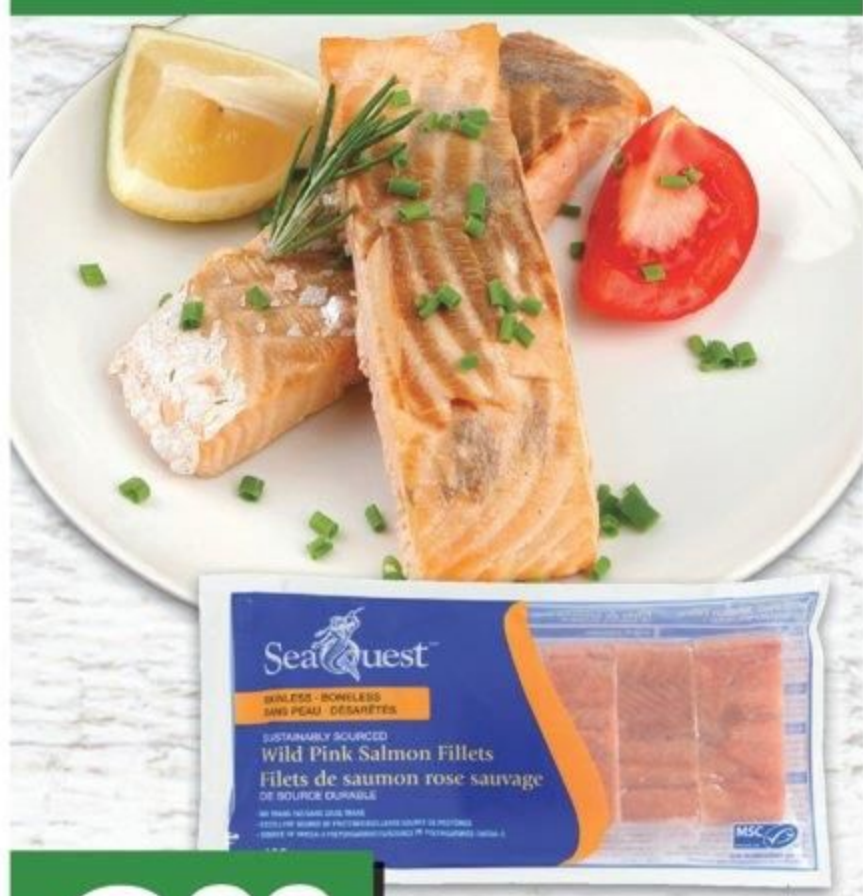


HOT DEALS OF THE WEEK

OFFRES DE LA SEMAINE



6⁹⁹

SeaQuest® pink salmon fillets frozen 400 g filet de saumon



PC® salsa 300 g/430 mL, layer dip 425-454 g, PC® or Yucatan guacamole 425-454 g selected varieties salsa ou trempette ou guacamole

4⁹⁹



Kraft BBQ sauce 455 mL or Maple Leaf flakes 156 g selected varieties sauce barbecue ou flocons

2⁴⁹

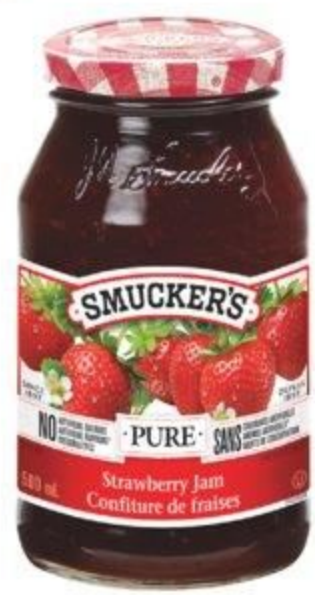


Kraft salad dressing 475 mL or PC® croutons 140 g selected varieties vinaigrette ou croûtons

2⁹⁹

OFFICIAL PB&J OF THE / FIER PARTENAIRE DES

TORONTO BLUE JAYS™



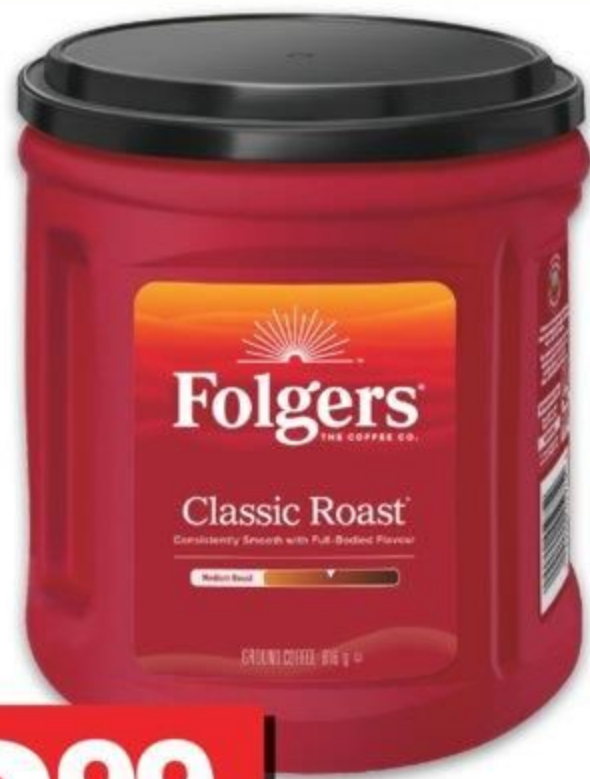
5⁹⁹

JIF® Peanut Butter Selected Varieties Beurre d'arachide Certaines variétés 1 kg

5⁴⁹

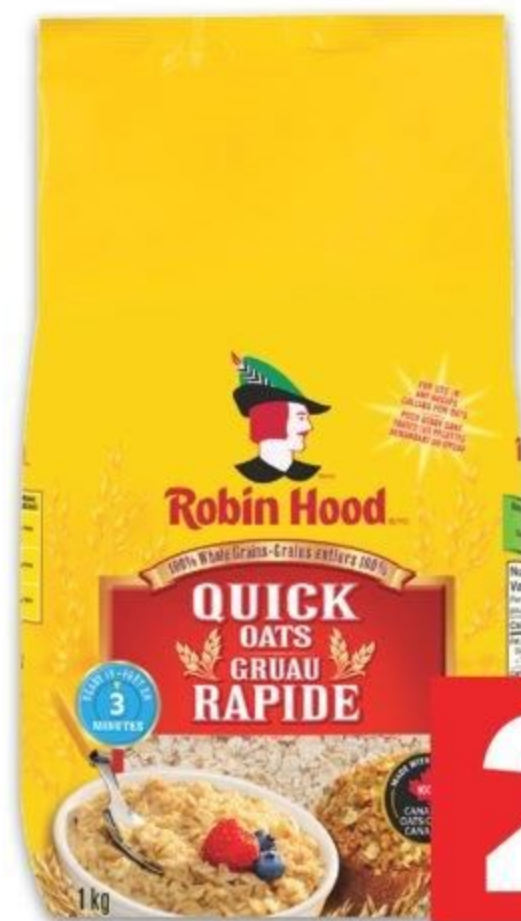
SMUCKER'S® Jam, Jelly or Fruit Spread Selected Varieties Confiture, gelée ou tartina de fruits Certaines variétés 310 – 500 mL

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8⁹⁹

Folgers ground coffee selected varieties 544-816 g café moulu



Robin Hood oats selected varieties 1 kg avoine

2⁷⁹

FROM THURSDAY, JULY 27TH
TO WEDNESDAY, AUGUST 2ND, 2023
DU JEUDI 27 JUILLET AU
MERCREDI 2 AOUT 2023



See our flyer online
visit freshmart.ca

Freshmart®

freshmart RED & WHITE
FOOD STORE
Your Neighbourhood Grocer



4.49
lb

lean ground beef
club size
bœuf haché maigre
9.90/kg



pork side ribs
club size
côtes de flanc de porc
6.59/kg

2.99
lb



.79

bi-colour corn
product of Canada
each
mais deux couleurs



red cherries
product of U.S.A., 10.5 row
cerises rouges
10.56/kg

4.79
lb



PC® cheese
blocks 250 g or
feta in brine 400 g
selected varieties
barres de fromage
ou feta en saumure

5.49



Farmer's Market™ loaf cakes or mini doughnuts
selected varieties
204-390 g
gâteaux quatre-quarts ou mini-beignes

3.99



Kellogg's cereal
selected varieties
227-435 g
céréales

3.49



3.49



Hershey's chocolate pouch,
160-290 g or Breyers Classic
ice cream 1.66 L
selected varieties
sac de chocolats
ou crème glacée

Tropicana orange juice,
blends, lemonade or
Pure Leaf iced tea
selected varieties,
refrigerated
1.54/1.75 L
jus d'orange ou mélanges
ou limonade ou thé glacé

3.99



Coca-Cola or Pepsi
soft drinks
selected varieties
2 L
boissons gazeuses

4/\$9
or \$2.25 ea.



Minute Rice
selected varieties
1.2/1.4 kg
riz

5.49



6.99

Royale bathroom tissue,
Tiger Towels paper towels
or facial tissue 6's
selected varieties
papier hygiénique ou
essuie-tout ou mouchoirs

Meat & Seafood Viandes & Poissonnerie



7⁹⁹
lb

tenderized hip or inside round fast-fry steak* club size
bifteck de cuisse ou d'intérieur de ronde
attéri pour sauté
17.61/kg



7⁴⁹
lb

chicken thighs boneless, skinless, club size, fresh
hauts de cuisse de poulet
16.51/kg



10⁹⁹
lb

beef short ribs* club size
bouts de côtes de bœuf*
24.23/kg



1⁹⁹

no name® chicken wieners
450 g
saucisses fumées de poulet



14⁹⁹

no name® crispy southern-style chicken frozen, 8's, 1 kg
poulet croustillant



11⁹⁹

PC® shrimp appetizers or crab cakes selected varieties, frozen
170-454 g
hors-d'œuvre

Deli Meat & Cheese Charcuterie & Fromagerie



Monsieur Gustav Saint-Paulin cheese
190 g
fromage

6⁷⁹

Monsieur Gustav Saint-Paulin

Origin: This cheese takes its name from the monasteries where it was once made in Saint-Paulin, France. No longer sacred except for its love, Saint-Paulin is now carefully crafted by numerous cheese makers.

Milk source: Cow's milk

Characteristics: Saint-Paulin cheese is a Semi-firm cheese with a very delicate, buttery texture. Pale yellow with an orange rind, it has a nutty, slightly sweet taste. It is suited to serving as a table or dessert cheese and goes perfectly with a dry red wine. It adds a gourmet texture to vegetable gratins or pasta. Enjoy Saint-Paulin broiled on a slice of farmhouse bread.



5⁴⁹

PC® goat cheese logs 140 g or Castello Blue cheese 125 g
selected varieties
fromage



4²⁹

Mastro or San Daniele sliced deli meat selected varieties
125-175 g
charcuterie tranchées



Roma sliced pepperoni selected varieties
900 g
pepperoni tranché

\$10

Dairy & Frozen Produits laitiers & surgelés

Beatrice sour cream selected varieties
500 mL
crème sure

2⁹⁹



Danone Activia yogurt selected varieties
3/8's
yogourt

4⁹⁹



Minute Maid orange juice selected varieties, frozen
295 mL
jus d'orange

1⁷⁹



Pillsbury dough selected varieties, refrigerated
454/496 g
pâte réfrigérée

3⁹⁹



7⁹⁹

Swansons family skillet 1.19 kg or Marie Callender's dinner entrées 680/879 g
selected varieties, frozen
plats cuisinés

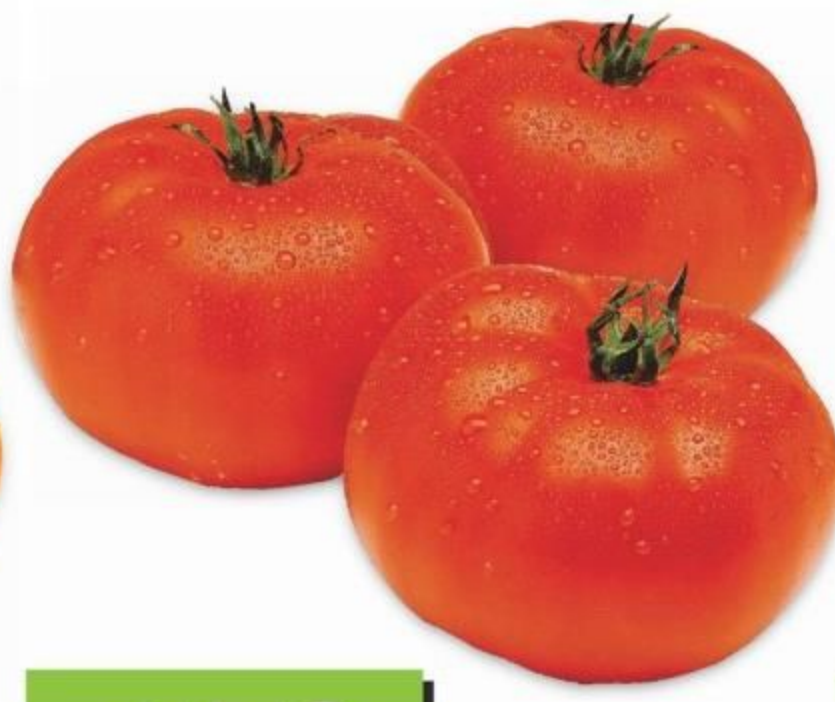
Fruits & Vegetables

Fruits & Légumes



2⁹⁹
lb

orange, red or yellow
sweet peppers
product of Canada
poivrons
6.59/kg



1⁷⁹
lb

beefsteak tomatoes
product of Canada
tomates
3.95/kg



.99
lb

green, red
or savoy cabbage
product of Canada
chou
2.18/kg



3⁹⁹

blackberries
product of Mexico
170g
mûres



3⁹⁹
lb

black plums
product of U.S.A.
prunes noires
8.80/kg



PC® Cara Cara oranges
product of South Africa
3 lb bag
oranges
6⁴⁹

Bakery

Boulangerie



3⁹⁹

two-bite mini cupcakes 12's or
Charlotte's brownie bites 290 g
selected varieties
petits gâteaux ou brownies



PC®, Blue Menu®
or Wonder
English muffins
selected varieties
6's
2/\$5
or \$2.50 ea.



3⁹⁹

Country Harvest bread
600/650 g or bagels 6's
selected varieties
pain ou bagels

Grocery

Épicerie



3⁴⁹

Twinings or Celestial tea
selected varieties
16/20's
thé



PC® lemonade
selected varieties
1.89 L
limonade
2⁴⁹



5⁹⁹

PC® trail mix 275 g,
Lorissa's or Jack Link's
jerky 63-150 g
selected varieties
mélange du randonneur
ou jerky



vlasic pickles
selected varieties
1 L
cornichons
4⁹⁹



Green Giant
vegetables
selected varieties
341/398 mL
légumes
1⁷⁹



3⁹⁹

PC® salsa 650 mL or
taco or fajita kit 421/427 g
selected varieties
salsa ou trousse-repas



V8 vegetable cocktail
selected varieties
1.89 L
cocktail de légumes
4²⁹



no name®
raisins, currants
or prunes
selected varieties
375 g
raisins ou raisins
de Corinthe
ou prunes
3⁹⁹



8⁴⁹

PC® Gluten-Free pie crust 380 g,
frozen, PC® Organics creamed
honey 500 g or maple syrup 375 mL
croûte à tarte ou miel
ou sirop d'érable

Grocery Épicerie



4.49

Becel margarine selected varieties 427/454 g margarine



2.99

Yoplait source 630 g, minigo 6 x 60 g or Tubes 8's selected varieties yogurt



3.99

Dr. Oetker momenti 160-185 g or Giuseppe garlic fingers 317 g selected varieties, frozen pizza ou bâtonnets à l'ail



2.49

Pillsbury Toaster Strudel selected varieties 326 g pâtisserie



Frank's RedHot or thick sauce selected varieties 354 mL sauce piquante

4.49



Quaker Harvest Crunch cereal selected varieties 400-510 g céréales

5.29



McCafé K-Cup selected varieties 30's capsules de café

23.99



PC® The Decadent® chocolate chips selected varieties 226-300 g pépites de chocolat

3.49



3/\$5
or \$1.67 ea.

Gatorade or Powerade sport drinks 710 mL or Clif or Larabar energy bars 45-68 g selected varieties boissons désaltérantes ou barres d'énergie

2.99



Starbucks beverages 405/414 mL or selected varieties boissons



Monster, Rockstar 4 x 473 mL energy drinks or Red Bull 4 x 250 mL selected varieties boissons énergisantes

9.99



Sparkling Ice +Caffeine 473 mL, Glaceau vitaminwater 591 mL or smartwater 1 L selected varieties boisson ou eau

1.99



Let's SUMMER! Vive L'ÉTÉ!

3.79

Doritos® or Doritos Dinamita® tortilla chips, selected varieties chips tortilla Doritos® ou Doritos Dinamita® variétés sélectionnées 210-280 g

3.79

SunChips® multigrain snacks selected varieties collations multigrains SunChips® variétés sélectionnées 205 g

3.79

PopCorners® popped-corn chips selected varieties croûtilles de maïs soufflé PopCorners® variétés sélectionnées, 142 g

3.79

Cheetos® cheese flavoured snacks, selected varieties gaufrettes à la saveur de fromage Cheetos® variétés sélectionnées 170-285 g



8.49

Royal Chinet 10.38 inch dinner plate, 40's assiettes

7.49

Kingsford charcoal briquettes 8 lb briquettes de charbon



12.99

no name® garbage bags selected varieties 60/100's sacs à ordures

Eco max cleaner selected varieties 800 mL nettoyant Eco max

3.49



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. Savings on items shown may vary in each store location. Applicable deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/TM The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2023 Loblaw's Inc.

