

Hot Deals of the WEEK

Offres de la SEMAINE



3.79

**OCEAN SPRAY
CRANBERRY COCKTAIL
OR MOTT'S CLAMATO**

SELECTED VARIETIES

1.89 L

COCKTAIL DE CANNEBERGES

OU JUS DE PALOURDES

20300006008_EA/20318955002_EA



4.99

TAYLOR FARMS SALADS

PRODUCT OF U.S.A.,

SELECTED VARIETIES

315-383 G

SALADES

21335159_EA



4.99

DR. OETKER GIUSEPPE

THIN CRUST OR

RISING CRUST PIZZA

SELECTED VARIETIES, FROZEN

439-785 G

PIZZA

20904584_EA/21106360_EA



9.99

SWISS CHALET OR

MONTANA'S BBQ PORK BACK

RIBS 600/650 G OR NO NAME®

CHICKEN WINGS 908 G

SELECTED VARIETIES, FROZEN

CÔTES OU AILES DE POULET

21022221_EA/21045313_EA

Cheers to 2026!

Vive 2026!



2.99

PRINGLES POTATO CHIPS
SELECTED VARIETIES
102-156 G

CROUSTILLES
21003832_EA/21003833_EA



8.99

PC® APPETIZERS
SELECTED VARIETIES, FROZEN
170-574 G
HORS-D'ŒUVRE
20080117_EA/21439588_EA/21538572_EA

MOTT'S MR & MRS T 1 L
OR ROSE'S 739 ML
COCKTAIL DRINKS
BOISSONS
20809028001_EA/21104285_EA

3.49



PC®
DE-ALCOHOLIZED WINE
SELECTED VARIETIES
750 ML
VIN DÉSALCOOLISÉ
21045602_EA/21045604_EA

7.49



FROM THURSDAY, DECEMBER 25TH
TO WEDNESDAY, DECEMBER 31ST, 2025
DU JEUDI 25 DÉCEMBRE AU
MERCREDI 31 DÉCEMBRE 2025



SEE OUR FLYER
ONLINE
VISIT FRESHMART.CA

Freshmart[®]

PROUDLY CANADIAN

freshmart **RED & WHITE**
FOOD STORE
Your Neighbourhood Grocer

FAMILY SIZE
FORMAT
FAMILIAL



2.49
LB

**PORK LOIN COMBINATION CHOPS
OR SIRLOIN AND RIB PORTION**
BONE-IN, FAMILY SIZE
CÔTELETTES DE LONGE DE PORC
5.49/KG
20822332_KG

FAMILY SIZE
FORMAT
FAMILIAL



5.99
LB

LEAN GROUND BEEF
FAMILY SIZE
BŒUF HACHÉ MAIGRE
13.21/KG
20874394_KG



3.99

**RASPBERRIES, 6 OZ, PRODUCT OF U.S.A. OR MEXICO OR
CANTALOUPE, PRODUCT OF GUATEMALA OR HONDURAS**
EACH
FRAMBOISES OU CANTALOUPE



4.99

**FARMER'S MARKET[™] CUCUMBERS
OR MIXED PEPPERS**
PRODUCT OF CANADA OR MEXICO
3'S
CONCOMBRES OU POIVRONS VARIÉS



ZIGGY'S[®] SLICED MEAT
SELECTED VARIETIES
175 G
VIANDES TRANCHÉES
21592461_EA/21599921_EA

3.49



**PC[®] APPETIZERS, SELECTED VARIETIES,
225-454 G OR SEAQUEST[®]
COOKED SHRIMP RING 227 G**
FROZEN
HORS-D'ŒUVRE OU COURONNE DE CREVETTES
20080289_EA/20503378_EA

5.49



5.49
PC[®] SOFT DRINKS OR ICED TEA
SELECTED VARIETIES
12 X 355 mL
BOISSONS GAZEUSES
OU THÉ GLACÉ
20218887001_C12/20218887030_C12



3/\$10
OR \$3.33 EA.

LAY'S POTATO CHIPS
220-235 G, **TOSTITOS**
SALSA 394/418 ML,
416/432 G OR **TORTILLA**
CHIPS 205-295 G
SELECTED VARIETIES
CROUSTILLES OU
SALSA OU CROUSTILLES
DE TORTILLAS
20673717_EA/21050572_EA/21241032_EA



NO NAME[®] CHEESE BAR
400 G OR **SHREDDED
CHEESE 320 G**
SELECTED VARIETIES
FROMAGE
21082491_EA/21289745_EA



5.49



2.49
CAMPBELL'S SOUP 515 ML
OR **AYLMER TOMATOES 796 ML**
SELECTED VARIETIES
SOUPE OU TOMATES
21207592_EA/21480454_EA



4.49

**INTERNATIONAL DELIGHT
COFFEE ENHANCER**
946 ML OR **TROPICANA
ORANGE JUICE,**
BLENDS OR **LEMONADE**
OR **PURE LEAF ICED
TEA 1.36-1.75 L**
SELECTED VARIETIES
REHAUSSEUR DE CAFÉ
OU JUS D'ORANGE OU
MÉLANGES OU LIMONADE
OU THÉ GLACÉ
20895480002_EA/21622130_EA



**EARTH'S OWN
OR SILK DAIRY-FREE
BEVERAGES**
SELECTED VARIETIES
1.74-1.89 L
BOISSONS SANS
PRODUITS LAITIERS
20308979_EA/21037796_EA

2/\$7
OR \$3.50 EA.



FROM THURSDAY, DECEMBER 25TH
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DU JEUDI 25 DÉCEMBRE AU
MERCREDI 31 DÉCEMBRE 2025



SEE OUR FLYER
ONLINE
VISIT FRESHMART.CA

PROUDLY CANADIAN



35 BIG COVE ROAD, ELSIPOGTOG (506) 523-7186

FAMILY SIZE
FORMAT
FAMILIAL



2⁴⁹
LB

PORK LOIN COMBINATION CHOPS
OR SIRLOIN AND RIB PORTION
BONE-IN, FAMILY SIZE
CÔTELETTES DE LONGE DE PORC
5.49/KG
20822332_KG

FAMILY SIZE
FORMAT
FAMILIAL



LEAN GROUND BEEF
FAMILY SIZE
BŒUF HACHÉ MAIGRE
13.21/KG
20874394_KG

5⁹⁹
LB



3⁹⁹

RASPBERRIES, 6 OZ, PRODUCT OF U.S.A. OR MEXICO OR
CANTALOUPE, PRODUCT OF GUATEMALA OR HONDURAS
EACH
FRAMBOISES OU CANTALOUPE



FARMER'S MARKETTM CUCUMBERS
OR MIXED PEPPERS
PRODUCT OF CANADA OR MEXICO
3'S
CONCOMBRES OU POIVRONS VARIÉS

4⁹⁹



ZIGGY'S[®] SLICED MEAT
SELECTED VARIETIES
175 G
VIANDES TRANCHÉES
21592461_EA/21599921_EA

3⁴⁹



PC[®] APPETIZERS, SELECTED VARIETIES,
225-454 G OR SEAQUEST[®]
COOKED SHRIMP RING 227 G
FROZEN
HORS-D'ŒUVRE OU COURONNE DE CREVETTES
20080289_EA/20503378_EA

5⁴⁹



PC[®] SOFT DRINKS OR ICED TEA
SELECTED VARIETIES
12 X 355 ML
BOISSONS GAZEUSES
OU THÉ GLACÉ
20218887001_C12/20218887030_C12

5⁴⁹



3/\$10
OR \$3.33 EA.

LAY'S POTATO CHIPS
220-235 G, TOSTITOS
SALSA 394/418 ML,
416/432 G OR TORTILLA
CHIPS 205-295 G
SELECTED VARIETIES
CROUSTILLES OU
SALSA OU CROUSTILLES
DE TORTILLAS
20673717_EA/21050572_EA/21241032_EA



NO NAME[®] CHEESE BAR
400 G OR SHREDDED
CHEESE 320 G
SELECTED VARIETIES
FROMAGE
21082491_EA/21289745_EA

5⁴⁹



CAMPBELL'S SOUP 515 ML
OR AYLMER TOMATOES 796 ML
SELECTED VARIETIES
SOUPE OU TOMATES
21207592_EA/21480454_EA

2⁴⁹



INTERNATIONAL DELIGHT
COFFEE ENHANCER
946 ML OR TROPICANA
ORANGE JUICE,
BLENDS OR LEMONADE
OR PURE LEAF ICED
TEA 1.36-1.75 L
SELECTED VARIETIES
REHAUSSEUR DE CAFÉ
OU JUS D'ORANGE OU
MÉLANGES OU LIMONADE
OU THÉ GLACÉ
20895480002_EA/21622130_EA

4⁴⁹



EARTH'S OWN
OR SILK DAIRY-FREE
BEVERAGES
SELECTED VARIETIES
1.74-1.89 L
BOISSONS SANS
PRODUITS LAITIERS
20308979_EA/21037796_EA

2/\$7
OR \$3.50 EA.

Meat & Seafood

Viandes & Poissonnerie

FAMILY SIZE
FORMAT
FAMILIAL

FAMILY SIZE
FORMAT
FAMILIAL



2⁹⁹
LB

**FRESH BONE-IN
CENTRE CUT PORK CHOPS**
FAMILY SIZE
CÔTELETTES DE PORC
FRAÎCHES AVEC OS
COUPE DU CENTRE
6.59/KG
20823075_EA

5⁹⁹
LB

**FRESH CHICKEN BREASTS
OR WINGS**
BONE-IN, SKIN-ON, FAMILY SIZE
POITRINES DE POULET OU AILES
SÉPARÉES DE POULET FRAÎCHES
13.21/KG
20113612_KG/20168158_KG

14⁹⁹
LB

**FRESH BEEF RIB ROAST
UNGRADED**
RÔTI DE CÔTE DE BŒUF FRAIS,
NON CLASSÉ
33.05/KG
21494634_KG



5⁹⁹

PC® FRESH SAUSAGES
SELECTED VARIETIES, 500 G
SAUCISSES FRAÎCHES
21584342_EA



6⁹⁹

**NO NAME® PEPPERONI OR
SALAMI CHUB OR REGULAR
OR REDUCED SALT BACON**
SELECTED VARIETIES, 500 G
PEPPERONI OU SALAMI OU BACON
20015818_EA/20156771_EA



12⁹⁹

PC® SMOKIES™ SAUSAGE
SELECTED VARIETIES
1 KG
SAUCISSES
20732535_EA/20733617_EA



6⁹⁹

**NO NAME® CHICKEN STRIPS,
BURGERS OR NUGGETS**
SELECTED VARIETIES, FROZEN, 908 G
LANIÈRES OU BURGERS
OU PÉPITES DE POULET
21178744_EA



6⁴⁹

WONG WING ENTRÉES
SELECTED VARIETIES, FROZEN
400-908 G
PLATS CUISINÉS
20162067_EA/20503472_EA



8⁹⁹



Deli Meat & Cheese

Charcuterie & Fromagerie



1⁹⁹
/100 G

**LARSEN SALAMI OR
MAPLE LEAF BOLOGNA**
SALAMI OU BOLOGNE
20068801_KG



3⁴⁹

PC® DIPS OR HUMMUS
227-280 G OR
NAAN DIPPERS 200 G
SELECTED VARIETIES
TREMPETTES OU HUMMUS
OU PAINS NAAN
20583408_EA/20584097_EA/21092033_EA



6⁹⁹

**MONSIEUR GUSTAV
SAINT-PAULIN OR OKA**
190 G OR KERRYGOLD
IRISH CHEDDAR 200 G
OR ENTREMONT 227 G
CHEESE
SELECTED VARIETIES
FROMAGE
20921279_EA/21397209_EA



9⁴⁹

**PC® BLACK LABEL
PARMIGIANO
REGGIANO 200 G,
PC® SPLENDIDO®
PARMIGIANO
REGGIANO OR
PECORINO ROMANO
CHEESE 250 G OR
PC® GOAT CHEESE,
SELECTED VARIETIES,
300 G
FROMAGE
20569735_EA/21053434_EA**

Bakery

Boulangerie



4⁹⁹

**FARMER'S MARKET™
MINI OR OLD
FASHIONED DONUTS**
SELECTED VARIETIES
264-600 G
BEIGNES
21559294_EA



\$5

PC® DESSERTS
SELECTED VARIETIES, FROZEN
216-290 G
DESSERTS
21549965_EA



2⁹⁹

WONDER BREAD
SELECTED VARIETIES
500-675 G
PAIN
20276296_EA/20310409_EA



4⁴⁹

ACE BAKERY BREAD
SELECTED VARIETIES
485-700 G
PAIN
21616092_EA

Dairy

Produits laitiers



3⁴⁹

**NO NAME® CREAM
CHEESE 227/250 G OR
COTTAGE CHEESE 500 G**
SELECTED VARIETIES
FROMAGE À LA CRÈME
OU FROMAGE COTTAGE
20183991002_EA/20308105001_EA



3⁹⁹

**ASTRO OR iöGO
YOGURT**
SELECTED VARIETIES
650/750 G
YOGOURT
20165226001_EA/21659463_EA



3⁴⁹

**OIKOS OR
TWO GOOD YOGURT**
SELECTED VARIETIES
380 G OR 4 X 95/100 G
YOGOURT
20419715001_EA/21475943_EA



6⁹⁹

**IMPERIAL OR MIRAGE
MARGARINE**
SELECTED VARIETIES
850/907 G
MARGARINE
20074944_EA/20054663_EA

Fruits & Vegetables

Fruits & Légumes



3⁴⁹

PC® MINI POTATOES
PRODUCT OF CANADA,
SELECTED VARIETIES
680 G
MINI-POMMES DE TERRE

4⁹⁹

FARMER'S MARKET™
ORANGES
PRODUCT OF SOUTH AFRICA
3 LB
ORANGES

5⁹⁹

PINEAPPLE
PRODUCT OF COSTA RICA
EACH
ANANAS



BROCCOLI CROWNS
PRODUCT OF
U.S.A. OR MEXICO
EACH
COURONNES
DE BROCOLI

1⁹⁹

FARMER'S MARKET™
GRAPE TOMATOES
PRODUCT OF
CANADA OR MEXICO
283 G
TOMATES RAISINS

2⁹⁹



4⁹⁹

FARMER'S MARKET™ MINI CARROTS
PRODUCT OF U.S.A.
2 LB
CAROTTES MINIATURES



2⁹⁹
LB

HONEYCRISP APPLES
PRODUCT OF ATLANTIC CANADA
POMMES
6.59/KG

FARMER'S MARKET™
KIWI
PRODUCT OF
ITALY OR GREECE
2 LB
KIWI

7⁹⁹



7⁴⁹

MINI-WATERMELON
PRODUCT OF GUATEMALA OR HONDURAS
EACH
MINI-MELON D'EAU

Grocery Épicerie



2²⁹

NO NAME® JUICE
2 L OR GLACEAU
VITAMIN WATER 591 ML
SELECTED VARIETIES
JUS OU EAU VITAMINÉE
20320439003_EA/20333194002_EA



4⁹⁹

NO NAME® TART SHELLS
570 G OR CHAPMAN'S
PREMIUM ICE CREAM
500 ML
SELECTED VARIETIES, FROZEN
CROÛTES À TARTE
OU CRÈME GLACÉE
20296118001_EA/21511195_EA



8⁹⁹

SWANSON
FAMILY SIZE MEALS
SELECTED VARIETIES, FROZEN
1.19 KG
REPAS FORMAT FAMILIAL
20745136_EA



2⁹⁹

PC® CRACKERS,
TWISTS OR STIX
SELECTED VARIETIES
100-500 G
CRAQUELINS OU PAILLES
FEUILLETÉES OU BÂTONNETS
20538543002_EA/20603888002_EA



4⁹⁹

NUTELLA HAZELNUT
SPREAD 375 G OR
NUTELLA B-READY
CRISPY WAFER WITH
HAZELNUT SPREAD 132 G
TARTINADE DE NOISETTES
OU GAUFRETTE AUX
NOISETTES ET CACAO
20435988_EA/21457401_EA



4⁹⁹

TETLEY, RED ROSE
OR SALADA TEA
60/172'S OR NESTLÉ
COFFEEMATE 450 G
SELECTED VARIETIES
THÉ OU COLORANT À CAFÉ
20309221002_EA/21611907_EA



19⁹⁹

KICKING HORSE
ORGANIC WHOLE
BEAN COFFEE
SELECTED VARIETIES
454 G
CAFÉ
20322468001_EA/20322468006_EA



1⁹⁹

UNICO BEANS
SELECTED VARIETIES
540 ML
LÉGUMINEUSES
20313447001_EA/20313447006_EA



2⁷⁹

NO NAME® MARSHMALLOW
400 G OR **MARASCHINO**
CHERRIES 375 ML
SELECTED VARIETIES
GUIMAUVES OU CERISES
AU MARASQUIN
20050959_EA/20304672002_EA



2⁷⁹

FRENCH'S MUSTARD
SELECTED VARIETIES
325 ML
MOUTARDE
20056405001_EA



2⁹⁹

CATELLI PASTA
SELECTED VARIETIES
340/375 G
PÂTES
20527060_EA/20632367_EA

Grocery Épicerie



2⁴⁹

BEATRICE SOUR CREAM
SELECTED VARIETIES
500 ML
CRÈME SURE
20040338001_EA



3⁴⁹

GAY LEA WHIPPED CREAM
225 G, KHAAS HALAL
YOGURT 2/3% OR PARMALAT
3% 750 G YOGURT
SELECTED VARIETIES
CRÈME FOUETTÉE OU YOGOURT
20048223001_EA/21157873_EA



4⁴⁹

LECLERC CÉLÉBRATION COOKIES
SELECTED VARIETIES
240/350 G
BISCUITS
20965360_EA/20965368_EA



2⁷⁹

MCCAIN FRIES
SELECTED VARIETIES,
FROZEN
800 G
FRITES
21521219_EA



11⁴⁹

EL MONTEREY TAQUITOS
SELECTED VARIETIES,
FROZEN, 595/684 G
TAQUITOS
21022952_EA



5⁹⁹

BUBLY OR MONTELLIER SPARKLING WATER
SELECTED VARIETIES
10/12 X 355 ML
EAU PÉTILLANTE
21096704_C10/21097177_C12



7⁴⁹

MAISON PERRIER SPARKLING WATER
8 X 330 ML OR CHIC
NON-ALCOHOLIC
DRINKS 4 X 250 ML
SELECTED VARIETIES
EAU PÉTILLANTE
OU BOISSONS
NON ALCOOLISÉES
21575556_C08/21604035_C04



3⁷⁹

HUBBA BUBBA 20'S, EXCEL OR JUICY FRUIT GUM 3 X 18'S OR
TIC TAC FRESH MINT
3 X 29 G
SELECTED VARIETIES
GOMME OU MENTHES
21025322_EA/21166627_EA/21434999_EA



3⁴⁹

POP-TARTS PASTRIES
384 G, RICE KRISPIES
SQUARES BARS
176 G OR NUTRI GRAIN
BARS 295 G
SELECTED VARIETIES
PÂTISSERIES OU BARRES
20126567001_EA/21000659_EA



3⁴⁹

OLD DUTCH POTATO CHIPS 235 G OR DUTCH
CRUNCH CHIPS 200-290 G
SELECTED VARIETIES
CROUSTILLES
20503479001_EA/21367540_EA



3²⁹

LOOK! L'ARGE OVEN BAGS 2'S OR NO NAME® FOIL PAN, EACH
SACS POUR LE FOUR
OU PLAT EN ALUMINIUM
20303435_EA/20861912_EA



3⁹⁹

QUAKER INSTANT OATMEAL 168-344 G
OR CEREAL 350-500 G
SELECTED VARIETIES
GRUAU OU CÉRÉALES
21082500_EA/21190254_EA



3⁹⁹

PEARL MILLING COMPANY PANCAKE OR WAFFLE MIX
905 G OR SYRUP 710 ML
SELECTED VARIETIES
MÉLANGE À CRÊPES
OU À GAUFRES OU SIROP
21384618_EA/21391619_EA



4⁴⁹

COCA-COLA OR PEPSI MINI CANS
SELECTED VARIETIES
6 X 222 ML
BOISSONS GAZEUSES
20354288002_C06/20857560004_C06



7⁴⁹

NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE
SELECTED VARIETIES
90-351 G
CAFÉ INSTANTANÉ
20661811001_EA/20873036_EA



1⁹⁹

CLOVER LEAF LIGHT TUNA
170 G OR BRUNSWICK
SARDINES FILLETS 92-106 G
SELECTED VARIETIES
THON OU SARDINES
20018117001_EA/20322242001_EA



2²⁹

BETTY CROCKER POTATOES OR HAMBURGER HELPER
SELECTED VARIETIES
141-220 G
PRÉPARATION POUR POMME
DE TERRE OU REPAS
21574286_EA/21591018_EA



2⁹⁹

KNORR BOUILLON CUBES 63/69 G OR
LIPTON CHICKEN
SOUP MIX 4 X 338 G
SELECTED VARIETIES
CUBES DE BOUILLON
OU MÉLANGE À SOUPE
20297436002_EA/20315085002_EA



4²⁹

NO NAME® MAYONNAISE
SELECTED VARIETIES
890 ML
MAYONNAISE
20627614002_EA



4⁹⁹

PC® PLANET FIRST™ BAMBOO BOWLS
12 OZ, 20'S OR DINNER
NAPKINS 100'S
OR ROYAL CHINET
DESSERT PLATES,
6.75 INCH 40'S
BOLS OU SERVIETTES OU
ASSIETTES À DESSERT
20055478_EA/21422464_EA/21427202_EA



8⁴⁹

ROYALE BATHROOM TISSUE 12 DOUBLE ROLLS,
TIGER TOWEL PAPER
TOWELS 3=6 ROLLS
OR FACIAL TISSUE 6'S
SELECTED VARIETIES
PAPIER HYGIÉNIQUE OU
ESSUIE-TOUIT OU MOUCHOIRS
21187195_EA/21484702_EA/21618478_EA



3²⁹

TEMPTATIONS OR FRISKIES CAT TREATS
SELECTED VARIETIES
40-180 G
GÂTERIES POUR CHATS
20298151001_EA/21080999_EA



8⁴⁹

DENTALIFE DOG TREATS
408-587 G OR BENEFUL
INCREDIBITES DOG
FOOD 1.18 KG
SELECTED VARIETIES
GÂTERIES OU NOURRITURE
POUR CHIENS
20312784001_EA/21065095_EA