



Insiders Report™

let's do Summer right!
mordez dans l'été

Insiders Report
MUST TRY COUPS DE CŒUR

NEW NOUVEAU

UMAMI WAGYU BURGERS
WAGYU UMAMI



12⁹⁹

PC® Black Label Umami Wagyu burgers frozen 568 g burgers Wagyu Umami PC^{MD} Collection noire

NEW NOUVEAU

Insiders Report
MUST TRY COUPS DE CŒUR



PC® Lobster Roll Kit frozen 440 g kit à guédilles au homard PC^{MD}

24⁹⁹

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MUST TRY COUPS DE CŒUR

NEW NOUVEAU

PC® Cookie Dough Vanilla Chocolate Chip Ice Cream Bites 6 x 30 mL bouchées de crème glacée vanille et brisures de chocolat pâtes à biscuits PC^{MD}

4⁹⁹



NEW NOUVEAU

Insiders Report
MUST TRY COUPS DE CŒUR



PC® Orange Cream Soda Flavour Sparkling Water selected varieties 12 x 355 mL eau pétillante saveur soda mousse à l'orange PC^{MD}

4⁹⁹



PRICES EFFECTIVE FOR 8 WEEKS
THURSDAY, MAY 18 - WEDNESDAY, JULY 12, 2023
EN VIGUEUR 8 SEMAINES
DU JEUDI 18 MAI AU MERCREDI 12 JUILLET 2023

FMA FLAP 1

Long Weekend Deals!
Offres prolongées du long week-end!



3⁴⁹

Black Diamond Slices processed cheese product selected varieties 410 g produit de fromage fondu en tranches Black Diamond



Pizza Delight pepperoni or Brandt Kolbassa sausage selected varieties 250 g pepperoni Pizza Delight ou saucisson kolbassa Brandt

4⁴⁹



5⁴⁹

Chapman's Premium ice cream, frozen yogurt or sorbet selected varieties, frozen 2 L crème glacée Premium, yogurt glacé ou sorbet Chapman's



Hellmann's mayonnaise selected varieties 710-890 mL mayonnaise Hellmann's

5⁹⁹



See our flyer online visit freshmart.ca

FMA FLAP 2

FROM THURSDAY, MAY 18TH
TO WEDNESDAY, MAY 24TH, 2023
DU JEUDI 18 MAI AU
MERCREDI 24 MAI 2023
visit freshmart.ca

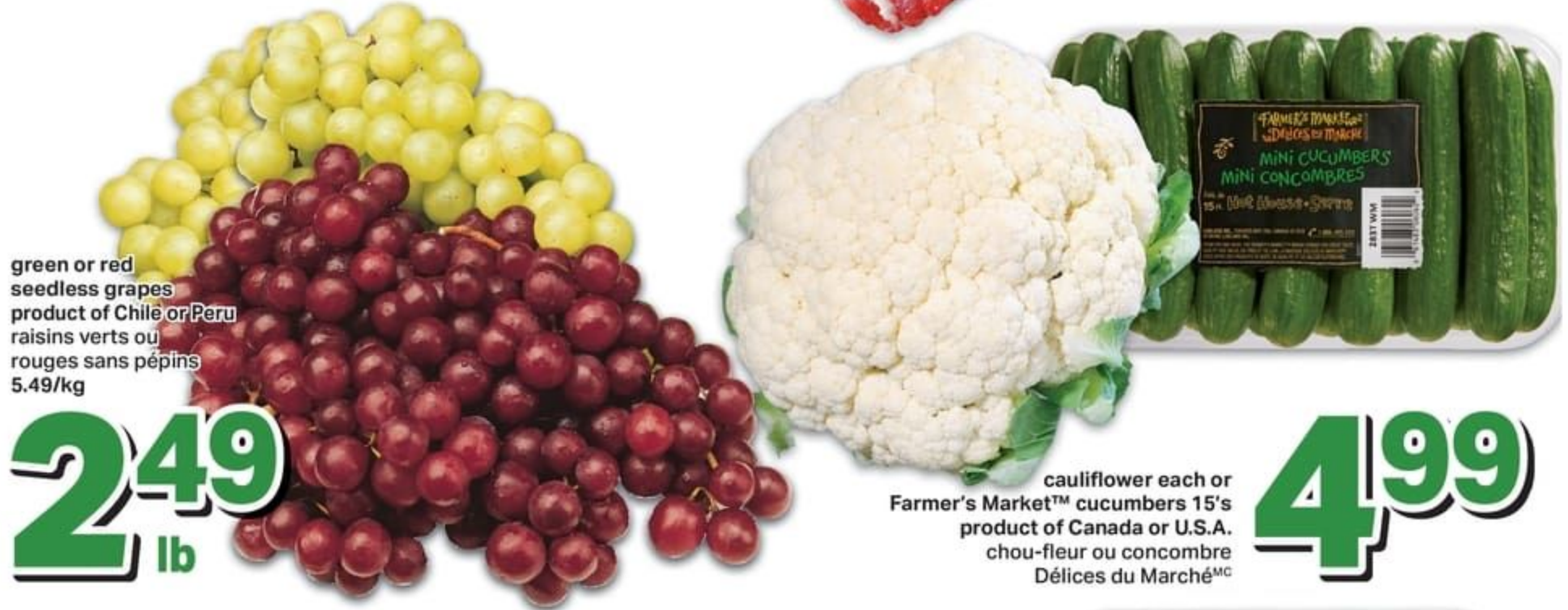
Freshmart[®]

freshmart RED & WHITE FOOD STORE
Your Neighbourhood Grocer



6.99
lb
top sirloin steak*
club size
bifteck de haut de surlonge*
15.41/kg

pork back ribs
or tenderloins
cryovac 2's
côtes de dos ou
filets de porc
8.80/kg **3.99**
lb



green or red
seedless grapes
product of Chile or Peru
raisins verts ou
rouges sans pépins
5.49/kg

2.49
lb

cauliflower each or
Farmer's Market[™] cucumbers 15's
product of Canada or U.S.A.
chou-fleur ou concombre
Délices du Marché^{MC}

4.99



Ziggy's[®] fresh
pasta or salad
selected varieties
350-454 g
pâtes fraîches ou
salades Ziggy's[®]

2.49

Farmer's Market[™] muffins
selected varieties
6's
muffins Délices du Marché^{MC}

4.99



6.49
Coca-Cola, Canada Dry,
Pepsi soft drinks
or Nestlé Iced Tea
selected varieties
12 x 341/355 mL
boissons gazeuses
Coca-Cola, Canada Dry,
Pepsi ou thé glacé Nestlé

3.99
Kellogg's cereal
selected varieties
247-525 g
céréales Kellogg's

Black Diamond bars
400 g or shredded
320 g cheese
selected varieties
barres de fromage
ou fromage râpé
Black Diamond

4.49



Heinz Ketchup
selected varieties
750 mL-1 L
ketchup Heinz

4.49

Hunt's Manwich sauce 398 mL
or Knorr Sidekicks 124-162 g
selected varieties
sauce Manwich Hunt's
ou Sidekicks Knorr

1.79

PC[®] bathroom tissue
12=24 or paper towels 6=6
papier hygiénique
ou essuie-tout PC^{MD}

6.49

*cut from Canada AA grade beef or higher / *provenant de bœuf Canada AA ou d'une catégorie plus élevée

Meat & Seafood

Viandes & Poissonnerie



7⁹⁹
lb

chicken breast fillets
club size, boneless
filets de poitrine
de poulet
17.61/Kg

9⁹⁹

beef short ribs*
club size
bouts de côtes
de bœuf*
22.02/kg

9⁹⁹

Atlantic Choice
sausage
selected varieties
1 kg
saucisses
Atlantic Choice



9⁹⁹

PC® spring rolls
selected varieties, frozen
574 g
rouleaux de printemps PC^{MD}

11⁹⁹

PC® Smokies™ sausage
selected varieties
1 kg
saucisses Smokies^{MC} PC^{MD}

9⁹⁹

SeaQuest®
salad shrimp
frozen
454 g
crevettes
pour salade
SeaQuest®

Deli Meat & Cheese

Charcuterie & Fromagerie



9²⁹

Piller's sticks, bites or pepperettes
selected varieties
375-500 g
bâtonnets, bites
ou pepperettes Piller's

6⁹⁹

Balderson cheese
selected varieties
250/280 g
fromage Balderson



4⁹⁹

The Laughing Cow cheese
120-140 g or Mini BabyBel
102-120 g
selected varieties
fromage La Vache qui rit
ou Mini Babybel

Dairy & Frozen

Produits laitiers & surgelés



3⁹⁹

Danone Oikos 4's or Danone
Danino drinkable yogurt 6's
selected varieties
yogourt Oikos Danone ou à boire Danino Danone

Pillsbury cookie dough
or cinnamon rolls
selected varieties,
refrigerated
454/496 g
pâte à biscuits ou
brioches à la cannelle
Pillsbury

3⁹⁹



12⁴⁹

High Liner Pan-Sear,
Signature cuts, bites or shrimp
selected varieties, frozen
425-540 g
poisson, bouchées ou
crevettes Poêlée Sélecte,
Coupes Signature High Liner

1⁷⁹

no name® orange juice
concentrate
selected varieties
283 mL
jus d'orange
fait de concentré
sans nom®



5⁹⁹

Cracker Barrel cheese slices
selected varieties
200-240 g
tranches de fromage Cracker Barrel



7⁹⁹

Swanson family skillet 1.19 kg
or Marie Callender's dinner
entrées 680/879 g
selected varieties, frozen
repas à poêler format familial Swanson
ou plats cuisinés Marie Callender's



1⁹⁹

no name® buttermilk pancakes
310 g
crêpes au babeurre sans nom®



5⁴⁹

PC® Organic's smoothie blend 450 g
or Amy's frozen entrées 241-284 g
selected varieties
mélange pour smoothie
PC^{MD} Biologique ou plats cuisinés
surgelés Amy's

Fruits & Vegetables

Fruits & Légumes



5⁹⁹

Farmer's Market™ corn product of U.S.A. 4's maïs Délices du Marché^{MC}



6⁹⁹

Farmer's Market™ Roma tomatoes 3 lb, product of Mexico or PC® Axiany or Mixiany tomatoes 680 g product of Canada tomates Roma Délices du Marché^{MC} ou tomates Axiany ou Mixiany PC^{MD}



2²⁹

PC® Boston live lettuce product of Canada 1's Boston vivante PC^{MD}



6⁹⁹

mini watermelon product of Guatemala each mini-melon d'eau



6⁹⁹

PC® Orri mandarins product of Israel 2 lb mandarines Orri PC^{MD}



5⁹⁹

kiwi product of Greece 2 lb kiwi

Bakery

Boulangerie



4⁹⁹

old mill pies apple or blueberry 550 g tartes vieux moulin



5⁷⁹

Farmer's Market™ tarts 6/12's or Donut Time mini donuts 600 g selected varieties tartellettes Délices du Marché^{MC} ou mini-beignes Donut Time



5⁴⁹

La Fournée dorée sliced Brioche bread 500 g pain Brioche en tranches La Fournée Dorée

Grocery

Épicerie

bubly sparkling water selected varieties 12 x 355 mL eau pétillante bubly

6⁹⁹



Trident or Dentyne gum selected varieties 40/60's gomme Trident ou Dentyne

4⁴⁹



no name® instant coffee selected varieties 150 g café instantané sans nom®

3⁹⁹



Dare crackers selected varieties 100-225 g craquelins Dare

2⁷⁹



Kingsford charcoal briquets 8 lbs briquettes de charbon Kingsford

7⁹⁹



TRY NOW!
ESSAYEZ MAINTENANT

3⁹⁹
Tostitos® tortilla chips 205 - 300 g, dip or salsa 416 - 418 g/418 - 423 mL (selected varieties)
croustilles de tortilla, trempette ou salsa Tostitos® (variétés sélectionnées)



3⁴⁹
Lay's® potato chips (220 - 235 g, selected varieties) or Lay's Poppables® potato snacks (130 g, selected flavours)
Croustilles Lay's® (variétés sélectionnées) ou collations de pommes de terre Lay's Poppables® (variétés sélectionnées)



3⁹⁹
Doritos® tortilla chips or Doritos Dinamita® rolled tortilla chips (selected varieties)
Chips tortilla Doritos® (variétés sélectionnées) 270 - 280 g



3⁹⁹
Popcorners flavoured popped-corn chips (selected flavours)
croustilles de maïs soufflé aromatisés Popcorners (variétés sélectionnées) 142 g



Grocery Épicerie



4.49

Becel margarine selected varieties 427/454 g margarine Becel



5.49

12 x 120 mL Vanilla Chapman's Super novelties selected varieties, frozen 5-20's friandises glacées Super Chapman's

Mott's Garden cocktail or Clamato juice selected varieties 1.89 L jus Garden Cocktail ou Clamato Mott's



3.79

Danone Activia yogurt selected varieties 3/8's yogurt Activia Danone



4.49

Gatorade Fit sports drinks selected varieties 828 mL boissons désaltérantes Fit Gatorade



1.99



no name® fries or puffs selected varieties, frozen 1 kg frites ou mini-croquettes de pommes de terre sans nom®

2.99

Pearl Milling Company pancake mix 905 g or syrup 710 mL selected varieties mélange à crêpes ou sirop Pearl Milling Company



3.99



Tetley, Red Rose or Salada tea selected varieties 60/72's thé Tetley, Red Rose ou Salada

4.49

no name® sweet green relish 750 mL relish verte sucrée sans nom®

2.79



Dole pineapple selected varieties 398 mL ananas Dole

1.99



PC® rice, lentils, split peas or beans selected varieties 250/900 g riz, lentilles, pois cassés ou haricots PC^{MD}

2.99



Jell-O jelly powder selected varieties 85 g poudre à gelée Jell-O

.99



PC® gold chocolate bar selected varieties 300 g barres de chocolat or PC^{MD}

4.99



no name® foil wrap 25 ft or plastic wrap 30 m papier d'aluminium ou pellicule plastique sans nom®

2.29



Glad garbage bags selected varieties 20-100's sacs à ordures Glad

10.99



PC® Extra Meaty dog food selected varieties 374 g nourriture pour chiens Extra viande PC^{MD}

1.99



PC® Extra Meaty dry cat food selected varieties 2 kg nourriture sèche pour chats Extra viande PC^{MD}

6.79



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2023 Loblaw's Inc.





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PRICES EFFECTIVE FOR 8 WEEKS
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 JEUDI 18 MAI - MERCREDI 12 JUILLET

Insiders Report
MUST TRY COUPS DE CŒUR

PC® Carolina Gold Sauce Pork Back Ribs refrigerated, 500 g côtes de dos de porc à la sauce dorée de la Caroline PC^{MD}

NEW NOUVEAU

13⁹⁹

Insiders Report
MUST TRY COUPS DE CŒUR

PC® 4-Layer Loaded Pierogi Dip 425 g trempette de pierogis garnis à 4 étages PC^{MD}

NEW NOUVEAU

7⁹⁹

Insiders Report
MUST TRY COUPS DE CŒUR

PC® Ube Boba Cream Pie frozen 730 g tarte à la crème ube boba PC^{MD}

NEW NOUVEAU

10⁹⁹

Insiders Report
MUST TRY COUPS DE CŒUR

PC® Blue Menu® Calamansi Citrus and Strawberry Sparkling Water 12 x 355 mL eau pétillante calamondin et fraise PC^{MD} Menu bleu^{MC}

NEW NOUVEAU

4⁹⁹

PC® Free From® sausage selected varieties 500 g saucisses PC^{MD} Simplement Bon^{MC}

7⁴⁹

PC® cedar plank salmon frozen 500 g saumon sur planche de cèdre PC^{MD}

21⁹⁹

PC® wild yellowfin tuna steaks frozen 280 g darnes de thon albacore sauvage PC^{MD}

8⁹⁹

PC® hummus or dips selected varieties 454/500 g hummus ou trempettes PC^{MD}

6⁹⁹

PC® shredded cheese selected varieties 620 g fromage râpé PC^{MD}

10⁹⁹

PC® or PC®Blue Menu® Thin and Crispy, focaccia, Loads of or Flatbread pizzas, selected varieties, frozen, 330-455 g pizzas Mince et croustillante, focaccia, Pleine de ou pain plat PC^{MD}, Menu bleu^{MC}

4⁴⁹

PC® salad dressing selected varieties 350/475 mL vinaigrette PC^{MD}

2⁹⁹

PC® MSC white tuna selected varieties 170 g thon blanc MSC PC^{MD}

3²⁹

PC® Blue Menu® beans selected varieties 540 mL légumineuses PC^{MD} Menu bleu^{MC}

1⁷⁹

PC® spring water 12 x 500 mL eau de source PC^{MD}

2⁴⁹

PC® Taco or Fajita Kit selected varieties 421/427 g ensemble à taco ou fajita PC^{MD}

3⁹⁹

PC® GREEN™ bathroom tissues or paper towel selected varieties 6/12's papier hygiénique ou essuie-tout PC^{MD} VERT^{MC}

6⁹⁹

PC® paper yard waste bag 5's sac à déchets de jardinage en papier PC^{MD}

4²⁹

PC® dinner napkins 180's serviettes de table PC^{MD}

6⁹⁹

PC® heavy duty freezer bags selected varieties 10-38's sacs à congélation robustes PC^{MD}

3⁴⁹



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NEW NOUVEAU

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MUST TRY COUPS DE CŒUR

PC® **Mango & Calamansi Citrus Raw Shrimp Skewers, frozen, 360 g**
 brochettes de crevettes crues à la mangue et calamondin PC^{MD}

11.99

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MUST TRY COUPS DE CŒUR

PC® **hot peppers selected varieties 80-226 g**
 piments forts PC^{MD}

2.99

NEW NOUVEAU

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MUST TRY COUPS DE CŒUR

PC® **Filipino Chicken Adobo Lumpia frozen, 560 g**
 lumpia au poulet adobo philippin PC^{MD}

10.99



14.99

PC® or Blue Menu® burgers selected varieties, frozen 1.02 g-1.36 kg burgers PC^{MD} ou Menu bleu^{MC}



16.99

PC® wings selected varieties, frozen 800/907 g ailes PC^{MD}



15.99

PC® Old-Fashioned Style bacon 1 kg bacon à l'ancienne PC^{MD}



3.49

PC® or Blue Menu® tortillas original or whole wheat 390/650 g tortillas PC^{MD} ou Menu bleu^{MC}



3.99

PC® Gigantico™ hamburger or hot dog buns 6/8's pains à hamburger ou hot dog Gigantico^{MC} PC^{MD}



4.49

PC® naan rounds original or whole wheat, 8's pains naan ronds PC^{MD}



7.49

PC® Plant Based sweet Italian sausage, 400 g saucisse italienne douce à base de plantes PC^{MD}



2.49

PC® pickles, sweet roasted peppers or hot peppers selected varieties 300/500 mL cornichons, poivrons grillés ou piments forts PC^{MD}



3.29

PC® BBQ sauce selected varieties 500 mL sauce barbecue PC^{MD}



4.29

PC® or Blue Menu® ketchup selected varieties 750 mL/1 L ketchup PC^{MD} ou Menu bleu^{MC}



5.29

PC® mayonnaise selected varieties 750/890 mL mayonnaise PC^{MD}



3.49

PC® The Decadent® chocolate chip cookie selected varieties 280/300 g biscuits aux brisures de chocolat PC^{MD} Le décadent^{MC}



4.79

PC® roasted peanuts selected varieties 700 g arachides grillées PC^{MD}



2.29

PC® tortilla chips selected varieties 320-350 g croustilles de tortilla PC^{MD}



3.79

PC® salsa selected varieties 650 mL salsa PC^{MD}

NEW NOUVEAU

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MUST TRY COUPS DE CŒUR

PC® **Ube Pandesal Buns 280 g**
 pains ube pandesal PC^{MD}

3.79

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MUST TRY COUPS DE CŒUR

NEW NOUVEAU

PC® **Goat's Milk Cheddar Cheese-Aged 1yr 200 g**
 cheddar au lait de chèvre PC^{MD} vieilli un an

8.99

Insiders Report

MUST TRY COUPS DE CŒUR

NEW NOUVEAU

PC® **Chunky Guacamole 425 g**
 guacamole avec gros morceaux PC^{MD}

7.99



And there's more!
Discover it all in store.
Bien plus encore à découvrir en magasin

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NEW NOUVEAU

Insiders Report
MUST TRY COUPS DE CŒUR

5⁹⁹ PC® Classic Street Cart Sausage 500 g saucisses classiques Kiosque de rue PC^{MD}

NEW NOUVEAU

Insiders Report
MUST TRY COUPS DE CŒUR

19⁹⁹ PC® Wild Argentinian Shrimp Platter with Creamy Citrus Herb Sauce frozen, 400 g

NEW NOUVEAU

Insiders Report
MUST TRY COUPS DE CŒUR

16⁹⁹ PC® World of Flavours Korean-style Beef Short Ribs 500 g bouts de côte de bœuf à la coréenne PC^{MD} Saveurs du monde^{MC}

CLUB SIZE • FORMAT CLUB

11⁹⁹ PC® cheese slices Club Size, selected varieties 500 g tranches de fromage PC^{MD}

Insiders Report

4⁴⁹ PC® frozen vegetables selected varieties 400-750 g légumes surgelés PC^{MD}

Insiders Report

5⁹⁹ PC® Splendido™ sliced deli meat selected varieties 100 g charcuteries tranchées PC^{MD} Splendido^{MD}

Insiders Report

5⁴⁹ PC® or Blue Menu® roasted pistachios product of U.S.A. 225 g pistaches grillées PC^{MD} ou Menu bleu^{MC}

Insiders Report

5²⁹ PC® deluxe mixed nuts 200 g or PC® Free From™ beef jerky 80 g selected varieties noix mélangées de luxe PC^{MD} ou jerky au bœuf PC^{MD} Simplement Bon^{MC}

Insiders Report

5⁷⁹ PC® Organics butter 250 g or cheese 200 g selected varieties beurre ou fromage PC^{MD} Biologique

Insiders Report

3⁴⁹ PC® balsamic 500 mL or natural 4 L vinegar pistaches grillées salées PC^{MD} ou Menu bleu^{MC}

Insiders Report

12⁹⁹ PC® Splendido® cold pressed extra virgin olive oil 1 L huile d'olive extra vierge pressée à froid PC^{MD} Splendido^{MD}

Insiders Report

2⁴⁹ PC® couscous 340 g or risotto 170 g selected varieties couscous ou risotto PC^{MD}

Insiders Report

4⁷⁹ PC® cooking sauce selected varieties 400 mL sauce à cuisson PC^{MD}

Insiders Report

5⁷⁹ PC® soft drinks selected varieties 12 x 355 mL boissons gazeuses PC^{MD}

Insiders Report

3⁷⁹ PC® or Blue Menu® fruit cocktails or 100% juice blends selected varieties 1.89 L cocktails de fruits ou mélanges de jus à 100% PC^{MD} ou Menu bleu^{MC}

Insiders Report

9⁹⁹ PC® de-alcoholized beer selected varieties 12 x 355 mL bière désalcoolisée PC^{MD}

Insiders Report

7⁴⁹ PC® de-alcoholized wine selected varieties 750 mL vin désalcoolisé PC^{MD}

Insiders Report
MUST TRY COUPS DE CŒUR

NEW NOUVEAU

3⁴⁹ PC® Calamansi Lemonade refrigerated, 1.54 L limonade au calamondin PC^{MD}

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MUST TRY COUPS DE CŒUR

NEW NOUVEAU

2²⁹ PC® World of Flavours Filipino Adobo Chicken Flavour Chips, 200 g croustilles à saveur de poulet adobo philippin Saveurs du monde PC^{MD}

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MUST TRY COUPS DE CŒUR

NEW NOUVEAU

4⁹⁹ PC® Smokin' Stampede Corn Ribs 500 g maïs façon côtes levées Stampede fumé PC^{MD}



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NEW NOUVEAU

PC® Chocolate Dipped Sugar Cones, 120 g
cornets en sucre trempés dans le chocolat PC^{MD}

249

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NEW NOUVEAU

PC® Peanut Butter Syrup 428 mL
sirop au beurre d'arachide PC^{MD}

399

NEW NOUVEAU

PC® Plant Based Peanut Butter Delights 6 x 32 mL
délices au beurre d'arachide à base de plantes PC^{MD}

499

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MUST TRY COUPS DE CŒUR

PC® Peanut Butter Delights délices BEURRE D'ARACHIDE

PC® mini éclairs or profiteroles selected varieties, frozen 490-710 g
mini éclairs ou profiteroles PC^{MD}

1199

PC® frozen fruit selected varieties 400-600 g
fruits surgelés PC^{MD}

449

PC® Strawberries Fraises WHOLE - ENTIÈRES

PC® Cream First™ or Loads of ice cream selected varieties, frozen, 1.5 L
crème glacée PC^{MD}
La crème avant tout^{MC} ou pleine de

649

PC® or Blue Menu® smoothie or fruit bars selected varieties, frozen, 6/12's
barres Smoothie ou aux fruits PC^{MD} ou Menu bleu^{MC}

599

PC® Raspberry Swirl Smoothie

PC® Ice Cream Shop ice cream bars selected varieties, frozen, 6's
barres à la crème glacée Délices du bar laitier PC^{MD}

449

PC® Ice Cream Shop BANANA SPLIT

PC® popsicles selected varieties, frozen 6's
pops PC^{MD}

499

PC® Raspberry Hibiscus Flavoured Ice Pops

PC® Ice Cream Shop ice cream selected varieties, frozen 946 mL
crème glacée Délices du bar laitier PC^{MD}

379

PC® Ice Cream Shop BANANA SPLIT

PC® maple flavour marshmallows 400 g
guimauves à saveur d'érable PC^{MD}

299

PC® Maple D'Érable

PC® chocolate covered fruits or nuts selected varieties 200-400 g
fruits ou noix enrobés de chocolat PC^{MD}

629

PC® Almond Medley Mélange d'Amandes

PC® gold chocolate bar selected varieties 300 g
barres de chocolat or PC^{MD}

499

PC® Gold Chocolate Bar

PC® ground coffee 112-340 g or coffee pods 8-14's
selected varieties café moulu ou capsules de café PC^{MD}

849

PC® Costa Rica

PC® orange juice selected varieties, refrigerated 2.5 L
jus d'orange PC^{MD}

599

PC® Orange Juice

PC® lactose free sour cream 500 mL
crème sure sans lactose PC^{MD}

349

PC® Lactose Free Sour Cream

PC® granola bars selected varieties 156-190 g
barres granola PC^{MD}

249

PC® Rich & Chewy Riches & tendres

PC® S'mores kit 600 g
kit à s'mores PC^{MD}

699

PC® S'mores Kit

PC® or Blue Menu® English muffins or crumpets selected varieties 6's
muffins anglais ou crumpets PC^{MD} ou Menu bleu^{MC}

249

PC® English Muffins

PC® cinnamon raisin bread 675 g
pain à la cannelle avec raisins PC^{MD}

399

PC® Cinnamon Raisin Bread

PC® tea selected varieties 20's
thé PC^{MD}

249

PC® Chai Black Tea

PC® waffles selected varieties, frozen 390 g
gaufres PC^{MD}

399

PC® Belgian Waffles Original Nature

PC® 100% pure maple syrup Canada Grade A Amber 500 mL
sirop d'érable 100% pur PC^{MD}
catégorie Canada A, ambre

1249

PC® 100% Pure Maple Syrup

PC® or Blue Menu® pancake mix 905 g or table syrup 750 mL
selected varieties mélange à crêpes ou sirop de table PC^{MD} ou Menu bleu^{MC}

329

PC® Pancake Mix

PC® Blue Menu® Muesli selected varieties 450 g
muesli PC^{MD} Menu bleu^{MC}

349

PC® Blue Menu Muesli

PC® or Blue Menu® cereal selected varieties 450-725 g
céréales PC^{MD} ou Menu bleu^{MC}

599

PC® Frosted Flakes