

# Hot Deals of the WEEK

## Offres de la SEMAINE



**4.99**

**PC® naturally smoked bacon  
or breakfast pork sausage  
selected varieties  
375/500 g**

**bacon ou saucisses de porc**

20152629\_EA/21584308\_EA



**PRODUCT OF  
CANADA**

**no name®  
shredded cheese  
320 g or cheese  
bars 400 g  
selected varieties  
barres de fromage**

21082491\_EA/21289745\_EA

**5.49**



**3.33**

**Kellogg's cereal  
selected varieties  
298-435 g**

**céréales**

20591279\_EA/20647520001\_EA



**Coca-Cola,  
Canada Dry  
or Pepsi  
soft drinks  
selected varieties  
2 L**

**boissons  
gazeuses**

20296926002\_EA

20316026002\_EA

**2/4.50  
or  
\$2.25 ea.**

# Maple Festival

## Fête de l'érable



**11.99**

**PC® Free From®  
nugget ham 700 g or  
PC® Vermont ham 800 g  
jambon**

20682690\_EA/20840135\_EA



**PC® coffee bag or espresso  
selected varieties  
250 g  
café**

21414074\_EA

**5.49**

**no name®  
honey, creamed  
or liquid, 1 kg or  
PC® maple syrup,  
Canada Grade A  
Amber, 500 mL  
miel ou sirop d'érable**

20033683\_EA/20049221\_EA



**11.79**



**Farmer's Market™  
Belgian waffles  
6's  
gaufres**

21396165\_EA

**4.99**



FROM THURSDAY, MARCH 6<sup>TH</sup>  
TO WEDNESDAY, MARCH 12<sup>TH</sup>, 2025  
DU JEUDI 6 MARS AU  
MERCREDI 12 MARS 2025



See our flyer online  
visit [freshmart.ca](https://freshmart.ca)

**Freshmart**<sup>®</sup>  
PROUDLY CANADIAN

**freshmart** **RED & WHITE**  
FOOD STORE  
Your Neighbourhood Grocer



**2.49**  
lb

pork loin combination  
chops sirloin or rib portion  
bone-in, club size  
côtelettes de longe de porc  
5.49/kg  
20822322\_KG



chicken  
drumsticks or thighs  
club size, fresh  
pilons de poulet ou  
hauts de cuisse  
6.59/kg  
20004494\_KG/20058163\_KG

**2.99**  
lb



PRODUCT OF  
CANADA

**4.99**

Farmer's Market<sup>™</sup> potatoes  
product of Canada, selected varieties  
10 lb  
pommes de terre



PC<sup>®</sup> Orri mandarins  
product of Israel or Spain  
2 lb  
mandarines

**5.49**



PRODUCT OF  
CANADA

**4.99**

PC<sup>®</sup> Brie or Camembert cheese 165-200 g  
or Zerto shredded parmesan 140 g  
selected varieties  
fromage ou parmesan râpé  
20563140\_EA/20787327\_EA



8 inch pie  
selected varieties  
635-750 g  
tarte  
21297470\_EA/21297475\_EA

**4.99**



Oasis juice,  
Del Monte nectar  
or Arizona iced tea  
selected varieties  
960 mL  
jus ou nectar  
ou thé glacé  
20336722001\_EA/20894117004\_EA

**1.49**



**1.79**  
Knorr Sidekicks side dishes  
selected varieties  
120-162 g  
plats d'accompagnement  
20321430004\_EA/20321430018\_EA



**2.99**  
Yoplait Tubes 8's or  
Minigo 6's or Source  
yogurt 630 g/4 x 100 g  
selected varieties  
yogourt  
21391318001\_EA/21547595\_EA/21619318\_EA



Terra Delyssa  
extra virgin olive oil  
1 L  
huile d'olive extra vierge  
20729461\_EA

**12.99**



**2.99**  
Green Giant vegetables  
750 g or Valley Selections  
400/500 g  
selected varieties, frozen  
légumes  
21022268\_EA/21022355\_EA



**7.49**  
Royale bathroom tissue  
9/12-24 rolls or  
facial tissue 6's  
selected varieties  
papier hygiénique  
ou mouchoirs  
21363770\_EA/2168478\_EA

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# Freshmart<sup>®</sup>

PROUDLY CANADIAN

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FOOD STORE  
Your Neighbourhood Grocer



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PROUDLY CANADIAN



35 BIG COVE ROAD, ELSIPOGTOG (506) 523-7186



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pork loin combination  
chops sirloin or rib portion  
bone-in, club size  
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21363770\_EA/2168478\_EA

7<sup>49</sup>

# Meat & Seafood

# Viandes & Poissonnerie



**9<sup>99</sup>**  
lb

**fresh boneless beef blade roast\***  
rôti de palette de bœuf frais désossé  
**22.02/kg**  
20797470\_KG



**3<sup>49</sup>**  
lb

**fresh pork loin centre-cut chops bone-in club size**  
côtelettes de longe de porc fraîches, coupe du centre, avec os  
**7.69/kg**  
20823075\_KG



**8<sup>99</sup>**  
lb

**chicken breast fillets boneless, fresh, club size**  
filets de poitrine de poulet  
**19.82/kg**  
20166993\_KG



**5<sup>49</sup>**

**Johnsonville dinner sausages or Italian grinds selected varieties, 375/500 g**  
saucisses ou chair de saucisse  
20303844\_EA



**8<sup>49</sup>**

**Beyond Meat plant based burger, grounds or sausage selected varieties**  
226-400 g  
burger ou végé-haché ou saucisses à base de plantes  
21193815\_EA/21300113\_EA



**5<sup>49</sup>**

**no name® beef wieners 450 g, Butterball turkey bacon 300/375 g or Johnsonville sausage 375 g selected varieties**  
saucisses de bœuf fumées ou bacon de dinde ou saucisses  
20016865\_EA/20096883\_EA/21022047\_EA



**2<sup>99</sup>**

**SeaQuest® crab or lobster flavoured pollock flakes or chunks, selected varieties, 227 g or DOM Specialty smoked steelhead salmon, pre-sliced, 50 g**  
goberge à saveur de crabe ou homard flocons ou morceaux ou saumon steelhead  
20699832\_EA/20792840\_EA



**4<sup>49</sup>**

**no name® stuffed chicken selected varieties, frozen 284 g**  
poulet farci  
20503296\_EA/20503300\_EA



**12<sup>99</sup>**

**PC® Shepherd's pie frozen 900 g**  
pâté chinois  
20003749\_EA



**10<sup>99</sup>**

**PC® Double Smoked Scottish Atlantic salmon 150 g or cold water shrimp 340 g or SeaQuest® pink salmon fillets 400 g, frozen**  
saumon de l'Atlantique ou crevettes ou filets de saumon  
20021832\_EA/21047088\_EA

*Come see our selection of in-store prepared meats\*\**

*Venez voir notre choix de viandes préparées en magasin\*\**



**7<sup>99</sup>**  
lb

**fresh beef meatballs with or without cheese**  
boulettes de bœuf fraîches avec ou sans fromage  
**17.61/kg**



**3<sup>99</sup>**  
lb

**fresh marinated chicken drumsticks**  
pilons de poulet frais marinés  
**8.80/kg**



**\$1**  
off /lb

**fresh store made sausage**  
saucisses fraîches faites en magasin



**3<sup>99</sup>**  
lb

**fresh marinated bone in pork chops**  
côtelettes de porc fraîches marinées avec os  
**8.80/kg**

# Fruits & Vegetables

## Fruits & Légumes



**3<sup>79</sup>**

broccoli  
product of U.S.A. or Mexico  
each  
brocoli



**4<sup>49</sup>**

blueberries  
product of U.S.A. or Mexico  
6 oz  
bleuets

PC® salads  
product of U.S.A.,  
selected varieties  
285-369 g  
salades

**5<sup>49</sup>**



PC® blood oranges  
product of U.S.A.  
2 lb  
oranges sanguines

**6<sup>49</sup>**



**4<sup>99</sup>**  
green beans or french beans  
product of Mexico or Guatemala  
selected varieties  
380/400 g  
légumineuses



**3<sup>99</sup>**  
Mann's snap or snow peas  
product of U.S.A.  
170/227 g  
pois snap ou mange-tout



**2<sup>79</sup>**  
kale or spinach  
product of U.S.A. or Mexico  
chou frisé ou épinards



**6<sup>99</sup>**  
honeydew  
product of Guatemala  
or Honduras  
each  
melon miel



**3<sup>49</sup>** lb  
Bosc or D'Anjou pears  
product of U.S.A. or Canada  
poires  
7.69/kg



**1<sup>99</sup>**  
avocados  
product of Mexico  
each  
avocats



**3<sup>49</sup>**  
no name® Naturally Imperfect™ carrots  
product of Canada  
5 lb  
carottes



**3<sup>99</sup>**  
no name® Naturally Imperfect™ strawberries  
product of Canada  
12 oz  
fraises



**5<sup>99</sup>**  
no name® Naturally Imperfect™ apples  
product of Canada  
6 lb  
pommes

Deli Meat & Cheese

Charcuterie & Fromagerie



**5<sup>99</sup>**

Castello havarti, cheddar or blue cheese selected varieties 113-200 g fromage

20428574\_EA/20573932\_EA/21158086\_EA

**1<sup>29</sup>** /100 g

Ziggy's® ham deli service, selected varieties jambon

20298289\_KG





**4<sup>99</sup>**

PC® goat cheese selected varieties 140 g fromage de chèvre

20000584\_EA/20296631\_EA



**6<sup>49</sup>**

Maple Leaf Natural Selections sliced deli meat selected varieties, 175 g charcuteries tranchées

20009282\_EA/20065285\_EA



**5<sup>49</sup>**

PC® Kimchi 400 g or Summ! crispy vegetable spring rolls 340 g kimchi ou rouleaux de printemps

21114397\_EA/21394053\_EA

Bakery

Boulangerie



**2/\$3** or \$1.50 ea.

no name® pita bread or baked in-store baguette white or whole wheat, 250/255 g pain pita ou baguette

21315734\_EA/21529211\_EA



**3<sup>79</sup>**

mini cupcakes, chocolate or vanilla, 12's or Farmer's Market™ Two-bite Brownies® 265 g mini-petits gâteaux ou brownies

21298140\_EA/21450055\_EA



**9<sup>99</sup>**

PC® cheesecake, selected varieties, 600 g or Tiramisu 460 g, frozen gâteau au fromage ou tiramisu

20318102\_EA/21104504\_EA



**5<sup>99</sup>**

ACE Bakery artisan rolls 640-840 g or La Baguetterie sliced Miche 600/800 g selected varieties petits pains ou miche tranchée

20862393\_EA/21596355\_EA



**3<sup>49</sup>**

Dempster's bread selected varieties, 570/675 g pain

21591959\_EA/21592051\_EA

Dairy & Refrigerated

Produits laitiers & réfrigérés



**7<sup>99</sup>**

iöGO yogurt selected varieties 16 x 100 g yogourt

20606778001\_EA/20609583001\_EA



**4<sup>99</sup>**

Oasis juice or smoothie selected varieties, refrigerated 1.5/1.6 L jus ou boisson fouettée

21529910\_EA/21530281\_EA



**3<sup>99</sup>**

Jell-O or Hershey's snacks or pudding 4's or Pillsbury cinnamon rolls or cookie dough 454/496 g selected varieties, refrigerated collations ou pouding ou brioches à la cannelle ou pâte à biscuits

21619335\_EA/21019805\_EA



**7<sup>99</sup>**

PC® mozzarella ball/340 g or halloom cheese selected varieties, 250 g or Kraft Velveeta processed cheese loaf 450 g boule de mozzarella ou halloom ou produit de fromage fondu

20011400\_EA/20076573\_EA/20563213\_EA



**2<sup>99</sup>**

PC® Greek yogurt dip 227 g or Beatrice sour cream 500 mL selected varieties trempettes ou crème sure

20040338001\_EA/21032263\_EA

Grocery

Épicerie



6<sup>99</sup>

Schneiders breakfast sandwich or egg bites selected varieties, frozen 204-288 g sandwich déjeuner ou bouchées aux œufs 21623060\_EA/21623288\_EA



7<sup>99</sup>

PC® Black Label pizza selected varieties, frozen 370-420 g pizza 21531410\_EA/21531415\_EA



9<sup>99</sup>

Fuze or Peace Tea iced tea selected varieties 12 x 341 mL thé glacé 21242429\_C12/21645563\_C12



3<sup>79</sup>

no name® ice milk selected varieties, frozen 1.65 L lait glacé 21610199\_EA



2<sup>49</sup>

no name® perogies selected varieties, frozen 907 g perogies 20811240\_EA



2<sup>49</sup>

no name® cheese flavoured corn snacks or corn chips 200 g or potato crisps 142/150 g selected varieties grignotines ou croustilles 2018855\_EA/20946414\_EA



6<sup>99</sup>

Sanpellegrino Italian sparkling drinks selected varieties 6 x 330 mL boissons pétillantes 21241013\_C06/21433198\_C06



2<sup>79</sup>

PC® or Celestial tea or herbal tea selected varieties 20's thé ou tisane 20296925002\_EA/20308417\_EA



2<sup>79</sup>

PC® kettle cooked potato chips selected varieties, 200 g croustilles 21422931\_EA/21430725\_EA



4<sup>99</sup>

Kraft smooth peanut butter 500 g or Bonne Maman jam, selected varieties, 250/280 mL beurre d'arachide ou confiture 20132369001\_EA/20307313001\_EA



3<sup>79</sup>

PC® hazelnut spread 375 g or Quaker oats 709 g-1 kg selected varieties tartinade aux noisettes ou gruau 20323113003\_EA/20792384\_EA



4<sup>79</sup>

Hi-Chew 90/100 g or Carnaby Sweet 500 g candy selected varieties friandises 21363900\_EA/21380659\_EA



1<sup>99</sup>

Ocean's light tuna selected varieties 170 g thon 21004270\_EA/21005134\_EA



2<sup>79</sup>

Knorr rice noodle cups 56-69 g or bouillon cubes 63/72 g, selected varieties or Cock red or green curry paste 400 g contenants de nouilles de riz ou cubes de bouillon ou pâte de curry 20115485\_EA/20935924\_EA/21315411\_EA



4<sup>49</sup>

Hellmann's mayonnaise selected varieties 340/445 mL mayonnaise 20008233001\_EA 20008233002\_EA



4<sup>99</sup>

Hormel bacon bits 100 g or Spam maple flavoured luncheon meat 340 g miettes de bacon ou pain de viande 20146761\_EA/21530824\_EA



4<sup>79</sup>

Del Monte fruit selected varieties 796 mL fruit 20299631001\_EA/20306160002\_EA



4<sup>79</sup>

PC® Memories Of® sauces, selected varieties, 350 mL or HP steak sauce 400 mL sauces 20311313007\_EA/20325386001\_EA

# Grocery Épicerie

Del Monte  
refrigerated juice  
selected varieties,  
refrigerated  
2.5 L  
jus réfrigéré  
21595736\_EA

6<sup>99</sup>



2<sup>49</sup>

I can't believe it's not  
Butter! margarine 427 g  
or Lactantia garlic  
butter stick 125 g  
margarine ou bâtonnet  
de beurre à l'ail  
20061949001\_EA/210106744\_EA



Kellogg's rice krispies  
squares 176 g, Pop-Tarts  
384 g, Special K crisps 125 g  
or Nutri-Grain bars 175-295 g  
selected varieties  
carrés ou barres ou tartelettes  
20126567001\_EA/21290111\_EA

3<sup>29</sup>



11<sup>99</sup>

PC® or Blue Menu® entrées  
selected varieties, frozen  
907 g-1.13 kg  
plats cuisinés  
20326534\_EA/21127549\_EA



4<sup>79</sup>

PC® frozen fruit  
selected varieties, frozen  
300-600 g  
fruits surgelés  
20321043\_EA/21289947\_EA



3<sup>49</sup>

PC® natural spring water  
24 x 500 mL or Gatorlyte,  
selected varieties, 591 mL  
eau de source naturelle  
ou boisson d'électrolytes  
20137898\_C24/21449906\_EA



2<sup>99</sup>

PC® Blue Menu® cereal  
booster 325 g or Crown  
corn syrup 500 mL  
selected varieties  
céréales ou sirop  
de maïs  
20160687\_EA/20631288002\_EA



2<sup>99</sup>

Pepperidge Farms Goldfish  
156-227 g/6 x 28 g or  
Christie Bits & Bites baked  
snacks or Crispers 145 g  
selected varieties  
craquelins  
20300320\_EA/21358304\_EA



14<sup>99</sup>

Quaker Chewy yogurt  
bars 1.05 kg or  
Philippine brand  
dried mangoes 567 g  
barres au yogourt ou  
mangues séchées  
20077917\_EA/20714634\_EA



4<sup>49</sup>

Coca-Cola or Pepsi  
soft drinks  
selected varieties  
6 x 222 mL  
boissons gazeuses  
20354288002\_C06/20857560004\_C06



2<sup>79</sup>

Quaker Dipps or  
Chewy granola bars  
selected varieties  
120-156 g  
barres granola  
20847582\_EA/21359370\_EA



24<sup>99</sup>

McCafé roast and  
ground coffee  
640/875 g,  
whole bean 900 g  
or pods 30's  
selected varieties  
café ou capsules  
21240975\_EA/21633664\_EA



5<sup>29</sup>

Baker's chocolate  
square 170/225 g  
or E.D. Smith pie  
filling 540 mL  
selected varieties  
carrés de chocolat  
ou garniture pour tarte  
20297753001\_EA/20316019001\_EA



4/\$5

Jell-O jelly powder  
selected varieties  
9.1-85 g  
poudre pour gelée  
20317293001\_EA



4<sup>99</sup>

Frank's hot  
sauce 354 mL  
or French's  
ketchup  
750 mL/1 L  
selected varieties  
sauce piquante  
ou ketchup  
20187632001\_EA  
20835951\_EA



2<sup>99</sup>

Campbell's Chunky or  
ready to serve soup  
selected varieties  
515 mL  
soupe  
21479030\_EA/21480447\_EA



2<sup>29</sup>

Hunt's tomato  
sauce 680 mL  
or Italpasta 900 g  
selected varieties  
sauce tomate  
ou pâtes  
20023601001\_EA/20081342001\_EA



4<sup>99</sup>

Nestlé chocolate  
bars multipack 4's or  
Nature Valley muffin  
bars 164-196 g  
selected varieties  
barres de chocolat  
ou barres muffin  
20322502\_EA/21570609\_EA



4<sup>79</sup>

Nivea 500 mL or Dial  
473 mL body wash  
selected varieties  
nettoyant pour le corps  
21169897\_EA/21364484\_EA



14<sup>49</sup>

no name®  
garbage bags  
selected varieties,  
Club Size, 60-100's  
sacs à ordures  
20155093\_EA/21389639\_EA



2<sup>99</sup>

Friskies 170 g or  
Whiskas Temptations  
43-180 g cat treats  
selected varieties  
gâteries pour chats  
20298151005\_EA/21080999\_EA



7<sup>99</sup>

Dental Life dog treats  
408-595 g or Beneful  
Incredibites dog food  
1.8 kg  
selected varieties  
gâteries pour chiens ou  
nourriture pour chiens  
20312748001\_EA/21065095\_EA



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/TM The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc.

