

FROM THURSDAY, FEBRUARY 1ST
TO WEDNESDAY, FEBRUARY 7TH, 2024
DU JEUDI 1^{ER} FÉVRIER AU
MERCREDI 7 FÉVRIER 2024

Freshmart®

freshmart RED & WHITE
FOOD STORE
Your Neighbourhood Grocer



See our flyer online
visit freshmart.ca



5.99
lb

inside round oven roast or steak*
club size
rôti ou bifteck d'intérieur de ronde*
13.21/kg



3.99
lb

pork back ribs
cryovac pack, 2's
côtes de dos de porc
8.80/kg



4.49

Farmer's Market™ potatoes
product of Canada, selected varieties
10 lb
pommes de terre



3.99

blackberries, product of Mexico
or raspberries, product of U.S.A.
170 g
mûres ou framboises



7.99

PC® Splendido® Parmigiano Reggiano or
Pecorino Romano cheese 250 g, Piller's
sticks or pepperettes 300-500 g or
Roma pepperoni 900 g, selected varieties
fromage ou bâtonnets ou pepperettes
ou pepperoni



5.49

Farmer's Market™ muffins
selected varieties
6's
muffins



4.29

Clover Leaf sockeye
salmon 213 g or
SPAM luncheon meat,
selected varieties, 340 g
saumon ou pain de viande



2.49

Christie cookies
selected varieties
224-320 g
biscuits



3.99

Tropicana orange
juice, blends or
lemonade or
Pure Leaf iced tea
selected varieties,
refrigerated
1.54/1.75 L
jus d'orange
ou mélanges
ou limonade
ou thé glacé



2/\$5
or \$2.50 ea.

PC® or Blue Menu® entrées
or bowls, selected varieties,
frozen, 212-365 g or
Knorr Sidekicks Carbonara
pasta, 134 g
plats cuisinés ou bols
ou plats d'accompagnement



3/\$5
or \$1.66 ea.

Unico beans
540 mL or
Campbell's
broth 900 mL
selected varieties
légumineuses
ou bouillon



4/\$5
or \$1.25 ea.

Kraft Dinner original cups
58 g or pasta salad 200 g
selected varieties
macaroni au fromage
ou salade de pâtes

cut from Canada AA grade beef or higher/provenant de bœuf Canada AA ou d'une catégorie plus élevée

Lunar New Year DEALS! OFFRES du Nouvel An lunaire!



4⁸⁸

Wong Wing entrées
selected varieties, frozen
400-500 g
plats cuisinés



Lay's flavoured chips 165 g
or Rubicon juice 1 L
selected varieties
croustilles ou jus

2/4⁸⁸
or \$2.44 ea.



Rooster® scented
jasmine rice
8 kg
riz au jasmin

16⁸⁸



Mazola oil
selected varieties
2.84 L
huile

10⁴⁸

What's for Dinner? Qu'est-ce qu'on mange?



1²⁹
lb

bok choy
product of Canada
bok choy
2.84/kg



SeaQuest® colossal raw
white shrimp 16-20 per lb
300 g or bay scallops 400 g
frozen
crevettes ou pétoncles de baie

5⁴⁹



2⁴⁹

Sunrise tofu 350/454 g,
Erawan rice sticks 454 g
or Rooster® light soy sauce
500 mL, selected varieties
tofu ou vermicelles de riz
ou sauce de soya



no name® frozen vegetables
selected varieties
750 g
légumes surgelés

2⁹⁹

Meat & Seafood

Viandes & Poissonnerie

3⁹⁹ lb pork tenderloin fresh, cryovac package 2's
filet de porc 8.80/kg

3⁹⁹ lb chicken drumsticks or thighs fresh, club size
pilons ou hauts de cuisse de poulet 8.80/kg

9⁹⁹ Atlantic Choice® sausage, club size selected varieties 1 kg
saucisses

11⁹⁹ PC® Smokies™ sausage selected varieties 1 kg
saucisses

15⁹⁹ PC® wings selected varieties, frozen 700-907 g
ailes de poulet

8⁹⁹ PC® candied smoked Atlantic salmon strips selected varieties, 150 g
lanières de saumon

Deli Meat & Cheese

Charcuterie & Fromagerie

5²⁹ Ile De France Petit Brie 125 g brie

4⁴⁹ PC® cheese slices 150-170 g or Chris Brothers sliced deli meat 125-250 g selected varieties
tranches de fromage ou charcuteries tranchées

Petit Brie
This soft cheese stands out for its creamy taste with hints of mushroom, its soft texture and the finest possible rind. A cheese that's easy to enjoy, thanks to its long shelf life and resealable packaging. Brie is normally served on a cheese board, but it can also be melted in the oven, garnished with dried fruit, nuts or other ingredients, and topped with honey or maple syrup. Brie can also be added to pizzas, sandwiches, meat or fish dishes. A guaranteed favorite! Enjoy!

FOR THE LOVE OF CHEESE worth DISCOVERING



.99 Yoplait YOP drinkable yogurt selected varieties 200 mL
yogourt à boire

6⁹⁹ iöGO yogurt selected varieties 16 x 95/100 g
yogourt

4⁹⁹ Coffee-mate coffee enhancer selected varieties, refrigerated 946 mL
rehausseur pour café

1⁴⁹ Simply or Tropicana juice or lemonade selected varieties, refrigerated 340/355 mL
jus ou limonade

12⁹⁹ PC® breaded 550/600 g or BlueWater battered or breaded 480/525 g fish fillets selected varieties, frozen
filets de poisson

2⁴⁹ McCain fries selected varieties, frozen 800 g
frites

3⁹⁹ no name® waffles selected varieties, frozen, 16's
gaufres

2/\$5 or \$2.50 ea. no name® frozen fruit selected varieties 300/400 g
fruits surgelés

7⁴⁹ Adams peanut butter 1 kg, creamy or crunchy or Nutella hazelnut spread 725 g
beurre d'arachide ou tartina de noisettes

5⁹⁹ General Mills family size cereal selected varieties 475-778 g
céréales

8⁹⁹ Tim Hortons whole bean or ground coffee selected varieties 300 g
café

3⁴⁹ PC® condensed milk 300 mL or Tetley herbal tea 20/24's selected varieties
lait condensé ou tisane

Fruits & Vegetables

Fruits & Légumes



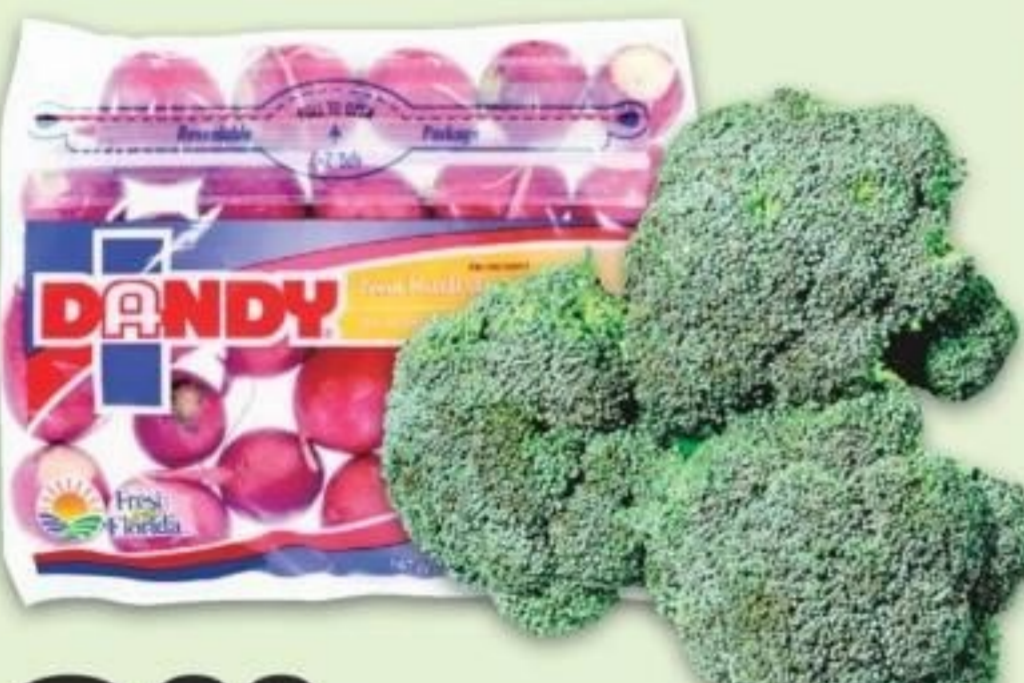
6.49 no name® Naturally Imperfect™ apples 6 lb, product of Atlantic Canada or pears 4 lb, product of U.S.A. pommes ou poires



3.49 lb PC® Organics greenhouse tomatoes on the vine, product of Mexico or tomatoes on the vine product of Canada tomates 7.69/kg



2.99 blueberries 170 g, product of Mexico or white pomelo, each, product of China bleuets ou pomélo blanc



2.29 broccoli crown or radish 1 lb product of U.S.A. or Mexico couronne de brocoli ou radis



3.49 lb PC® red or green seedless grapes or black grapes product of South Africa or Peru or Chile raisins rouges ou verts sans pépins ou raisins noirs 7.69/kg



2.49 red or green leaf or iceberg lettuce product of U.S.A. or Mexico each laitue

Bakery

Boulangerie



4.49 Farmer's Market™ loaf cakes selected varieties 344-400 g gâteaux quatre-quarts



3.99 Donut Time old fashion donuts selected varieties 390 g beignes



3.49 Hostess snack cakes 202-252 g petits gâteaux



1.99 Gatorade G Fit sports drinks 828 mL or Glaceau Vitamin water 591 mL or Smartwater 1 L selected varieties boissons désaltérantes ou eau



2.29 PC® fruit squeeze snacks 4 x 90 g or PC® appletreet™ fruit blends 6 x 100 mL selected varieties collations aux fruits ou mélanges de fruit



4.29 Betty Crocker Dunkaroos 168 g or Nature Valley muffin, wafer crunchy dip bars 132-184 g selected varieties collations ou muffin ou barres



2.79 no name® peanuts selected varieties 500 g arachides



2.29 Chef Boyardee pasta selected varieties 425 g pâtes



1.99 Brunswick fillets 92/100 g or sardines 106 g selected varieties filets ou sardines



4.29 Heinz chili sauce 455 mL or PC® or Blue Menu® ketchup 750 mL selected varieties sauce chili ou ketchup



3.99 Unico kalamata olives selected varieties 375 mL olives



6.49 Duncan Hines cookie kit, selected varieties 585-780 g or M&M's minis milk chocolate baking bits 275 g mélange à biscuits ou mélanges à pâtisserie



2.29 Club House batter mix selected varieties 227/284 g mélange à panure



2.99 no name® bacon bits 85 g miettes de bacon



3.99 Italpasta 375/500 g or Classico sauce 410/650 mL selected varieties pâtes ou sauce

Grocery Épicerie



2.99 Yoplait Tubes 8 x 56 g, Minigo 6 x 60 g or Source 630 g yogurt selected varieties yogurt



5.99 PC® shredded cheese selected varieties, 250-320 g fromage râpé



7.99 PC® Black Label pizza selected varieties, frozen 370/420 g pizza



4.99 Ben & Jerry's ice cream selected varieties, frozen, 473 mL crème glacée



6.49 Coca-Cola mini bottles 8 x 300 mL or AHA sparkling water 12 x 355 mL selected varieties boissons gazeuses ou eau pétillante



7.49 Partake or Atypique non-alcoholic beverages selected varieties 4 x 355 mL boissons non alcooliques



3.49 Que Pasa tortilla chips 156-350 g or salsa 420 mL selected varieties croustilles de tortilla ou salsa



4.79 PAM cooking spray selected varieties 110-170 g vaporisateur à cuisson



3/\$5 or \$1.67 ea. Le Sieur peas or Green Giant vegetables selected varieties 341/398 mL pois ou légumes



4.79 Rooster® Thai sweet rice 2 kg or Teriyaki Experience sauce 350 mL riz doux ou sauce



3.99 PC® Splendido® pesto 270 mL or tomato basil bruschetta 410 mL pesto ou bruschetta



1.48 Rooster® instant egg noodles or Kongmoon rice stick or Longkou vermicelli 250/400 g or light coconut milk 398 mL or T&T® noodles 363 g selected varieties



9.88 Rooster® canola or vegetable oil 2.84 L huile de canola ou végétale



4.88 T&T® dumplings 360/567 g or green onion pancake 600 g selected varieties, frozen



2.88 T&T® sushi nori roasted seaweed sheets 27 g or Rooster® luncheon meat 340 g or sweetened condensed milk 300 mL selected varieties



3.49 RESTAURANTE Tortilla Chips Selected varieties RESTAURANTE croustilles tortillas Certaines variétés 275-295 g



3.49 Arriba Tortilla Chips Selected varieties Arriba croustilles tortillas Certaines variétés 235-245 g



2.79 Old Dutch Potato Chips Selected varieties Old Dutch croustilles Certaines variétés 180 g



3.49 Party Mix Selected varieties Party Mix Certaines variétés 250-280 g



3.49 Dutch Crunch Kettle Cooked Potato Chips Selected varieties Dutch Crunch croustilles cuites à la marmite Certaines variétés 200 g



15.49 Royale Velour bathroom tissue 18=48 rolls essuie-tout ou papier hygiénique



6.99 Oxiclean stain remover 680 g or Sunlight detergent, selected varieties 1.84 L détachant ou détergent



2.99 S.O.S steel wool soap pads 18's or PC® heavy duty freezer bags 10-38's selected varieties tampons savonneux ou sacs à congélation



5/\$5 or \$1 ea. Fancy Feast® wet cat food 85 g or Friskies cat food 156 g selected varieties nourriture pour chats



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/TM The trademarks, service marks and logos displayed in this flyer are trademarks of Loblows Inc. and others. All rights reserved. © 2024 Loblows Inc.

