

FROM THURSDAY, MARCH 7<sup>TH</sup>  
TO WEDNESDAY, MARCH 13<sup>TH</sup>, 2024  
DU JEUDI 7 MARS AU  
MERCREDI 13 MARS 2024



See our flyer online  
visit freshmart.ca

# Freshmart®

**freshmart** RED & WHITE  
FOOD STORE  
Your Neighbourhood Grocer



**7.99**

Janes Pub style breaded chicken  
selected varieties, frozen  
700-720 g  
poulet pané



lean ground beef, club size  
bœuf haché maigre  
11.00/kg

**4.99**  
lb



**2.99**

PC® salads 142 g, product of U.S.A.  
or vinaigrettes 350 mL, product of Canada  
selected varieties, refrigerated  
salades ou vinaigrettes



Farmer's Market™ red grapefruits 3 lb,  
product of Turkey or kiwis 2 lb, product of Greece  
or cotton candy grapes 454 g, product of Brazil  
pamplemousses rouges ou kiwis ou raisins

**4.99**



**7.99**

PC® Splendido® Parmigiano Reggiano  
or Pecorino Romano cheese 250 g,  
Piller's sticks, bits or pepperettes 300-500 g  
or Roma pepperoni 900 g, selected varieties  
fromage ou bâtonnets ou pepperettes  
ou pepperoni



Farmer's Market™ or  
La Fournée dorée croissants  
selected varieties  
210-336 g  
croissants

**4.49**



Dare cookies 168-240 g or  
Pepperidge Farm Goldfish  
crackers 156-227/6 x 28 g  
selected varieties  
biscuits ou craquelins

**3/\$7**  
or \$2.33 ea.



**3/\$10**  
or \$3.33 ea.

Kellogg's cereal  
selected varieties  
247-435 g  
céréales



Danone Activia  
yogurt 650 g or  
PC® orange juice,  
iced tea or  
lemonade 1.54 L  
selected varieties  
yogourt ou jus  
d'orange ou thé  
glacé ou limonade

**2.99**



VH cooking sauce  
341/355 mL,  
selected varieties  
or PC® Indian  
basmati rice  
750 g  
sauce à cuisson  
ou riz

**2.49**



**2/\$3**  
or \$1.50 ea.

no name® beans 540 mL  
or potatoes or  
pasta sauce 680 mL  
selected varieties  
légumineuses ou pommes  
de terre ou sauce pour pâtes

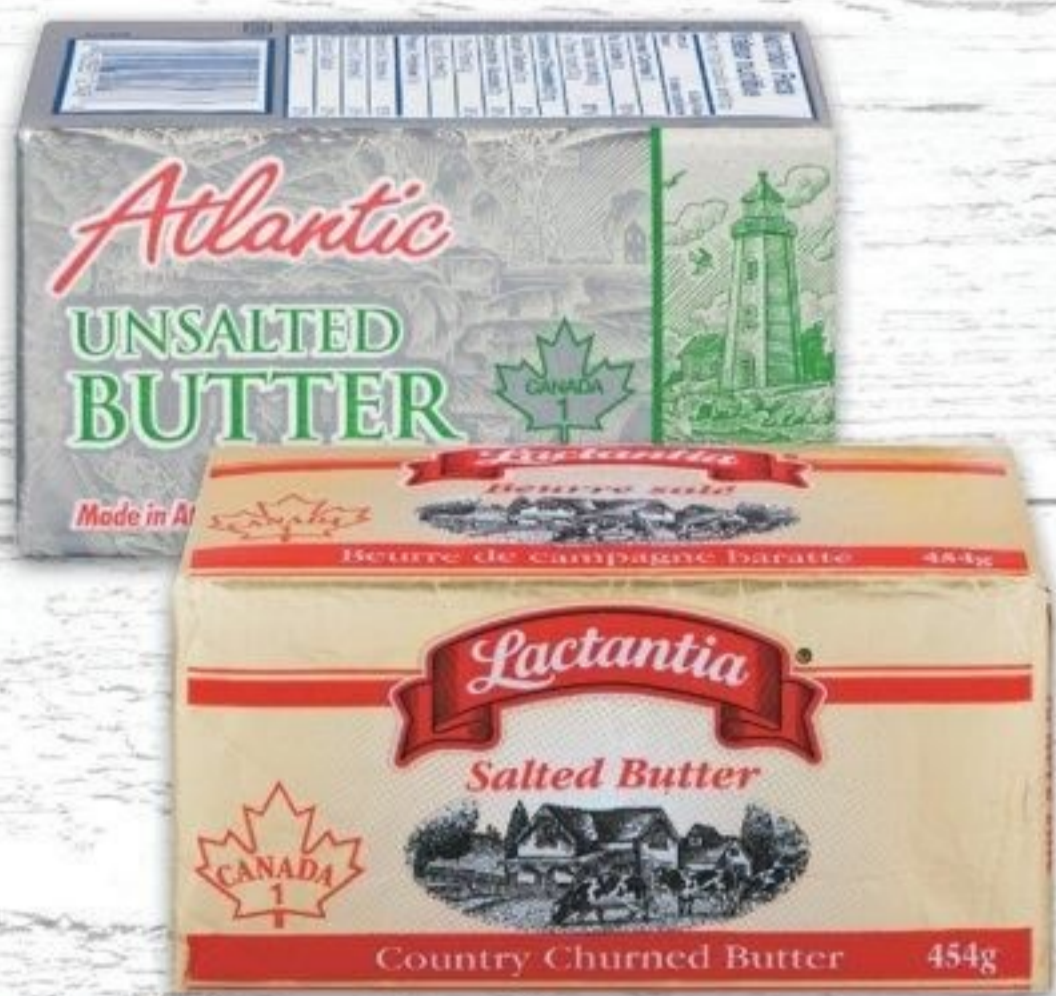


**5.99**

Purex 1.47-2.03 L  
or Sunlight 1.84 L  
liquid laundry detergent  
détergent à lessive liquide

# Easter Baking

## Pâtisserie de Pâques



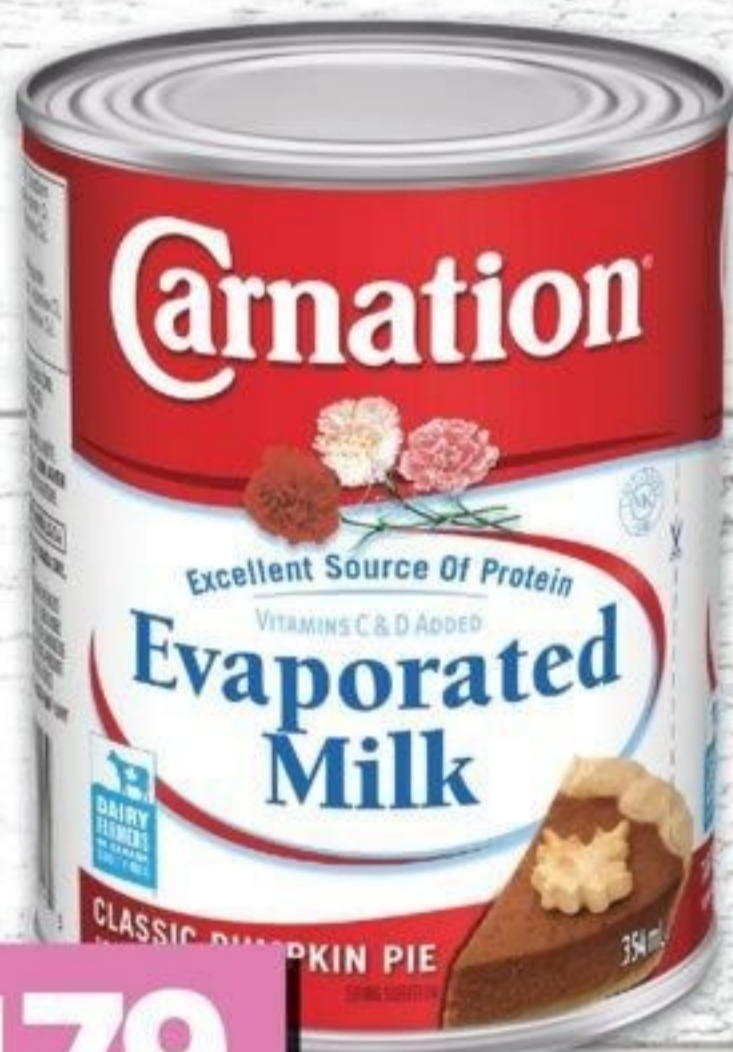
**4.99**

Lactantia or Atlantic butter selected varieties 454 g beurre



Robin Hood flour selected varieties 10 kg farine

**12.99**



**1.79**

Carnation evaporated milk selected varieties 354 mL lait évaporé



Betty Crocker SuperMoist cake mixes 375-404 g or frostings 340/450 g selected varieties mélanges à gâteau ou glaçages

**1.79**

# Ramadan Mubarak



**7.99**  
lb

PC® Free From® frozen Australian lamb leg or shank gigot ou jarret d'agneau d'Australie 17.61/kg



Astro 625-750 g or iöGO 650 g yogurt selected varieties yogurt

**3.49**



**2.79**

PC® Naan dippers 200 g or dips or hummus 227-280 g selected varieties bouchées naan ou trempettes ou hummus



Knorr Halal beef or chicken bouillon 80 g or Tamam beans 400/540 mL selected varieties bouillon de bœuf ou poulet ou légumineuses

**4/\$5**  
or \$1.25 ea.



Terra Delyssa extra virgin olive oil 1 L or Aseel vegetable ghee 2 kg or Tamam green or black olives 3 L huile d'olive ou ghee végétal ou olives

**13.99**

# Meat & Seafood

# Viandes & Poissonnerie



**3.49**  
lb

fresh whole chicken  
poulet entier frais  
7.69/kg

**3.99**  
lb

pork tenderloin  
fresh, cryovac package  
2's  
filet de porc  
8.80/kg

**6.99**  
lb

inside round  
oven roast or steak\*  
with or without pork fat  
rôti ou bifteck  
d'intérieur de ronde\*  
15.41/kg



**5.49**

Butterball turkey bacon 300/375 g,  
Johnsonville smoked sausage 375 g  
or no name® all beef wieners 450 g  
selected varieties  
dinde façon bacon ou saucisses  
fumées ou saucisses fumées tout bœuf

**5.49**

no name® pepperoni  
or salami chub or bacon regular  
or salt reduced, 500 g  
pepperoni ou salami ou bacon

**5.99**

SeaQuest® fish fillets  
selected varieties, frozen  
400 g  
filets de poisson

# Deli Meat & Cheese

# Charcuterie & Fromagerie



**6.99**

Agropur Notre Dame Brie 170 g,  
Balderson 250/280 g or Ile de France  
Brie or Camembert 250 g cheese  
selected varieties  
fromage

**4.99**

no name® sliced deli meat  
selected varieties  
375-500 g  
charcuteries tranchées

**2.49**

Wing's egg roll or wonton wrappers  
400/454 g  
pâtes pour rouleaux impériaux  
ou wontons



**6.99**

Kraft Velveeta  
process cheese  
450 g or  
Black Diamond  
Cheestrings  
12/16's  
selected varieties  
produit de fromage  
fondu ou fromage  
effilochable



**3.99**

Danone Danino  
drinkable yogurt  
selected varieties  
6 x 93 mL  
yogourt à boire

**3.99**

Jell-O snacks  
selected varieties,  
refrigerated  
4's  
collations

**2.99**

Pillsbury  
refrigerated dough  
selected varieties  
340-468 g  
pâte réfrigérée



**6.99**

PC® Wood Fired pizza  
selected varieties,  
frozen, 351-413 g  
pizza au feu de bois

**14.99**

PC® or Blue Menu®  
entrées  
selected varieties,  
frozen, 2/2.27 kg  
plats cuisinés

**2/\$5**  
or \$2.50 ea.

no name® fruit  
selected varieties,  
frozen, 300/400 g  
fruit

**3.99**

PC® Ice Cream Shop  
ice cream  
selected varieties,  
frozen, 946 mL  
crème glacée



**3.99**

PC® Organics granola  
325/400 g or quick rolled  
oats or steel cut oats  
1 kg or PC® Blue Menu®  
peanut butter 750 g  
selected varieties  
granola ou gruau  
ou beurre d'arachide

**3.99**

no name®  
jam or marmalade  
selected varieties  
500 mL  
confiture ou marmelade

**8.99**

Tim Hortons  
whole bean or  
ground coffee  
selected varieties  
300 g  
café

**4.49**

Nestlé Coffeemate  
coffee enhancer  
selected varieties  
425/450 g  
rehausseur  
pour café

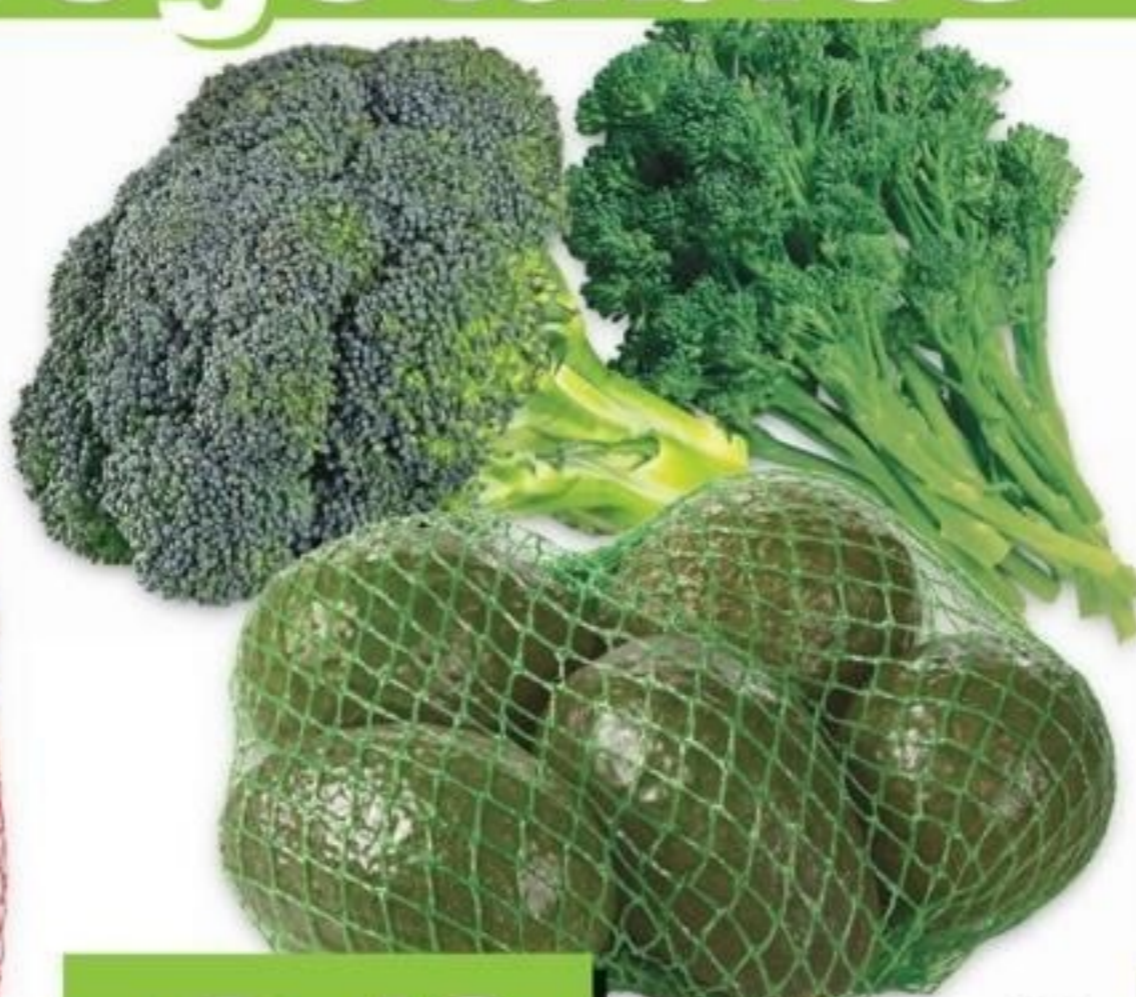
# Fruits & Vegetables

# Fruits & Légumes

PC® Cara Cara Navel oranges product of U.S.A. 3 lb oranges



**7<sup>99</sup>**



**3<sup>49</sup>**

broccoli or broccolini product of U.S.A., each or avocados 5's, product of Mexico brocoli ou broccolini ou avocats



**6<sup>99</sup>**

PC® Organics Gala or Granny Smith apples, product of U.S.A. 3 lb bag pommes



**7<sup>99</sup>** Farmer's Market™ Roma tomatoes 3 lb, product of Mexico or PC® mini mixed potatoes 5 lb, product of Canada tomates ou pommes de terre



**1<sup>49</sup>** lb

Canary or Santa Claus melon product of Brazil melon 3.28/kg



**4<sup>99</sup>**

PC® Organics carrots product of U.S.A. 2 lb carottes

## Bakery

## Boulangerie



**2/\$3** no name® pita bread or baked in-store baguette white or whole wheat 250/255 g pain pita ou baguette or \$1.50 ea.



**5<sup>99</sup>** 8 inch pies selected varieties 635-750 g tartes



Wonder bread selected varieties 570-675 g pain **3<sup>49</sup>**



**3<sup>49</sup>** Minute Maid, Five alive or Nestea iced tea beverages selected varieties 8/10 x 200 mL boissons



**4/\$5** PC®, Blue Menu® or Free & Clear® sparkling water 1 L, selected varieties or PC® natural spring water 4 L eau pétillante ou eau de source naturelle or \$1.25 ea.



**3<sup>29</sup>** Kellogg's Special K Crisps 125 g, Rice Krispies squares 176 g, Nutri-Grain bars 295 g or Pop-Tarts 384 g, selected varieties carrés ou barres ou pâtisseries



**2<sup>99</sup>** Habitant soup selected varieties 796 mL soupe



**4<sup>79</sup>** Del Monte canned fruit selected varieties 796 mL fruits en conserve



**2/\$5** Heinz beans or pasta selected varieties 398 mL fèves ou pâtes or \$2.50 ea.



**2<sup>79</sup>** no name® pickles selected varieties 1 L cornichons



**4<sup>29</sup>** Blue Dragon 3/step kit 220/253 g or Minute Rice 500-700 g selected varieties plats cuisinés ou riz



**2<sup>99</sup>** Bick's relish 375/500 mL or Campbell's ready to serve soup 500 mL selected varieties relish ou soupe prête à servir



Cascade dishwasher detergent pods 16/20's or Platinum rinse aid 901 mL or Cottonelle bathroom tissue 6=24 rolls or flushable wipes 2's selected varieties capsules de détergent pour lave-vaisselle ou agent de rinçage ou papier hygiénique ou lingettes **6<sup>99</sup>**



**12<sup>99</sup>** PC® batteries selected varieties AAA/12/16's/AA/2's piles

# Easter Baking Pâtisserie de Pâques



PC® The Decadent® chocolate chips, selected varieties 226/270 g or Sugar In The Raw sugar 500 g  
brisures de chocolat ou sucre



Cool Whip dessert topping 1 L or Tenderflake pie or tart shells 255-397 g selected varieties, frozen garniture à dessert ou croûtes à tarte ou tartelette

4.49

Becel margarine 427/454 g or plant-based brick 454 g selected varieties margarine ou brique à base de plantes

2.99

3.99



Fleischmann's yeast 113 g or Crisco shortening 454 g selected varieties levure ou shortening

3.99



PC® Organics cocoa powder 224 g or Bob's Red Mill Gluten Free tapioca or white rice flour 454/680 g, selected varieties poudre de cacao ou tapioca sans gluten ou farine de riz

3.99



Christie HoneyMaid graham wafers 400 g gaufrettes graham

4.49



Shirriff pie filling or mousse mixes selected varieties 69-260 g garniture pour tarte ou mélanges à mousse

1.49



no name® coconut 200 g or Club House pure or artificial extract 43 mL selected varieties noix de coco ou extrait artificiel

1.99



PAM cooking spray selected varieties 110-170 g vaporisateur à cuisson

4.49



no name® ground cinnamon 560 g or marshmallows 1 kg Club Size cannelle moulue ou guimauves

5.99



no name® raisins or currants selected varieties 375 g raisins secs ou raisins de corinthe

3.49



Betty Crocker red velvet cupcake mix 465 g or Reynolds StayBrite mini baking cups, selected varieties, 36/60's mélange à petits gâteaux ou moules

2.99



Crown Golden or Lily White corn syrup 500 mL sirop de maïs

2.99



Twinkle Baker Décor sprinkle selected varieties 46-140 g perles

3.99



no name® foil 50 ft or heavy duty foil 25 ft, plastic wrap 60 m or parchment paper 10 m papier d'aluminium ou pellicule plastique ou papier parchemin

1.79

**BAKE WITH FRESH INGREDIENTS**  
**SI BON, SI FRAIS**

Peach Melba Dutch Baby Pancake  
Bébé crêpe à la pêche Melba au four

FOR RECIPES VISIT  
POUR DES RECETTES, VISITEZ  
**ROBINHOOD.CA**



5.49 Robin Hood® Flour Selected Varieties Farine Robin Hood® Certaines variétés 2.5 kg



5.99 Jif® Peanut Butter Selected Varieties Beurre d'arachide Jif® Certaines variétés 1 kg



3.99 Eagle Brand® Sweetened Condensed Milk Lait condensé sucré Eagle Brand® 300 mL

**NEW NOUVEAU**

**Barbie x SMART SWEETS**

**PINK LEMONADE DREAM**  
**LIMONADE ROSE DE RÊVE**

GUMMY CANDY • BONBONS GÉLIFIÉS  
SELECTED VARIETIES • CERTAINES VARIÉTÉS

**3/\$10**  
OR \$3.33 EA.

**KICK SUGAR KEEP CANDY™**



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/TM The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2024 Loblaws Inc.

