

Anniversary

Sale!

Vente Anniversaire!



1.29

Belleisle coleslaw 227 g or English cucumbers each, product of Canada salade de chou ou concombres



Farmer's Market™ brownies, Chatman's or Country Market squares selected varieties, 430-608 g brownies ou carrés

5.99

Lantic fine granulated sugar 2 kg sucre

2.79



Unico vegetable oil 3 L huile végétale

9.49

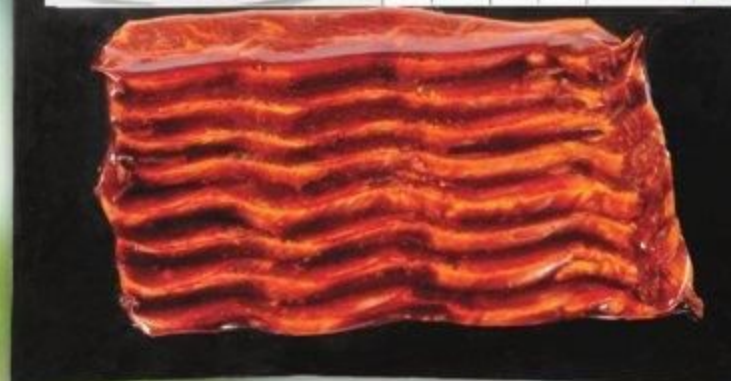
Thank you for shopping with us!

Merci!

Get Grilling Prêt pour le grill

Insiders Report MUST TRY COUPS DE CŒUR

WORLD OF FLAVOURS - SAVEURS DU MONDE beef short ribs - bouts de côtes de bœuf KOREAN / COREENNE THICK CUT - COUPE ÉPAISSE



16.99

PC® World of Flavours Korean-style Beef Short ribs 500 g bouts de côte de bœuf



SeaQuest® scallops 454 g or white colossal raw shrimp 16-20/lb 300 g, frozen pétoncles ou crevettes

7.99



2.99

McCain fries selected varieties, frozen 454-800 g frites

Insiders Report MUST TRY COUPS DE CŒUR



PC® lemonade or tea selected varieties, refrigerated 1.54 L limonade ou thé

3.49

FROM THURSDAY, MAY 25TH
TO WEDNESDAY, MAY 31ST, 2023
DU JEUDI 25 MAI AU
MERCREDI 31 MAI 2023

Freshmart®

freshmart RED & WHITE
FOOD STORE
Your Neighbourhood Grocer



See our flyer online
visit freshmart.ca



9.99
lb

T-bone steak*
club size
bifteck d'aloyau*
22.02/kg



no name®
regular or salt reduced bacon
500 g
bacon

4.49



5.49

Farmer's Market™ potatoes,
selected varieties or yellow onions
product of Canada
10 lb
pommes de terre ou oignons jaunes



blackberries or raspberries
product of U.S.A. or Mexico
6 oz
mûres ou framboises

2.99



Ziggy's® deli meats or cheese slices
selected varieties
200-300 g
charcuteries ou tranches de fromage

4.99



Farmer's Market™ mini
cinnamon rolls 9's or cookies 12's
selected varieties
mini-brioches à la cannelle ou biscuits

3.99



2.29
Christie crackers
or cookies
selected varieties
180-386 g
craquelins ou biscuits



Silk beverages
selected varieties,
refrigerated
1.75/1.89 L
boissons

3.49



Minute Maid orange
juice, no sugar added
fruit beverage 1.54 L
or Fruitopia, Five Alive,
Nestea or Peace Tea
beverage 1.75L,
selected varieties,
refrigerated
jus d'orange,
boisson aux fruits
sans sucre ajouté
ou boisson

2.99



Rooster® scented
jasmine rice
8 kg
riz parfumé
au jasmin

16.99



2.49
Real Canadian
natural spring water
24 x 500 mL
eau de source naturelle



5.99
Tide 1.09 L/12-16's or
Gain flings original 14's
selected varieties
détergent à lessive
liquide ou pods

cut from Canada AA grade beef or higher/provenant de bœuf Canada AA ou d'une catégorie plus élevée

Meat & Seafood

Viandes & Poissonnerie



6⁹⁹
lb

sirloin tip steak*
club size
bifteck de pointe de surlonge*
15.41/kg

3²⁹
lb

pork loin chop center cut
club size
côtelettes de longe de porc,
coupe du centre
7.25/kg



4⁹⁹
lb

chicken wings
club size
ailes de poulet
11.00/kg



5⁴⁹
lb

chicken breasts bone-in
club size
poitrines de poulet avec os
12.10/kg

no name® pepperoni
or salami chub
500 g
saucissons
de pepperoni
ou salami

5⁴⁹



3²⁹

Schneiders Lunchmate
stackers or kits
selected varieties, 90-120 g
trousses-repas



9⁹⁹

PC® hot smoked candied
or spicy salmon strips
selected varieties, ready to eat
150 g
saumon



9⁹⁹

no name® Cantonese-style
egg rolls, Club Size
selected varieties, frozen
1.25 kg
pâtés impériaux de style cantonnais



5⁹⁹

PC® Pub Recipe™
chicken nuggets or strips
frozen, 700 g
pépites ou lanières de poulet

8⁹⁹

High Liner wild Pacific
pink salmon fillets
frozen
400 g
filets de saumon rose



Deli Meat & Cheese

Charcuterie & Fromagerie



7⁹⁹

Farmer's Market™ pot pies or quiches
selected varieties
500 g
pâtés ou quiches



6⁹⁹

Agropur 170 g, Ile De France Brie
or Camembert cheese 250 g
selected varieties
brie ou camembert



8²⁹

Summer Fresh salads 800 g or
From our Chefs™ soup 700 mL
selected varieties
salades ou soupe

6⁴⁹

Apetina cubed feta
selected varieties
200 g
feta



5⁹⁹

Tre Stelle bocconcini 200 g
or ricotta cheese 475 g
selected varieties
fromage bocconcini ou ricotta



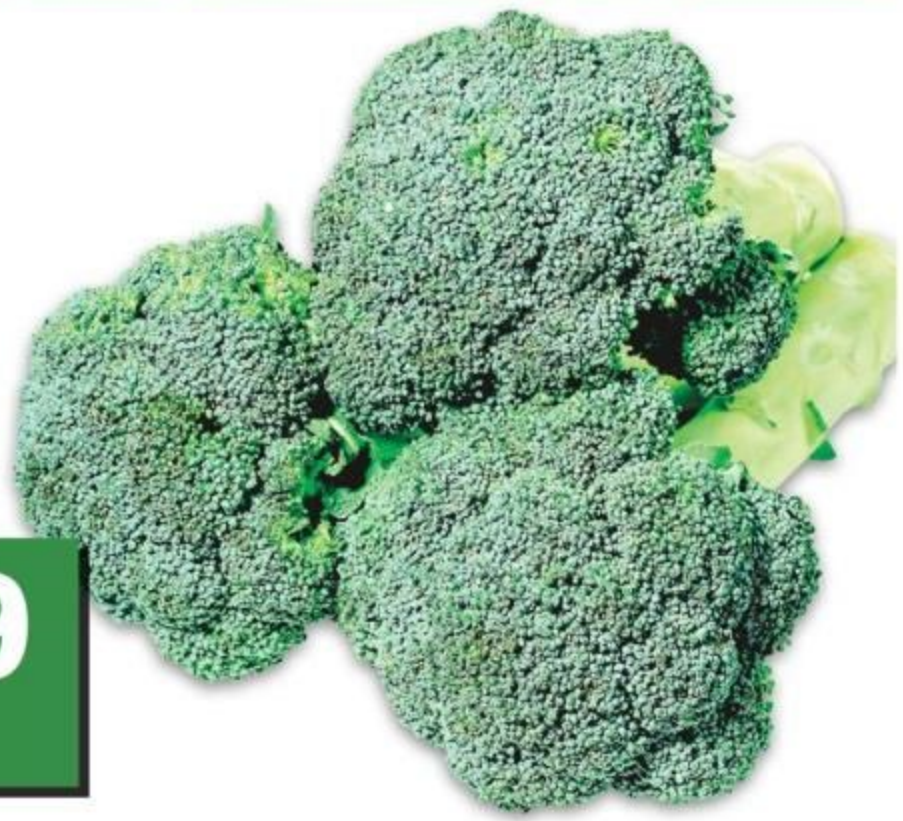
Fruits & Vegetables Fruits & Légumes

Eat Smart or Taylor Farms salad kits product of U.S.A., selected varieties 319-383 g trousse de salade



5.99

large broccoli product of Canada each broccoli



3.99



lemons, product of South Africa or limes, product of Mexico each citrons ou limes

.99

papaya product of Mexico papaye 4.39/kg



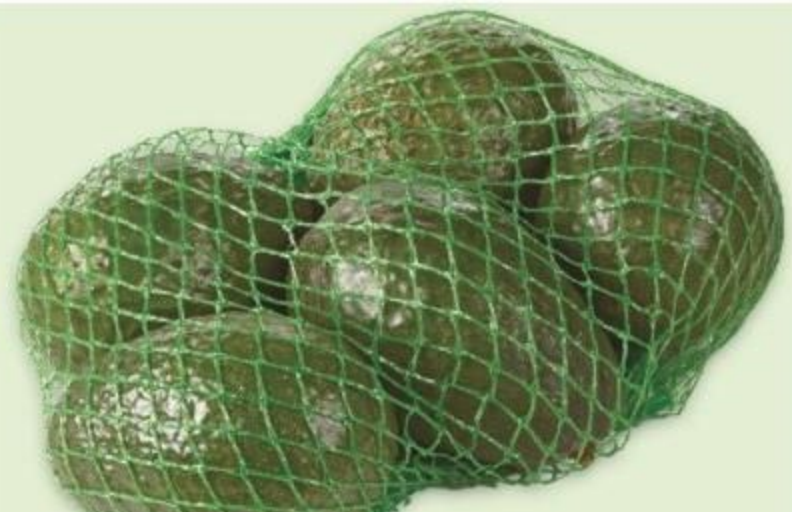
1.99 lb



5.99 PC® greenhouse strawberries product of Canada 340 g fraises



1.99 lb Bartlett pears, product of Argentina or Granny Smith apples, product of South Africa poires ou pommes 4.39/kg



3.99 avocado product of Mexico 5's avocat



1.49 lb beefsteak tomatoes product of Canada tomates beefsteak 3.28/kg



4.49 Farmer's Market™ peppers 3's or PC® mini peppers 454 g product of Canada poivrons ou mini-poivrons



4.99 no name® Naturally Imperfect™ brown or white mushrooms product of Canada, 680 g champignons bruns ou blancs

Bakery Boulangerie



2.99

ACE Bakery baguette baked in-store, selected varieties 325-400 g baguette



14.99

Farmer's Market™ bar cake or La Rocca 6 inch cakes selected varieties, 600-770 g gâteau rectangulaire ou gâteaux



3.79 PC® apple blossoms, key lime pie or The Decadent® molten chocolate lava cake 216-243 g



5.49 Farmer's Market™ tea biscuits selected varieties 315 g biscuits thé



3.49 D'Italiano buns or bread selected varieties 420-675 g petits pains ou pain

Grocery Épicerie

Anniversary Offer!

Offre Anniversaire!



6⁹⁹

iöGO yogurt
selected varieties
12/16's or 750 g
yogourt



7⁹⁹

Black Diamond
Cheestrings
or snacks
selected varieties
252/336 g
fromage effilochable
ou collations



Simply
orange juice,
fruit beverage
or lemonade
selected varieties,
refrigerated
1.54 L
jus d'orange,
boisson aux fruits
ou limonade

4⁹⁹

Pillsbury
wiener wraps or
crescents dough
selected varieties
200-227 g
pâtes à saucisse
ou croissants

2⁴⁹



3⁹⁹ PC® puff pastry
or phyllo dough
450/454 g
pâte

no name® sans nom®



3⁴⁹

no name® cheese bars
selected varieties
200 g
fromage



2⁹⁹

no name®
original wieners
450 g
saucisses fumées



2⁷⁹

no name® bagels
selected varieties
6's
bagels



5⁹⁹

no name® pizza pouches
selected varieties, frozen
8's
pizzas



5⁹⁹

no name® meat lasagna
frozen
1 kg
lasagne à la viande



no name® beans,
lentils or potatoes
selected varieties
540 mL
haricots, lentilles
ou pommes de terre

1⁷⁹



1²⁹

no name® pizza sauce
213 mL or tomato
paste 369 mL
sauce à pizza ou
pâte de tomate



1⁴⁹

no name® beans
selected varieties
341/398 mL
haricots

no name®
tomato chili sauce
455 mL
sauce chili
aux tomates

3²⁹



no name®
trail mix
Club Size,
selected varieties
1 kg
mélange
montagnard

9⁹⁹



6²⁹

no name® creamed
or liquid honey
500 g
miel

3⁴⁹

no name®
coffee whitener
selected varieties
450 g
colorant à café



no name®
chocolate bar
selected varieties
100 g
chocolat

.⁹⁹



1⁹⁹

no name® spices
selected varieties
5.5-250 g
épices

Grocery Épicerie

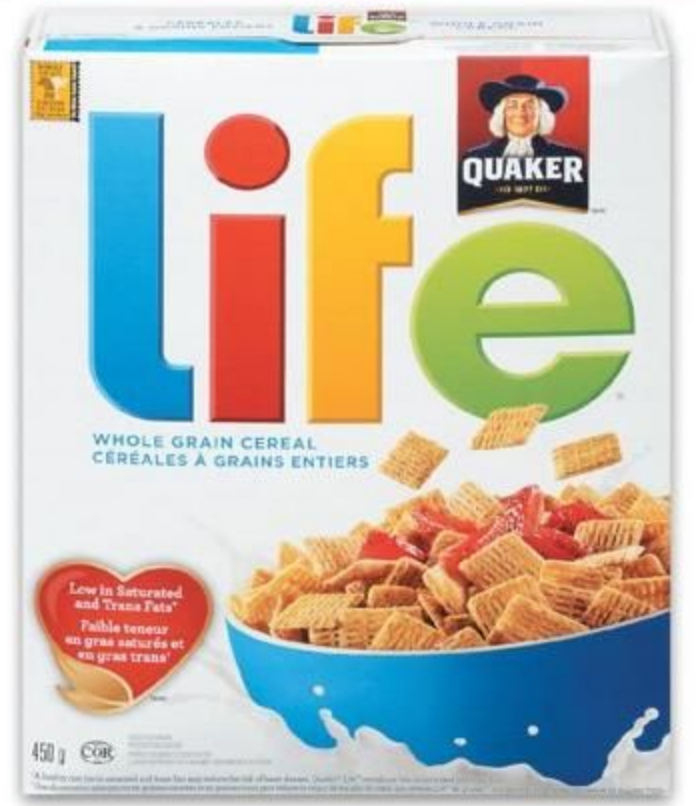
Bonne Maman jam
selected varieties
250/280 mL
confiture

479



Quaker cereal
selected varieties
325-500 g
céréales

399



379

Humpty Dumpty
snacks or Takis chips
selected varieties
190-290 g
grignotines
ou croustilles



199

Snack Pack
pudding or juicy gels
selected varieties
4 x 99 g
pouding ou gelée

Ocean Spray 100%
juice blend or cocktail
selected varieties
1.89 L
mélange de jus ou cocktail

399



179 Minute Maid or Bacardi frozen juice
selected varieties, frozen
250/295 mL
jus



399 Minute Maid, Five Alive juice
or Nestea iced tea
selected varieties
8/10 x 200 mL
jus ou thé glacé



299 PC® condensed milk 300 mL
or Tetley tea 20/24's
selected varieties
lait condensé ou thé



449 Jell-O gel snacks or pudding
selected varieties,
refrigerated
4's
gelée ou pouding

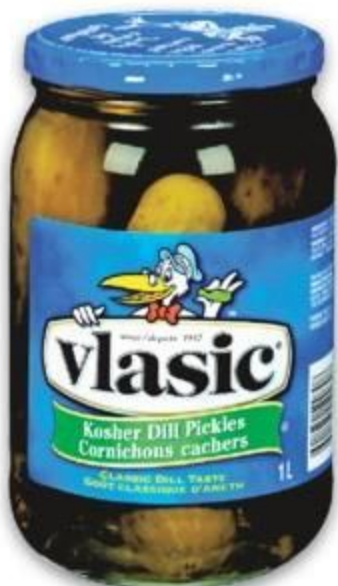
no name® salad dressing
selected varieties
475 mL
vinaigrette

249



PC® macaroni & cheese
dinner 200/225 g or
pasta 454 g
selected varieties
macaroni au fromage
ou pâtes

3/\$5
or \$1.67 ea.



499 vlasic pickles
selected varieties
1 L
cornichons



499



PC® Organics
peanut butter 500 g
or Made Good
granola bar 120 g
selected varieties
beurre d'arachide
ou barres

Anniversary
Offer!
Offre Anniversaire!



299

Old El Paso soft flour tortillas 297-334 g,
refried beans 398 mL or jalapeño peppers 250 mL
selected varieties
tortillas, haricots ou piments jalapeño

PC® BBQ sauce
selected varieties
500 mL
sauce barbecue

299



299

Dare Real Fruit
gummies 350 g or
Twizzlers candy
311-454 g
selected varieties
gummies ou friandises

Grocery Épicerie

Anniversary Offer!

Offre Anniversaire!



179

Campbell's condensed soup selected varieties 284 mL soupe



299

no name® cream cheese 227/250 g or cottage cheese 500 g selected varieties fromage



299

Yoplait source 630 g, minigo 6 x 60 g or tubes 8's selected varieties yogourt



499

Häagen-Dazs ice cream selected varieties, frozen 216-450 mL crème glacée



1299

PC® breaded fillets 550/600 g, BlueWater Fish battered or breaded fillets 480/525 g selected varieties filets de poisson



599

Coca-Cola or Pepsi soft drinks selected varieties 6 x 710 mL boissons gazeuses



329

Betty Crocker, Mott's fruit snacks or Fibre1 baked snacks or Nature Valley granola bars selected varieties, 125-226 g collations aux fruits ou barres



349

Quaker or instant oatmeal selected varieties 168-344 g céréales ou gruau



2199

McCafé coffee selected varieties 640-950 g café



129

Club House gravy or dry sauce mix selected varieties 21-47 g sauces



799

Kraft pizza mix cheese 850 g or grated parmesan cheese 250 g selected varieties fromage



199

no name® bleach 1.27 L eau de Javel



499

Windex 765-950 mL or Fantastik 650 mL selected varieties nettoyeurs



129

Whiskas Perfect Portions wet cat food selected varieties 75 g nourriture pour chats



2499

Pedigree high protein adult dog food 7 kg nourriture pour chiens



999

Charmin bath tissue 8=24 rolls or Bounty paper towels 4=6 rolls papier hygiénique rouleaux ou essuie-tout



let's do Summer right! mordez dans l'été

PRICES EFFECTIVE FOR 8 WEEKS
 THURSDAY, MAY 18 - WEDNESDAY, JULY 12
EN VIGUEUR 8 SEMAINES
 JEUDI 18 MAI - MERCREDI 12 JUILLET

Insiders Report
MUST TRY COUPS DE CŒUR

PC® Carolina Gold Sauce Pork Back Ribs refrigerated, 500 g côtes de dos de porc à la sauce dorée de la Caroline PC^{MD}

NEW NOUVEAU

13⁹⁹

Insiders Report
MUST TRY COUPS DE CŒUR

PC® 4-Layer Loaded Pierogi Dip 425 g trempette de pierogis garnis à 4 étages PC^{MD}

NEW NOUVEAU

7⁹⁹

Insiders Report
MUST TRY COUPS DE CŒUR

PC® Ube Boba Cream Pie frozen 730 g tarte à la crème ube boba PC^{MD}

NEW NOUVEAU

10⁹⁹

Insiders Report
MUST TRY COUPS DE CŒUR

PC® Blue Menu® Calamansi Citrus and Strawberry Sparkling Water 12 x 355 mL eau pétillante calamondin et fraise PC^{MD} Menu bleu^{MC}

NEW NOUVEAU

4⁹⁹

PC® Free From® sausage selected varieties 500 g saucisses PC^{MD} Simplement Bon^{MC}

7⁴⁹

PC® cedar plank salmon frozen 500 g saumon sur planche de cèdre PC^{MD}

21⁹⁹

PC® wild yellowfin tuna steaks frozen 280 g darnes de thon albacore sauvage PC^{MD}

8⁹⁹

PC® hummus or dips selected varieties 454/500 g hummus ou trempettes PC^{MD}

6⁹⁹

PC® shredded cheese selected varieties 620 g fromage râpé PC^{MD}

10⁹⁹

PC® or PC® Blue Menu® Thin and Crispy, focaccia, Loads of or Flatbread pizzas, selected varieties, frozen, 330-455 g pizzas Mince et croustillante, focaccia, Pleine de ou pain plat PC^{MD}, Menu bleu^{MC}

4⁴⁹

PC® salad dressing selected varieties 350/475 mL vinaigrette PC^{MD}

2⁹⁹

PC® MSC white tuna selected varieties 170 g thon blanc MSC PC^{MD}

3²⁹

PC® Blue Menu® beans selected varieties 540 mL légumineuses PC^{MD} Menu bleu^{MC}

1⁷⁹

PC® spring water 12 x 500 mL eau de source PC^{MD}

2⁴⁹

PC® Taco or Fajita Kit selected varieties 421/427 g ensemble à taco ou fajita PC^{MD}

3⁹⁹

PC® GREEN™ bathroom tissues or paper towel selected varieties 6/12's papier hygiénique ou essuie-tout PC^{MD} VERT^{MC}

6⁹⁹

PC® paper yard waste bag 5's sac à déchets de jardinage en papier PC^{MD}

4²⁹

PC® dinner napkins 180's serviettes de table PC^{MD}

6⁹⁹

PC® heavy duty freezer bags selected varieties 10-38's sacs à congélation robustes PC^{MD}

3⁴⁹



let's do Summer right! *mangez dans l'été*

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NEW NOUVEAU

MANGO & CALAMANSI CITRUS GRILLING RAW SHRIMP SKEWERS
BROCHETTES DE CREVETTES CRUES À GRILLER MANGUE ET CALAMONDIN PC^{MD}

Insiders Report
MUST TRY COUPS DE CŒUR

PC[®] Mango & Calamansi Citrus Raw Shrimp Skewers, frozen, 360 g brochettes de crevettes crues à la mangue et calamondin PC^{MD}

11⁹⁹

Insiders Report
MUST TRY COUPS DE CŒUR

JALAPEÑO
228 g 8 oz

PC[®] hot peppers selected varieties 80-226 g piments forts PC^{MD}

2⁹⁹

NEW NOUVEAU

Insiders Report
MUST TRY COUPS DE CŒUR

FILIPINO- PHILIPPIN LUMPIA
CHICKEN ADOBO - POULET ADOBO

PC[®] Filipino Chicken Adobo Lumpia frozen, 560 g lumpia au poulet adobo philippin PC^{MD}

10⁹⁹



PC[®] or Blue Menu[®] burgers selected varieties, frozen 1.02 g-1.36 kg burgers PC^{MD} ou Menu bleu^{MC}

14⁹⁹

PC[®] wings selected varieties, frozen 800/907 g ailes PC^{MD}

16⁹⁹

PC[®] Old-Fashioned Style bacon 1 kg bacon à l'ancienne PC^{MD}

15⁹⁹



PC[®] or Blue Menu[®] tortillas original or whole wheat 390/650 g tortillas PC^{MD} ou Menu bleu^{MC}

3⁴⁹

PC[®] Gigantico[™] hamburger or hot dog buns 6/8's pains à hamburger ou hot dog Gigantico^{MC} PC^{MD}

3⁹⁹

PC[®] naan rounds original or whole wheat, 8's pains naan ronds PC^{MD}

4⁴⁹

PC[®] Plant Based sweet Italian sausage, 400 g saucisse italienne douce à base de plantes PC^{MD}

7⁴⁹



PC[®] pickles, sweet roasted peppers or hot peppers selected varieties 300/500 mL cornichons, poivrons grillés ou piments forts PC^{MD}

2⁴⁹

PC[®] BBQ sauce selected varieties 500 mL sauce barbecue PC^{MD}

3²⁹

PC[®] or Blue Menu[®] ketchup selected varieties 750 mL/1 L ketchup PC^{MD} ou Menu bleu^{MC}

4²⁹

PC[®] mayonnaise selected varieties 750/890 mL mayonnaise PC^{MD}

5²⁹



PC[®] The Decadent[®] chocolate chip cookie selected varieties 280/300 g biscuits aux brisures de chocolat PC^{MD} Le décadent^{MC}

3⁴⁹

PC[®] roasted peanuts selected varieties 700 g arachides grillées PC^{MD}

4⁷⁹

PC[®] tortilla chips selected varieties 320-350 g croustilles de tortilla PC^{MD}

2²⁹

PC[®] salsa selected varieties 650 mL salsa PC^{MD}

3⁷⁹

NEW NOUVEAU

Insiders Report
MUST TRY COUPS DE CŒUR

UBE PANDESAL

PC[®] Ube Pandesal Buns 280 g pains ube pandesal PC^{MD}

3⁷⁹

Insiders Report
MUST TRY COUPS DE CŒUR

NEW NOUVEAU

GOAT'S MILK CHEDDAR LAIT DE CHÈVRE

PC[®] Goat's Milk Cheddar Cheese-Aged 1yr 200 g cheddar au lait de chèvre PC^{MD} vieilli un an

8⁹⁹

Insiders Report
MUST TRY COUPS DE CŒUR

NEW NOUVEAU

GUACAMOLE

PC[®] Chunky Guacamole 425 g guacamole avec gros morceaux PC^{MD}

7⁹⁹



And there's more!
Discover it all in store.
Bien plus encore à découvrir en magasin

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NEW NOUVEAU

Insiders Report

MUST TRY COUPS DE CŒUR

PC® Classic Street Cart Sausage 500 g
saucisses classiques Kiosque de rue PC^{MD}

5⁹⁹

NEW NOUVEAU

Insiders Report

MUST TRY COUPS DE CŒUR

PC® Wild Argentinian Shrimp Platter with Creamy Citrus Herb Sauce frozen, 400 g

19⁹⁹

NEW NOUVEAU

Insiders Report

MUST TRY COUPS DE CŒUR

PC® World of Flavours Korean-style Beef Short Ribs 500 g
bouts de côte de bœuf à la coréenne PC^{MD} Saveurs du monde^{MC}

16⁹⁹

CLUB SIZE • FORMAT CLUB

PC® cheese slices Club Size, selected varieties 500 g
tranches de fromage PC^{MD}

11⁹⁹

PC® frozen vegetables selected varieties 400-750 g
légumes surgelés PC^{MD}

4⁴⁹

PC® Splendido™ sliced deli meat selected varieties 100 g
charcuteries tranchées PC^{MD} Splendido^{MD}

5⁹⁹

PC® or Blue Menu® roasted pistachios product of U.S.A. 225 g
pistaches grillées PC^{MD} ou Menu bleu^{MC}

5⁴⁹

PC® deluxe mixed nuts 200 g or PC® Free From™ beef jerky 80 g
selected varieties noix mélangées de luxe PC^{MD} ou jerky au bœuf PC^{MD} Simplement Bon^{MC}

5²⁹

PC® Organics butter 250 g or cheese 200 g
selected varieties beurre ou fromage PC^{MD} Biologique

5⁷⁹

PC® balsamic 500 mL or natural 4 L vinegar pistaches grillées salées PC^{MD} ou Menu bleu^{MC}

3⁴⁹

PC® Splendido® cold pressed extra virgin olive oil 1 L
huile d'olive extra vierge pressée à froid PC^{MD} Splendido^{MD}

12⁹⁹

PC® couscous 340 g or risotto 170 g
selected varieties couscous ou risotto PC^{MD}

2⁴⁹

PC® cooking sauce selected varieties 400 mL
sauce à cuisson PC^{MD}

4⁷⁹

PC® soft drinks selected varieties 12 x 355 mL
boissons gazeuses PC^{MD}

5⁷⁹

PC® or Blue Menu® fruit cocktails or 100% juice blends selected varieties 1.89 L
cocktails de fruits ou mélanges de jus à 100% PC^{MD} ou Menu bleu^{MC}

3⁷⁹

PC® de-alcoholized beer selected varieties 12 x 355 mL
bière désalcoolisée PC^{MD}

9⁹⁹

PC® de-alcoholized wine selected varieties 750 mL
vin désalcoolisé PC^{MD}

7⁴⁹

NEW NOUVEAU

Insiders Report

MUST TRY COUPS DE CŒUR

PC® Calamansi Lemonade refrigerated, 1.54 L
limonade au calamondin PC^{MD}

3⁴⁹

NEW NOUVEAU

Insiders Report

MUST TRY COUPS DE CŒUR

PC® World of Flavours Filipino Adobo Chicken Flavour Chips, 200 g
croustilles à saveur de poulet adobo philippin Saveurs du monde PC^{MD}

2²⁹

NEW NOUVEAU

Insiders Report

MUST TRY COUPS DE CŒUR

PC® Smokin' Stampede Corn Ribs 500 g
maïs façon côtes levées Stampede fumé PC^{MD}

4⁹⁹



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MUST TRY COUPS DE CŒUR

NEW NOUVEAU

PC® Chocolatey Dipped Sugar Cones, 120 g
cornets en sucre trempés dans le chocolat PC^{MD}

249

Insiders Report
MUST TRY COUPS DE CŒUR

NEW NOUVEAU

PC® Peanut Butter Syrup 428 mL
sirop au beurre d'arachide PC^{MD}

399

Insiders Report
MUST TRY COUPS DE CŒUR

NEW NOUVEAU

PC® Plant Based Peanut Butter Delights 6 x 32 mL
délices au beurre d'arachide à base de plantes PC^{MD}

499

delights délices
BEURRE D'ARACHIDE

PC® frozen fruit selected varieties, frozen 490-710 g
mini éclairs ou profiteroles PC^{MD}

1199

PC® frozen fruit selected varieties 400-600 g
fruits surgelés PC^{MD}

449

STRAWBERRIES FRAISES
WHOLE - ENTIÈRES

PC® Cream First™ or Loads of ice cream selected varieties, frozen, 1.5 L
crème glacée PC^{MD}
La crème avant tout^{MC} ou pleine de

649

Cream First

PC® or Blue Menu® smoothie or fruit bars selected varieties, frozen, 6/12's
barres Smoothie ou aux fruits PC^{MD} ou Menu bleu^{MC}

599

Blue MENU
RASPBERRY SWIRL SMOOTHIE

PC® Ice Cream Shop ice cream bars selected varieties, frozen, 6's
barres à la crème glacée Délices du bar laitier PC^{MD}

449

Ice Cream Shop BANANA SPLIT

PC® popsicles selected varieties, frozen 6's
pops PC^{MD}

499

RASPBERRY HIBISCUS
FLAVOURED ICE POPS

PC® Ice Cream Shop ice cream selected varieties, frozen 946 mL
crème glacée Délices du bar laitier PC^{MD}

379

Ice Cream Shop BANANA SPLIT

PC® maple flavour marshmallows 400 g
guimauves à saveur d'érable PC^{MD}

299

MAPLE D'ÉRABLE

PC® chocolate covered fruits or nuts selected varieties 200-400 g
fruits ou noix enrobés de chocolat PC^{MD}

629

ALMOND MEDLEY MÉLANGE D'AMANDES
ALMONDS AMANDES

PC® gold chocolate bar selected varieties 300 g
barres de chocolat or PC^{MD}

499

MILK CHOCOLATE WITH ALMONDS
CHOCOLAT AU LAIT AVEC AMANDES

PC® ground coffee 112-340 g or coffee pods 8-14's
selected varieties café moulu ou capsules de café PC^{MD}

849

COSTA RICA

PC® orange juice selected varieties, refrigerated 2.5 L
jus d'orange PC^{MD}

599

Pulp Free 100% Juice

PC® lactose free sour cream 500 mL
crème sure sans lactose PC^{MD}

349

14% SOUR CREAM CRÈME SÛRE

PC® granola bars selected varieties 156-190 g
barres granola PC^{MD}

249

Rich & Chewy Riches à tendres
CHOCOLATE CHIP BRISURES CHOCOLAT

PC® S'mores kit 600 g
kit à s'mores PC^{MD}

699

Kit à S'MORES Kit

PC® or Blue Menu® English muffins or crumpets selected varieties 6's
muffins anglais ou crumpets PC^{MD} ou Menu bleu^{MC}

249

ENGLISH MUFFINS ANGLAIS ORIGINAL NATURE
CRUMPETS STYLE BRITANNIQUE

PC® cinnamon raisin bread 675 g
pain à la cannelle avec raisins PC^{MD}

399

PAIN À LA CANNELLE AVEC RAISINS

PC® tea selected varieties 20's
thé PC^{MD}

249

CHAI Black Tea

PC® waffles selected varieties, frozen 390 g
gaufres PC^{MD}

399

BELGIAN WAFFLES ORIGINAL NATURE GAUFRES BELGES

PC® 100% pure maple syrup Canada Grade A Amber 500 mL
sirop d'érable 100% pur PC^{MD}
catégorie Canada A, ambre

1249

100% PURE MAPLE SYRUP
SIROP D'ÉRABLE 100% PUR

PC® or Blue Menu® pancake mix 905 g or table syrup 750 mL
selected varieties mélange à crêpes ou sirop de table PC^{MD} ou Menu bleu^{MC}

329

BUTTERMILK BABEURRE

PC® Blue Menu® Muesli selected varieties 450 g
muesli PC^{MD} Menu bleu^{MC}

349

MAPLE MÜESLI

PC® or Blue Menu® cereal selected varieties 450-725 g
céréales PC^{MD} ou Menu bleu^{MC}

599

FROSTED FLAKES