

FROM THURSDAY, MAY 11TH
TO WEDNESDAY, MAY 17TH, 2023

DU JEUDI 11 MAI AU
MERCREDI 17 MAI 2023

visit freshmart.ca

Freshmart

freshmart NEW & IMPROVED
Your Neighbourhood Grocer



6⁹⁹

Janes Pub Style breaded chicken 700 g
selected varieties or SeaQuest® shrimp ring
227 g, frozen
poulet pané Style Pub Janes ou
couronne de crevettes SeaQuest®

2⁴⁹
lb

whole chicken bagged
poulet entier en sac
5.49/kg



blueberries
product of U.S.A.
pint
bleuets

3²⁹



PC® mushrooms 227 g
product of Canada or
PC® salads 142 g, product of U.S.A.
selected varieties
champignons PC^{MD} ou salades PC^{MD}

1⁹⁹



4⁹⁹

Boursin or Agropur Notre-Dame Brie cheese
selected varieties
130-170 g
fromage Boursin ou brie Notre-Dame Agropur



Farmer's Market™ squares or coffee cakes
selected varieties
400-500 g
carrés ou gâteaux pause-café
Délices du Marché^{MC}

5⁴⁹



Old Dutch
potato chips
selected varieties
180 g
croustilles Old Dutch

2²⁹



Coca-Cola or Pepsi
soft drinks
selected varieties
2 L
boissons gazeuses
Coca-Cola ou Pepsi

2/4⁵⁰
or \$2.25 ea.



3⁹⁹

Philadelphia cream cheese
product, selected varieties
227/250 g
produit de fromage
à la crème Philadelphia



PC® cookies
or crepes
selected varieties
100-350 g
biscuits ou
crêpes PC^{MD}

2⁴⁹



Nescafé or
Taster's Choice
instant coffee
selected varieties
100-170 g
café instantané
Nescafé ou
Taster's Choice

4⁹⁹



Terra Delyssa
extra virgin olive oil
1 L
huile d'olive extra
vierge Terra Delyssa

9⁹⁹

Happy
Mother's Day
Bonne fête des Mères



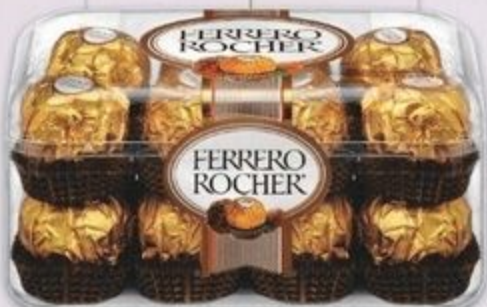
2⁹⁹

rasberries or blackberries
product of Mexico or U.S.A.
6 oz
framboises ou mûres



Farmer's Market™
round cakes
selected varieties
750-875 g
gâteaux ronds
Délices du Marché^{MC}

12⁹⁹



6⁴⁹

Ferrero Rocher jewel box
200 g
boîte à bijoux
Ferrero Rocher



Breyers Creamery Style
ice cream, frozen desserts
selected varieties
1.66 L
crème glacée Style crèmerie,
desserts glacés Breyers

3⁹⁹



See our flyer online
visit freshmart.ca

Share the love

Partager l'amour



4.49

PC® goat cheese logs 140 g,
Castello blue cheese 125 g,
PC® crisps 150 g or Snack Factory
pretzel crisps 200 g
selected varieties
bûchettes de chèvre PC^{MD},
bleu Castello, craquelins PC^{MD}
ou Pretzel Crisps Snack Factory



PC® Splendido or
Naturel choice deli meat
selected varieties, 200-400 g
charcuteries PC^{MD} Splendido^{MD}
ou Le choix Naturel®

8.99



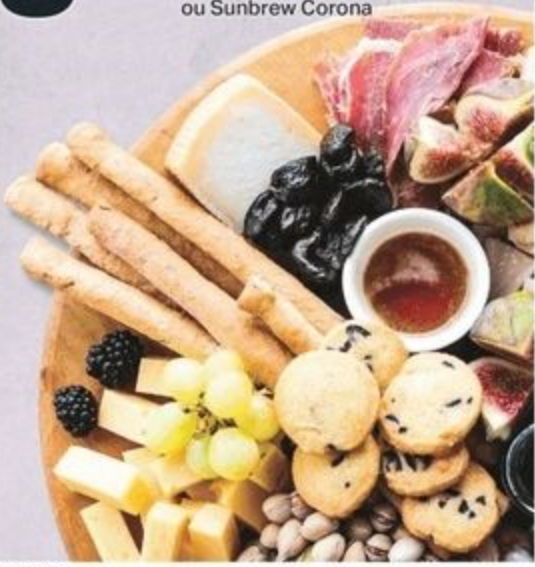
PC® pita or
scalloped crackers
selected varieties
100-500 g
pita ou craquelins
à bord dentelé
PC^{MD}

2.79



8.99

Budweiser zero or Corona
Sunbrew non alcoholic beer
6 x 330/341 mL
bière sans alcool Budweiser Zero
ou Sunbrew Corona



Meat & Seafood Viandes & Poissonnerie



6⁹⁹
lb

tenderized hip or inside round fast-fry steak* club size
bifteck de cuisse ou d'intérieur de ronde attendri pour sauté*
15.41/kg

3⁹⁹
lb

lean ground pork club size
porc haché maigre
8.80/kg

7⁴⁹
lb

chicken thighs boneless, skinless club size
hauts de cuisse de poulet
16.51/kg



5⁹⁹
Schneiders or Maple Leaf bacon 375 g or Maple Leaf Ready Crisp bacon 65 g selected varieties
bacon Schneiders ou Maple Leaf, bacon Ready Crisp Maple Leaf



5⁴⁹
Johnsonville breakfast sausage or rounds selected varieties 250/375 g
saucisse à déjeuner ou rondines de saucisse Johnsonville

SeaQuest® crab, lobster flavoured pollock flakes or chunks selected varieties, ready-to-eat or Dom smoked salmon, frozen 50/227 g
goberge à saveur de crabe, homard SeaQuest® flocons ou morceaux prêts à manger ou saumon fumé DOM

2⁹⁹



Deli Meat & Cheese Charcuterie & Fromagerie



1⁷⁹
/100 g
Ziggy's® turkey or chicken breast deli service, selected varieties
poitrine de dinde ou poulet Ziggy's®



5⁹⁹
Maple Leaf Natural Selections sliced deli meat 175 g or PC® cheese slices 150-170 g selected varieties
charcuteries tranchées Natural Selections Maple Leaf ou tranches de fromage PC^{MD}



5⁹⁹
PC® ricotta cheese 454 g or bocconcini 200 g selected varieties
ricotta ou bocconcini PC^{MD}

Dairy & Frozen Produits laitiers & surgelés

Yoplait Yop drinkable yogurt selected varieties 200 mL
yogourt à boire YOP Yoplait

.99



Magnum bars selected varieties, frozen 3/4's
barres Magnum

5⁴⁹



14⁴⁹
PC® or Blue Menu® entrées selected varieties, frozen 2/2.27 kg
plats cuisinés PC^{MD} ou Menu bleu^{MC}

Minute Maid orange juice selected varieties, frozen 295 mL
jus d'orange Minute Maid

1⁷⁹



no name® whipped topping 225 g
garniture fouettée sans nom®

2⁴⁹



2⁴⁹
no name® perogies selected varieties, frozen 907 g
perogies sans nom®

Coffeemate coffee whitener selected varieties 946 mL
colorant à café Coffeemate

4⁹⁹



Silk creamers 473 mL or fortified non-dairy beverages 946 mL selected varieties
produits pour café ou boissons non lactières enrichies Silk

2⁴⁹



Fruits & Vegetables

Fruits & Légumes



1.49

avocados
product of Mexico
avocats



5.49

PC® salads
product of U.S.A.,
selected varieties
285-269 g
salades PC^{MD}



3.49

PC® mini potatoes
product of Canada,
selected varieties
680 g
mini-pommes de terre
PC^{MD}



3/\$5
or \$1.67 ea.

Ataulfo mangoes
product of Mexico
mangues ataulfo



4.79

Farmer's Market™
mixed peppers
product of Canada or Mexico
3's
poivrons variés
Délices du Marché^{MC}



1.99

grapefruit
product of Turkey
each
pamplemousse

Bakery

Boulangerie



4.99

Farmer's Market™
or La Fournée dorée
butter croissants
selected varieties, 210-336 g
croissants au beurre
Délices du Marché^{MC}
ou La Fournée dorée



no name®, Furlani or
D'Italiano garlic bread
selected varieties
325-672 g
pain à l'ail sans nom®,
Furlani ou D'Italiano

4.79



6.99

ACE Bakery or La Baguetterie
rolls or miche
selected varieties, 600-960 g
petits pains ou miche
Boulangerie ACE
ou La Baguetterie

Grocery

Épicerie



Mother's Day
favourites
Favoris de la
fête des Mères

5.99



Liberte Greek 750/500 g
Maitensivés 300 g
Cassisée Droukousi 1 L, yogurt
selected varieties
yogourt Liberte Grec,
Maitensivés, Classique
à boire



2.99

Nature Valley™ Granola Bars 120-230 g,
Berry Oatmeal™ Fruit Snacks 125-141 g,
Pillbury™ Soft Baked Bars 110 g or
Cereal Fruit Bars 130-150 g
selected varieties
barres granola Val Nature™,
collections aux fruits Berry Oatmeal™,
barres biscottes Pillsbury™ et barres de céréales
certaines variétés

3.99

General Mills Retail
Centre
selected varieties
300-430 g
céréales General Mills
format défilé
certaines variétés



2.99

Pillsbury cookie dough
or cinnamon rolls
selected varieties, refrigerated
351-400 g
pâte à biscuits ou brioches
à la cannelle Pillsbury,
certaines variétés Pillsbury

POWERADE



NOW WITH
50% MORE
ELECTROLYTES
VS THE LEADING SPORTS DRINK
MAINTENANT AVEC
50% PLUS
D'ELECTROLYTES
comparativement à la boisson
pour sportifs la plus vendue

*Per 710 mL: POWERADE® 480 mg (Sodium), 150 mg (Potassium);
Leading Sports Drink 330 mg (Sodium), 90 mg (Potassium)

*Coca-Cola Ltd., used under license.



6.99

Coca-Cola® or Canada Dry
beverages
Selected Varieties, 8 x 300 mL
Les boissons Coca-Cola^{MD} ou
Canada Dry^{MD} en emballage de
8 x 300 mL, Saveurs variétés



1.49

Powerade® sports drinks
710 mL
Selected Varieties
Les boissons Powerade^{MD}
en bouteille 710 mL
Saveurs variétés

*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less.
*TM The trademarks that appear are the property of their respective trademark owners.



2.99

Monster® Energy drinks
Selected Varieties
444 -473 mL
Les boissons Monster^{MD}
en canette de 444 -473 mL
Saveurs variétés



6.99

AHA® SPARKLING WATER
beverage 12 x 355 mL
Selected Varieties
EAU PÉTILLANTE AHA^{MC}
en emballage de 12 x 355 mL
Saveurs variétés

no name® drain opener 900 mL,
dry cloth 12's, lemon bleach 2.4 L,
household cleaners 650 mL,
Scrubbing Bubbles 710 mL,
Sunlight 562 mL, Vim
household cleaner 500 mL
or Scotch Brite
pot and pan brush 1's
selected varieties

YOUR CHOICE
AU CHOIX

3.29



4.29

Febreze Air 250 g
or PC® paper yard
waste bags 5's
Air Febreze ou sac à
déchets de jardinage
en papier PC^{MD}



4.79

Fleecy
fabric softener liquid
selected varieties
1.36 L
assouplissant textile
liquide Fleecy

Grocery Épicerie



6⁹⁹

Yoplait Source or creamy yogurt selected varieties
16 x 100 g
yogourt Source Yoplait



Tropicana orange juice, blends or lemonades or Pure Leaf iced tea selected varieties, refrigerated
1.54/1.75 L
jus d'orange, mélanges ou limonades Tropicana ou thé glacé Pure Leaf

4⁷⁹

BlueWater fish or shrimp, battered or breaded selected varieties, frozen
255-600 g
poisson ou crevettes en pâte ou panés BlueWater



6⁴⁹



2⁴⁹

Pillsbury Toaster Strudel selected varieties
326 g
Toaster Strudel Pillsbury



1⁹⁹

PC® appletree™ fruit blends 6 x 100 mL or Squeeze fruit snacks 4 x 90 g, selected varieties
mélanges de fruits Régal aux fruits™
ou collations aux fruits à presser PC™

Quaker Crispy Minis or large rice cakes selected varieties
90-199 g
Crispy minis ou grandes galettes de riz Quaker

2⁴⁹



Nutella hazelnut spread
725 g
tartinade aux noisettes Nutella

6⁴⁹



Fruité beverages selected varieties
2 L
boissons Fruité

2⁹⁹



Twining's or Celestial tea selected varieties
16/20's
thé Twinings ou Celestial

3⁴⁹



PC® The Decadent® chocolate chips selected varieties
226-300 g
brisures de chocolat PC™ Le décadent™

3⁴⁹

China Lily soya sauce 483 mL or Blue Dragon spring roll wrappers 134 mL
sauce soya
China Lily ou rouleaux de printemps Blue Dragon

3⁴⁹



Catelli Smart pasta selected varieties
340/375 g
pâtes Smart Catelli

3²⁹



Knorr or Lipton soup mix selected varieties
40-117 g
mélange à soupe Knorr ou Lipton

1⁹⁹



Brunswick fillets 92/100 g or sardines 106 g selected varieties
filets ou sardines Brunswick

1⁹⁹

Bick's pickles selected varieties
500 mL/1 L
cornichons Bick's

3⁷⁹



no name® olives selected varieties
375 mL
olives sans nom®

1⁷⁹



Dare Real Fruit plant-based gummies 180 g or Nestlé snack size chocolates 66-112 g selected varieties
gummies à base de plantes Real Fruit Dare ou chocolats format collation Nestlé

2²⁹



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (e.g. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2023 Loblaw's Inc.

