750 G
YOGOURT
21353874_EA/21549531_EA

MEAT & SEAFOOD **VIANDES & POISSONNERIE**



PARTICIPATING STORES
MAGASINS PARTICIPANTS

UP TO
\$2 OFF
/LB

FRESH PLAIN OR MARINATED BEEF, PORK OR CHICKEN KEBAB
\$2 LB OFF PLAIN
\$1 LB OFF MARINATED
BROCHETTES DE BŒUF, PORC OU POULET

3.49
LB

PORK LOIN COMBINATION CHOPS SIRLOIN CENTRE-CUT AND RIB PORTION BONE-IN, CUT IN-STORE
CÔTELETTES DE LONGE DE PORC
7.69/KG
20822322_KG

7.99
LB

CHICKEN BREASTS BONELESS, SKINLESS
POITRINES DE POULET
17.61/KG
21189206_KG



PREPARED IN CANADA



PREPARED IN CANADA



PREPARED IN CANADA

3.49

NO NAME ORIGINAL WIENERS
450 G
SAUCISSES FUMÉES
20002786_EA

6.49

NO NAME BREADED CHICKEN
SELECTED VARIETIES,
FROZEN, 908 G
POULET PANÉ
21187844_EA

12.49

PINTY'S CHICKEN WINGS OR THIGHS
SELECTED VARIETIES,
FROZEN, 600-950 G
AILES OU HAUTS DE CUISSE DE POULET
21699629_EA/21703423_EA



PREPARED IN CANADA

5.99

SEAQUEST PACIFIC WHITE SHRIMP
SELECTED VARIETIES,
FROZEN
36-55 PER LB, 300 G
CREVETTES
21636326_EA/21636352_EA

11.99

SEAQUEST SHRIMP RING WITH MILD COCKTAIL SAUCE
FROZEN
454 G
COURONNE DE CREVETTES AVEC SAUCE COCKTAIL DOUCE
21687413_EA

17.99

PC OLD FASHIONED BACON
1 KG
BACON
20115704_EA



PREPARED IN CANADA

7.99

BEYOND MEAT PLANT BASED BURGERS, GROUNDS, SAUSAGE, TENDERS OR STEAK
SELECTED VARIETIES, FROZEN
226-400 G
BURGERS, SIMILI-BŒUF HACHÉ, SAUCISSES, FILETS OU BIFTECK À BASE DE PLANTES
21193815_EA/21300113_EA

5.99

ATLANTIC CHOICE SAUSAGE
SELECTED VARIETIES
500 G
SAUCISSES
21332592_EA

4.49

LEAN GROUND PORK
450 G
PORC HACHÉ MAIGRE
21646160_EA

5.99

MARCANGELO CHICKEN BREAST PORTIONS
SELECTED VARIETIES
300 G
PORTIONS DE POITRINE DE POULET
21706318_EA/21706472_EA

DELI MEAT & CHEESE **CHARCUTERIE & FROMAGERIE**



4.49

MASTRO OR SAN DANIELE SLICED DELI MEAT
SELECTED VARIETIES
100-175 G
CHARCUTERIES
20576743_EA/21061099_EA

5.99

PC DIPS OR YUCATAN GUACAMOLE
SELECTED VARIETIES
340-500 G
TREMPETTES OU GUACAMOLE
20213083_EA/21448102_EA

5.99

PC BOCCONCINI 200 G OR PC RICOTTA 454 G OR ZERTO SHREDDED PARMESAN CHEESE 140 G
SELECTED VARIETIES
FROMAGE
20219848_EA/20546983_EA

9.49

PC BLACK LABEL PARMIGIANO REGGIANO 200 G, PC SPLENDIDO PARMIGIANO REGGIANO OR PECORINO ROMANO CHEESE 250 G OR PC GOAT CHEESE, SELECTED VARIETIES, 300 G
FROMAGE
21722528_EA/21053434_EA

HAPPY Mother's Day

BONNE FÊTE des Mères



3/\$5
OR
\$1.67 EA.

MARS, NESTLÉ, CADBURY OR KINDER CHOCOLATE BARS 90-105 G OR **STARBURST OR SKITTLES CANDY PEG** 130-170 G
SELECTED VARIETIES
BARRES DE CHOCOLAT
20066954_EA/20122562_EA
20695015_EA



349

CADBURY FAMILY CHOCOLATE BARS 90-105 G OR **STARBURST OR SKITTLES CANDY PEG** 130-170 G
SELECTED VARIETIES
BARRES DE CHOCOLAT
OU SACS DE FRIANDISES
21647110_EA/21648577_EA



429

SMARTFOOD POPCORN 150-200 G OR **POPCORNS OR POPCORN CHIPS** 142 G
SELECTED VARIETIES
CROUSTILLES OU MAÏS SOUFFLÉ OU CROUSTILLES DE MAÏS SOUFFLÉ
20972859_EA/21240628_EA



229

PERRIER OR SANPELLEGRINO SPARKLING WATER 1 L OR **NO NAME® JUICE** 2 L
SELECTED VARIETIES
EAU PÉTILLANTE OU JUS
20320439003_EA/21012469_EA



379

TWININGS TEA 20'S OR SUNNYD JUICE 1.89 L
SELECTED VARIETIES
18/20'S
THÉ OU JUS
20303755001_EA/21102505_EA



699

PC® WINE DE-ALCOHOLIZED 750 ML OR **SANPELLEGRINO CIAO! SPARKLING DRINKS** 6 X 330 ML
SELECTED VARIETIES
VIN DÉALCOOLISÉ
OU BOISSONS PÉTILLANTES
21045800_EA/21723264_C06



349

BETTY CROCKER PREMIUM CAKE MIX 263-550 G OR **NO NAME® MARASCHINO CHERRIES** 375 ML
SELECTED VARIETIES
MÉLANGE À GÂTEAU OU CERISES
20050959_EA/20078877001_EA



599

PC® OR TRÜ FRÜ CHOCOLATE COVERED FRUIT
SELECTED VARIETIES, 170 G
FRUITS ENROBÉS DE CHOCOLAT
21515998_EA/21544055_EA



1199

PC® PROFITEROLES CHOCOLATE OR VANILLA CREAM 490/625 G
PROFITEROLES
21586363_EA/21713701_EA



299

NO NAME® FRUIT IN JARS OR DEL MONTE CANNED FRUIT
SELECTED VARIETIES
540/796 ML
FRUIT
20671499_EA/21097602_EA



349

PC® PANCAKE OR WAFFLE MIX 905 G, **SYRUP** 750 ML OR **INSTANT OATS** 264-360 G
SELECTED VARIETIES
MÉLANGE À CRÊPES
OU À GAUFRES, SIROP
OU GRUAU INSTANTANÉ
20175129_EA/20374908_EA



549

PC® BLUE MENU® PEANUT BUTTER 750 G OR **FRUIT SPREAD** 310/500 ML
SELECTED VARIETIES
BEURRE D'ARACHIDE
OU TARTINADE DE FRUIT
20057669001_EA/21385372_EA



229

LIPTON CUP-A-SOUP OR SOUP MIX
SELECTED VARIETIES
94-166 G
MÉLANGE À SOUPE
20308188003_EA



299

NO NAME® BACON BITS
SELECTED VARIETIES
85 G
MIETTES DE BACON
20159354_EA



479

NO NAME® MAYONNAISE
SELECTED VARIETIES
890 ML
MAYONNAISE
20627614001_EA/20627614002_EA



799

BLUEWATER BATTERED FISH OR SHRIMP
SELECTED VARIETIES,
FROZEN, 210-600 G
POISSON, 210-600 G
20297032002_EA/20310745004_EA



899

PC® ORGANICS FRUIT
SELECTED VARIETIES,
FROZEN, 600 G
FRUIT
20431483002_EA/21023573_EA



249

NO NAME® HEAVY DUTY FOIL 25 FT, **PLASTIC WRAP** 60 M OR **PARCHMENT PAPER** 10 M
SELECTED VARIETIES
PAPIER D'ALUMINIUM
OU PELLICULE PLASTIQUE
OU PARCHMENT
21075917_EA/21119993_EA