

Happy
Canada Day!
Bonne fête
du Canada!



9.99
lb

striploin steak*
club size
bifteck de contre-filet*
22.02/kg



Larsen, Maple Leaf Top Dogs
wieners 375 g, ACE Bakery
or D'Italiano hamburger or
hot-dog buns 260-568 g
selected varieties
saucisses fumées ou pains
à hamburger ou hot-dog

2.99



Black Diamond
cheese bars 400 g
or shredded
cheese 320 g
selected varieties
barres de fromage
ou fromage râpé

4.49



no name® chips 200 g
or PC® soda 2 L
selected varieties
croustilles ou soda

4/\$5
or \$1.25 ea.

Rib
Fest!



13.99 PC® Carolina Gold Sauce
Pork Back Ribs
fresh, fully cooked
500 g
côtes de dos de porc



Ziggy's® salads
selected varieties
1.25 kg
salades

4.99



Kraft BBQ sauce
selected varieties
455 mL
sauce barbecue

2.99



Heinz beans or pasta
selected varieties
398 mL
fèves ou pâtes

2.29

Insiders
Report™

let's do
Summer
right!
merdez
dans
l'été

Insiders
Report™

MUST TRY
COUPS DE
CŒUR

NEW
NOUVEAU

UMAMI WAGYU
BURGERS
WAGYU UMAMI



12.99

PC® Black Label
Umami Wagyu burgers
frozen
568 g
burgers Wagyu Umami
PC® Collection noire

NEW
NOUVEAU



PC® Lobster Roll
frozen
440 g
kit à guédelles au
homard PC®

24.99

Insiders
Report™

MUST TRY
COUPS DE
CŒUR

NEW
NOUVEAU

PC® Cookie Dough
Vanilla Chocolate Chip
Ice Cream Bites
6 x 30 mL
bouchées de crème
glacée vanille et
brisures de chocolat
pâtes à biscuits PC®



4.99

NEW
NOUVEAU



PC® Orange Cream Soda
Flavour Sparkling Water
selected varieties
12 x 355 mL
eau pétillante saveur soda
mousse à l'orange PC®

4.99



PRICES EFFECTIVE FOR 8 WEEKS

THURSDAY, MAY 18 - WEDNESDAY, JULY 12, 2023

EN VIGUEUR 8 SEMAINES

DU JEUDI 18 MAI AU MERCREDI 12 JUILLET 2023

FROM THURSDAY, JUNE 29TH
TO WEDNESDAY, JULY 5TH, 2023
DU JEUDI 29 JUIN AU
MERCREDI 5 JUILLET 2023

Freshmart®



See our flyer online
visit freshmart.ca

freshmart RED & WHITE
FOOD STORE
Your Neighbourhood Grocer



6.99

SeaQuest® bay scallops uncooked 454 g or white colossal raw shrimp 16-20 per lb 300 g frozen pétoncles ou crevettes

chicken drumsticks and thighs club size pilons et hauts de cuisse de poulet 6.59/kg

2.99 lb



.89



1st OF THE SEASON
1^{re} DE LA SAISON

strawberries* product of Atlantic Canada quart/454 g fraises

5.49



4.79

PC® Brie or Camembert selected varieties 165-200 g brie ou camembert



old mill pies selected varieties 550 g tartes

3.99



3/\$5
or \$1.67 ea.

Kraft Dinner or macaroni pasta salad selected varieties 58-225 g macaroni ou salade de macaroni



4.49

Chapman's Premium ice cream, frozen yogurt or sorbet selected varieties, frozen 2 L glace, yogourt glacé ou sorbet



Oasis juice or smoothie selected varieties, refrigerated 1.5/1.6 L jus ou smoothie

3.99



4.99

Giuseppe Thin Crust or Rising Crust pizza selected varieties, frozen 300-785 g pizza



Tim Hortons whole bean or ground coffee selected varieties 300 g café

7.99



Heinz ketchup 750 mL/1 L or Hellmann's Miracle Whip 710/890 mL selected varieties ketchup ou tartinaide

4.49

Meat & Seafood

Viandes & Poissonnerie



Atlantic Choice® sausage selected varieties 1 kg saucisses

3.99
lb

lean ground pork club size porc haché maigre 8.80/kg

9.99



4.99
lb

chicken breasts club size, bone-in poitrines de poulet 11.00/kg

6.99
lb

extra lean ground beef club size bœuf haché extra maigre 15.41/kg

Butcher's Choice® beef burgers selected varieties, frozen 1.13 kg burgers de bœuf

14.99



5.99

Maple Leaf 375 g or Maple Leaf ready crisp bacon 65 g selected varieties bacon



High Liner pink salmon fillets frozen 400 g filets de saumon rose

8.99



6.99

Beyond Meat Plant-Based burger 226 g burgers à base de plantes



5.49

Johnsonville breakfast sausage or rounds selected varieties, 250/375 g saucisses ou rondines



7.99

SeaQuest® green lipped half shell mussels frozen 454 g moules vertes



Deli Meat & Cheese

Charcuterie & Fromagerie



PC® mozzarella ball 250-340 g boule de mozzarella

6.99

Mozzarella

Origin: draws its source from southern Italy, specifically from the province of Campania

Milk source: cow

Characteristics: Shaped like a ball, it has a creamy texture and a milky taste, characteristics that add sweetness and freshness to a wide variety of cheesy dishes, like Pizza, Lasagna, and grilled sandwiches.



4.99

The Laughing Cow cheese 120-140 g or Mini BabyBel 102-120 g selected varieties fromage



7.99

PC® cheddar cheese selected varieties 200/250 g cheddar



4.29

Mastro salami, prosciutto cotto 125/150 g or San Daniele mortadella 175 g selected varieties salami ou prosciutto cotto ou mortadelle



19.99

pepperoni and Genoa salami deli tray 850 g pepperoni et saucisson de Gènes



Fruits & Vegetables Fruits & Légumes



3⁹⁹
lb

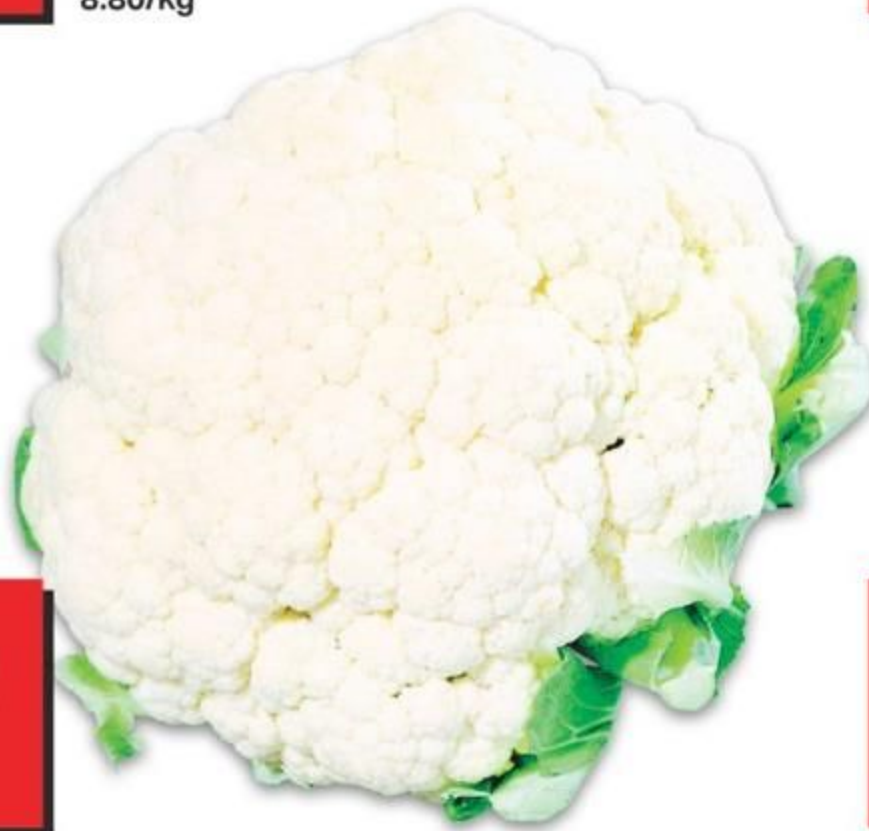
cherries
product of U.S.A.
cerises
8.80/kg



3⁹⁹
lb

PC® green large seedless grapes
product of Mexico
gros raisins sans pépins
8.80/kg

cauliflower
product of U.S.A.
or Canada
each
chou-fleur

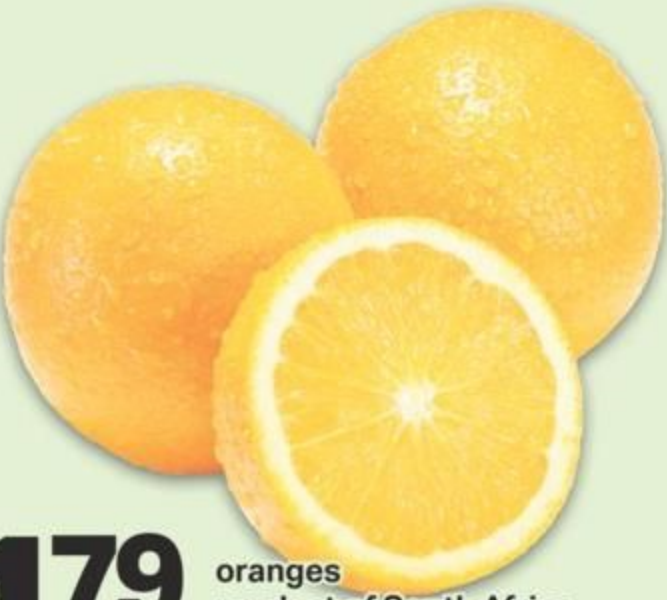


4⁹⁹



1⁴⁹

English cucumbers
product of Canada
each
concombres anglais



1⁷⁹
lb

oranges
product of South Africa
oranges
3.95/kg



3⁹⁹

avocados
product of Mexico
5's
avocats



2²⁹
lb

McIntosh apples
product of Atlantic Canada
pommes
5.05/kg



4⁹⁹

Farmer's Market™ mini carrots
product of U.S.A.
907 g
carottes miniatures



5⁹⁹

Farmer's Market™ grape tomatoes
907 g, product of Canada or Mexico
or PC® variety pack tomatoes,
product of Canada, 681 g
tomates



Renee's
salad dressings
product of Canada,
selected varieties
350/355 mL
vinaigrettes

4²⁹

Bakery Boulangerie



6⁴⁹

Farmer's Market™ muffins
selected varieties
6's
muffins

Donut Time donuts
selected varieties
6's
beignets

1⁹⁹



7⁹⁹

Farmer's Market™
Two-bite Brownies®
608 g
brownies



6⁴⁹

ACE Bakery artisan rolls 800-960 g
or La Baguetterie sliced Miche
600/800 g
selected varieties
petits pains ou miche tranchée



5⁹⁹

Farmer's Market™
angel food cake
selected varieties
270/283 g
gâteau des anges

Grocery Épicerie



Italpasta pasta 375/500 g or World Authentica Cuisine pasta sauce 530 mL selected varieties pâtes ou sauce pour pâtes

3⁹⁹



2⁹⁹

Old El Paso tortillas 297-334 g, refried beans 398 mL or jalapeño peppers 250 mL selected varieties tortillas ou haricots frits ou piments jalapeño



1⁹⁹ Shirriff pie filling selected varieties 69-212 g garniture pour tarte

2⁷⁹ Quaker Crispy Minis or rice cakes selected varieties 90-199 g galettes de riz



5⁷⁹ Christie cookies selected varieties 374-520 g biscuits



2⁹⁹ no name® salsa 430 mL, PC® Blue Menu® rice, lentils, split peas or beans 900 g selected varieties salsa ou riz ou lentilles ou pois ou haricots

1⁷⁹ no name® apple sauce sweet or unsweetened 620 mL purée de pomme



2²⁹ Unico olives selected varieties 375 mL olives



4²⁹ Maple Leaf Ready Crisp bacon 85 g or Rio Mare Insalatissime tuna 160 g selected varieties bacon ou thon

4⁷⁹ Del Monte canned fruits, fruit with chia or oats selected varieties 796 mL fruits en conserve



1⁹⁹ no name® spices selected varieties 5.5-250 g épices



15⁴⁹ Bob's Red Mill almond flour 453 g, Kicking Horse organic ground or whole bean coffee 454 g selected varieties farine d'amande ou café



2⁹⁹ Kettle Brand potato chips 198 g or Kiju juice 1 L selected varieties croustilles ou jus



2⁴⁹ Silk coffee whitener 473 mL or fortified non-dairy beverage 946 mL colorant à café ou boisson non laitière enrichie

Pet Animaux domestiques



4⁹⁹ Milk-Bone dog treats selected varieties 201-340 g gâteries pour chiens



2⁹⁹ Beneful dog food selected varieties 283 g nourriture pour chien



2⁹⁹ Caledon Farms cat treats selected varieties 57 g gâteries pour chats



1²⁹ Friskies cat food selected varieties 156 g nourriture pour chats

Happy Canada Day!

Bonne fête du Canada!



3.49

Black Diamond Slices processed cheese product selected varieties 410 g produit de fromage fondu



3.99

Cool Whip dessert topping 1 L or Tenderflake pastry 255-397 g selected varieties, frozen garniture fouettée ou crôte à tarte



4.99

CT Bakery donuts selected varieties 204/312 g beignes



Fruitopia, Five Alive fruit beverage or Nestea, Peace Tea iced tea selected varieties, refrigerated 1.75 L boisson ou thé glacé

2.99



3.79

Cheetos snacks 170-300 g or Doritos tortilla chips 155-255 g selected varieties grignotines ou croustilles



2.49

Nestlé Pure Life spring water 12 x 500 mL or Spitz sunflower seeds 210 g selected varieties eau de source ou graines de tournesol



Mott's Mr & Mrs T cocktail mix 1 L or Rose's syrup 739 mL selected varieties mélange à cocktail ou sirop

3.29



9.99

Beck's or Heineken 6 x 330 mL bière



Ocean Spray 100% juice blend or cocktail selected varieties 1.89 L mélange de jus ou cocktail

3.79



Cattle Boyz BBQ sauce selected varieties 490 mL sauce barbecue

5.79



PC® Memories Of® sauce selected varieties 350 mL sauce

3.99



Heinz chili sauce selected varieties 455 mL sauce chili

4.49



3.79 Dare Real Fruit candy 350 g or Twizzlers candy 311-454 g selected varieties friandises



7.99 no name® dinner paper plates 26.3 cm/10.4 inch 40's assiettes



3.29 Alcan foil wrap 25/50' or Reynolds' parchment paper 35' selected varieties papier d'aluminium ou papier parchemin

Budweiser
ZERO
GREAT TASTE. ZERO ALCOHOL.
UN GOÛT EXCEPTIONNEL. ZÉRO ALCOOL.

14.99^{††}

Budweiser® Zero™ 12 x 355 mL
0.0% ALCOHOL
0.0% ALCOOL
50 CALS / CALORIES

0g SUGAR / 0g DE SUCRE

ENJOY RESPONSIBLY. Must be legal drinking age. *Per 355 mL serving. †Price subject to change. CONSOMMEZ AVEC MODÉRATION. Vous devez avoir l'âge légal de consommer de l'alcool. ††Par portion de 355 mL. ††Prix sujet à changement. ©/MD/TM/MC Anheuser-Busch, LLC, Inc. (USA/Sous Lic.)

Corona
Sunbrew 0.0%
NOW AVAILABLE IN 355 mL SLIM CANS
NOUVELLES CANETTES EFFILÉES DE 12 x 355 mL
CORONA® SUNBREW 12 x 355 mL

18.49

0% ALCOHOL
0% ALCOOL
0% SUGAR / 0% SUCRE

ENJOY RESPONSIBLY. Must be legal drinking age. Alcohol-free beer with natural flavour and vitamin D. For adults only. Always read and follow the label. *Price subject to change. CONSOMMEZ AVEC MODÉRATION. Vous devez avoir l'âge légal de consommer de l'alcool. Bière sans alcool avec arôme naturel et vitamine D. Destinée aux adultes seulement. Toujours lire et respecter l'étiquette. †Prix sujet à changement. MD/© Concessions Modelo, S. de R.L. de C.V. utilisée sous licence / used under licence.

MOTT'S CLAMATO

3.49

Mott's® Clamato® selected varieties/certaines variétés 1.89 L

Trademark used under license by Canada Dry Mott's Inc. Marque de commerce utilisée sous licence par Canada Dry Mott's Inc.

snapple
zero / zéro

1.29

selected varieties/certaines variétés 473 mL

Trademark used under license by Canada Dry Mott's Inc. Marque de commerce utilisée sous licence par Canada Dry Mott's Inc.



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/TM The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2023 Loblaw's Inc.





let's do Summer right! *mordez dans l'été*

PRICES EFFECTIVE FOR 8 WEEKS
 THURSDAY, MAY 18 - WEDNESDAY, JULY 12
EN VIGUEUR 8 SEMAINES
 JEUDI 18 MAI - MERCREDI 12 JUILLET

Insiders Report
MUST TRY COUPS DE CŒUR

PC® Carolina Gold Sauce
 Pork Back Ribs refrigerated, 500 g
 côtes de dos de porc à la sauce dorée de la Caroline PC^{MD}

NEW NOUVEAU

13⁹⁹

Insiders Report
MUST TRY COUPS DE CŒUR

PC® 4-Layer Loaded Pierogi Dip
 425 g trempette de pierogis garnis à 4 étages PC^{MD}

NEW NOUVEAU

7⁹⁹

Insiders Report
MUST TRY COUPS DE CŒUR

PC® Ube Boba Cream Pie
 frozen 730 g
 tarte à la crème ube boba PC^{MD}

NEW NOUVEAU

10⁹⁹

Insiders Report
MUST TRY COUPS DE CŒUR

PC® Blue Menu® Calamansi Citrus and Strawberry Sparkling Water
 12 x 355 mL
 eau pétillante calamondin et fraise PC^{MD} Menu bleu^{MC}

NEW NOUVEAU

4⁹⁹

FREE FROM SIMPLEMENT BON®

PC® Free From® sausage
 selected varieties 500 g
 saucisses PC^{MD} Simplement Bon^{MC}

7⁴⁹

PC® cedar plank salmon
 frozen 500 g
 saumon sur planche de cèdre PC^{MD}

21⁹⁹

PC® wild yellowfin tuna steaks
 frozen 280 g
 darnes de thon albacore sauvage PC^{MD}

8⁹⁹

PC® hummus or dips
 selected varieties 454/500 g
 hummus ou trempettes PC^{MD}

6⁹⁹

PC® shredded cheese
 selected varieties 620 g
 fromage râpé PC^{MD}

10⁹⁹

PC® or PC®Blue Menu® Thin and Crispy, focaccia, Loads of or Flatbread pizzas, selected varieties, frozen, 330-455 g
 pizzas Mince et croustillante, focaccia, Pleine de ou pain plat PC^{MD}, Menu bleu^{MC}

4⁴⁹

PC® salad dressing
 selected varieties 350/475 mL
 vinaigrette PC^{MD}

2⁹⁹

PC® MSC white tuna
 selected varieties 170 g
 thon blanc MSC PC^{MD}

3²⁹

PC® Blue Menu® beans
 selected varieties 540 mL
 légumineuses PC^{MD} Menu bleu^{MC}

1⁷⁹

PC® spring water
 12 x 500 mL
 eau de source PC^{MD}

2⁴⁹

PC® Taco or Fajita Kit
 selected varieties 421/427 g
 ensemble à taco ou fajita PC^{MD}

3⁹⁹

PC® GREEN™ bathroom tissues or paper towel
 selected varieties 6/12's
 papier hygiénique ou essuie-tout PC^{MD} VERT^{MC}

6⁹⁹

PC® paper yard waste bag
 5's
 sac à déchets de jardinage en papier PC^{MD}

4²⁹

PC® dinner napkins
 180's
 serviettes de table PC^{MD}

6⁹⁹

PC® heavy duty freezer bags
 selected varieties 10-38's
 sacs à congélation robustes PC^{MD}

3⁴⁹



let's do Summer right! mordez dans l'été

PRICES EFFECTIVE FOR 8 WEEKS
THURSDAY, MAY 18 - WEDNESDAY, JULY 12
EN VIGUEUR 8 SEMAINES
JEUDI 18 MAI - MERCREDI 12 JUILLET

NEW NOUVEAU

MUST TRY COUPS DE CŒUR

PC® **Mango & Calamansi Citrus Raw Shrimp Skewers, frozen, 360 g**
brochettes de crevettes crues à la mangue et calamondin PC^{MD}

11⁹⁹

NEW NOUVEAU

MUST TRY COUPS DE CŒUR

PC® hot peppers selected varieties 80-226 g
piments forts PC^{MD}

2⁹⁹

NEW NOUVEAU

MUST TRY COUPS DE CŒUR

PC® Filipino Chicken Adobo Lumpia frozen, 560 g
lumpia au poulet adobo philippin PC^{MD}

10⁹⁹



PC® or Blue Menu® burgers selected varieties, frozen 1.02 g-1.36 kg
burgers PC^{MD} ou Menu bleu^{MC}

14⁹⁹

PC® wings selected varieties, frozen 800/907 g
ailes PC^{MD}

16⁹⁹

PC® Old-Fashioned Style bacon 1 kg
bacon à l'ancienne PC^{MD}

15⁹⁹



PC® or Blue Menu® tortillas original or whole wheat 390/650 g
tortillas PC^{MD} ou Menu bleu^{MC}

3⁴⁹

PC® Gigantico™ hamburger or hot dog buns 6/8's
pains à hamburger ou hot dog Gigantico^{MC} PC^{MD}

3⁹⁹

PC® naan rounds original or whole wheat, 8's
pains naan ronds PC^{MD}

4⁴⁹

PC® Plant Based sweet Italian sausage, 400 g
saucisse italienne douce à base de plantes PC^{MD}

7⁴⁹



PC® pickles, sweet roasted peppers or hot peppers selected varieties 300/500 mL
cornichons, poivrons grillés ou piments forts PC^{MD}

2⁴⁹

PC® BBQ sauce selected varieties 500 mL
sauce barbecue PC^{MD}

3²⁹

PC® or Blue Menu® ketchup selected varieties 750 mL/1 L
ketchup PC^{MD} ou Menu bleu^{MC}

4²⁹

PC® mayonnaise selected varieties 750/890 mL
mayonnaise PC^{MD}

5²⁹



PC® The Decadent® chocolate chip cookie selected varieties 280/300 g
biscuits aux brisures de chocolat PC^{MD} Le décadent^{MC}

3⁴⁹

PC® roasted peanuts selected varieties 700 g
arachides grillées PC^{MD}

4⁷⁹

PC® tortilla chips selected varieties 320-350 g
croustilles de tortilla PC^{MD}

2²⁹

PC® salsa selected varieties 650 mL
salsa PC^{MD}

3⁷⁹

NEW NOUVEAU

MUST TRY COUPS DE CŒUR

PC® Ube Pandesal Buns 280 g
pains ube pandesal PC^{MD}

3⁷⁹

NEW NOUVEAU

MUST TRY COUPS DE CŒUR

PC® Goat's Milk Cheddar Cheese-Aged 1yr 200 g
cheddar au lait de chèvre PC^{MD} vieilli un an

8⁹⁹

NEW NOUVEAU

MUST TRY COUPS DE CŒUR

PC® Chunky Guacamole 425 g
guacamole avec gros morceaux PC^{MD}

7⁹⁹



And there's more!
Discover it all in store.
Bien plus encore à découvrir en magasin

PRICES EFFECTIVE FOR 8 WEEKS
THURSDAY, MAY 18 - WEDNESDAY, JULY 12
EN VIGUEUR 8 SEMAINES
JEUDI 18 MAI - MERCREDI 12 JUILLET

NEW NOUVEAU

Insiders Report

MUST TRY COUPS DE CŒUR

PC® Classic Street Cart Sausage 500 g saucisses classiques Kiosque de rue PC^{MD}

5⁹⁹

NEW NOUVEAU

Insiders Report

MUST TRY COUPS DE CŒUR

PC® Wild Argentinian Shrimp Platter with Creamy Citrus Herb Sauce frozen, 400 g

19⁹⁹

NEW NOUVEAU

Insiders Report

MUST TRY COUPS DE CŒUR

PC® World of Flavours Korean-style Beef Short Ribs 500 g bouts de côte de bœuf à la coréenne PC^{MD} Saveurs du monde^{MC}

16⁹⁹

CLUB SIZE • FORMAT CLUB

PC® cheese slices Club Size, selected varieties 500 g tranches de fromage PC^{MD}

11⁹⁹

PC® frozen vegetables selected varieties 400-750 g légumes surgelés PC^{MD}

4⁴⁹

PC® Splendido™ sliced deli meat selected varieties 100 g charcuteries tranchées PC^{MD} Splendido^{MD}

5⁹⁹

PC® or Blue Menu® roasted pistachios product of U.S.A. 225 g pistaches grillées PC^{MD} ou Menu bleu^{MC}

5⁴⁹

PC® deluxe mixed nuts 200 g or PC® Free From™ beef jerky 80 g selected varieties noix mélangées de luxe PC^{MD} ou jerky au bœuf PC^{MD} Simplement Bon^{MC}

5²⁹

PC® Organics butter 250 g or cheese 200 g selected varieties beurre ou fromage PC^{MD} Biologique

5⁷⁹

PC® balsamic 500 mL or natural 4 L vinegar pistaches grillées salées PC^{MD} ou Menu bleu^{MC}

3⁴⁹

PC® Splendido® cold pressed extra virgin olive oil 1 L huile d'olive extra vierge pressée à froid PC^{MD} Splendido^{MD}

12⁹⁹

PC® couscous 340 g or risotto 170 g selected varieties couscous ou risotto PC^{MD}

2⁴⁹

PC® cooking sauce selected varieties 400 mL sauce à cuisson PC^{MD}

4⁷⁹

PC® soft drinks selected varieties 12 x 355 mL boissons gazeuses PC^{MD}

5⁷⁹

PC® or Blue Menu® fruit cocktails or 100% juice blends selected varieties 1.89 L cocktails de fruits ou mélanges de jus à 100% PC^{MD} ou Menu bleu^{MC}

3⁷⁹

PC® de-alcoholized beer selected varieties 12 x 355 mL bière désalcoolisée PC^{MD}

9⁹⁹

PC® de-alcoholized wine selected varieties 750 mL vin désalcoolisé PC^{MD}

7⁴⁹

Insiders Report

MUST TRY COUPS DE CŒUR

NEW NOUVEAU

PC® Calamansi Lemonade refrigerated, 1.54 L limonade au calamondin PC^{MD}

3⁴⁹

Insiders Report

MUST TRY COUPS DE CŒUR

NEW NOUVEAU

PC® World of Flavours Filipino Adobo Chicken Flavour Chips, 200 g croustilles à saveur de poulet adobo philippin Saveurs du monde PC^{MD}

2²⁹

NEW NOUVEAU

Insiders Report

MUST TRY COUPS DE CŒUR

PC® Smokin' Stampede Corn Ribs 500 g maïs façon côtes levées Stampede fumé PC^{MD}

4⁹⁹



And there's more!
Discover it all in store.
Bien plus encore à découvrir en magasin

PRICES EFFECTIVE FOR 8 WEEKS
THURSDAY, MAY 18 - WEDNESDAY, JULY 12
EN VIGUEUR 8 SEMAINES
JEUDI 18 MAI - MERCREDI 12 JUILLET

Insiders Report
MUST TRY COUPS DE CŒUR

NEW NOUVEAU

PC® Chocolatey Dipped Sugar Cones, 120 g
cornets en sucre trempés dans le chocolat PC^{MD}

249 120 g 6 cornets

Insiders Report
MUST TRY COUPS DE CŒUR

NEW NOUVEAU

PC® Peanut Butter Syrup 428 mL
sirop au beurre d'arachide PC^{MD}

399 428 mL

NEW NOUVEAU

PC® Plant Based Peanut Butter Delights 6 x 32 mL
délices au beurre d'arachide à base de plantes PC^{MD}

499 6 x 32 mL

Insiders Report
MUST TRY COUPS DE CŒUR

PC® frozen fruit selected varieties 400-600 g
fruits surgelés PC^{MD}

1199 PC® mini éclairs or profiteroles selected varieties, frozen 490-710 g mini éclairs ou profiteroles PC^{MD}

PC® frozen fruit selected varieties 400-600 g
fruits surgelés PC^{MD}

449 400-600 g

PC® Cream First™ or Loads of ice cream selected varieties, frozen, 1.5 L
crème glacée PC^{MD}
La crème avant tout^{MC} ou pleine de

649 1.5 L

PC® or Blue Menu® smoothie or fruit bars selected varieties, frozen, 6/12's
barres Smoothie ou aux fruits PC^{MD} ou Menu bleu^{MC}

599 6/12's

PC® Ice Cream Shop ice cream bars selected varieties, frozen, 6's
barres à la crème glacée Délices du bar laitier PC^{MD}

449 6's

PC® popsicles selected varieties, frozen 6's
pops PC^{MD}

499 6's

PC® Ice Cream Shop ice cream selected varieties, frozen 946 mL
crème glacée Délices du bar laitier PC^{MD}

379 946 mL

PC® maple flavour marshmallows 400 g
guimauves à saveur d'érable PC^{MD}

299 400 g

PC® chocolate covered fruits or nuts selected varieties 200-400 g
fruits ou noix enrobés de chocolat PC^{MD}

629 200-400 g

PC® gold chocolate bar selected varieties 300 g
barres de chocolat or PC^{MD}

499 300 g

PC® ground coffee 112-340 g or coffee pods 8-14's
selected varieties café moulu ou capsules de café PC^{MD}

849 112-340 g or 8-14's

PC® orange juice selected varieties, refrigerated 2.5 L
jus d'orange PC^{MD}

599 2.5 L

PC® lactose free sour cream 500 mL
crème sure sans lactose PC^{MD}

349 500 mL

PC® granola bars selected varieties 156-190 g
barres granola PC^{MD}

249 156-190 g

PC® S'mores kit 600 g
kit à s'mores PC^{MD}

699 600 g

PC® or Blue Menu® English muffins or crumpets selected varieties 6's
muffins anglais ou crumpets PC^{MD} ou Menu bleu^{MC}

249 6's

PC® cinnamon raisin bread 675 g
pain à la cannelle avec raisins PC^{MD}

399 675 g

PC® tea selected varieties 20's
thé PC^{MD}

249 20's

PC® waffles selected varieties, frozen 390 g
gaufres PC^{MD}

399 390 g

PC® 100% pure maple syrup Canada Grade A Amber 500 mL
sirop d'érable 100% pur PC^{MD}
catégorie Canada A, ambre

1249 500 mL

PC® or Blue Menu® pancake mix 905 g or table syrup 750 mL
selected varieties mélange à crêpes ou sirop de table PC^{MD} ou Menu bleu^{MC}

329 905 g or 750 mL

PC® Blue Menu® Muesli selected varieties 450 g
muesli PC^{MD} Menu bleu^{MC}

349 450 g

PC® or Blue Menu® cereal selected varieties 450-725 g
céréales PC^{MD} ou Menu bleu^{MC}

599 450-725 g