

Freshmart®

visit www.freshmart.ca

freshmart RED & WHITE FOOD STORE
Your Neighbourhood Grocer

no name® sans nom®

4 week savings event flyer!

See inside for more

Évènement 4 semaines!

Voir à l'intérieur pour plus



5.99
lb

boneless bottom blade roast or steak* club size
rôti ou bifteck de bas de palette désossé*
13.21/kg



2.29
lb

pork loin chops rib end, rib & sirloin chop or sirloin chop end portion club size
côtelettes de longe de porc, bouts de côtes, côtelettes de côtes et surlonge ou côtelettes de surlonge, portion de bouts de côtes
5.05/kg



4.49

Farmer's Market™ cookies 12's, cinnamon rolls 9's or macaroons 350 g selected varieties



2.99

avocados 5's, product of Mexico or mangoes 3's, product of Peru
avocats ou mangues



3.99

PC® potatoes product of Canada, selected varieties
5 lb
pommes de terre PC^{MD}



4.99

Black Diamond cheese bars 400 g or shreds 320 g selected varieties
barres de fromage ou fromage râpé
Black Diamond

Italpasta 900 g or Hunt's sauce 680 mL selected varieties
pâtes Italpasta ou sauce Hunt's

1.99



Real Canadian natural spring water 24 x 500 mL
eau de source naturelle
Real Canadian

2.49



Habitant soup selected varieties
796 mL
soupe Habitant

1.99



PC® The Decadent® cookies selected varieties
280/300 g
biscuits PC^{MD} Le décadent^{MC}

2.79



Earth's Own non-dairy beverages selected varieties, refrigerated
1.75/1.89 L
boisson non laitière
Earth's Own

3.49



Nescafé or Taster's Choice instant coffee selected varieties
100-170 g
café instantané
Nescafé ou Taster's Choice

4.49



Michelina's dinner entrées selected varieties, frozen
227-284 g
plats cuisinés
Michelina's

4/\$5
or \$1.25 ea



PRICES EFFECTIVE FROM THURSDAY, JANUARY 5TH TO WEDNESDAY, JANUARY 11TH, 2023/PRIX EFFECTIFS DU JEUDI 5 JANVIER AU MERCREDI 11 JANVIER 2023

*cut from Canada AA grade beef or higher/*provenant de bœuf Canada AA ou d'une catégorie plus élevée

FROM OUR BUTCHER
DE NOTRE BOUCHER



T-bone steak*
club size
bifteck d'aloiau*
28.64/kg

12⁹⁹
lb

2⁹⁹
lb

pork loin center-cut chops
club size
côtelettes de longe de porc,
coupe du centre
6.59/kg

pork back ribs
cryovac 2's
côtes de dos de porc
13.21/kg

5⁹⁹
lb

DELICATESSEN
CHARCUTERIE



8⁹⁹
Olivieri fresh pasta
selected varieties
500-700 g
pâtes fraîches Olivieri



3⁹⁹
Chris Brothers deli combo,
shaved meat or deli
sliced meats
selected varieties
150-250 g
charcuteries Chris Brothers

SEAFOOD
POISSONNERIE



5⁹⁹
SeaQuest® fish fillets
selected varieties,
frozen
400 g
filets de poisson
SeaQuest®



9⁹⁹
PC® hot smoked
candied or spicy
salmon strips
150 g
lanières de saumon confit
fumé à chaud ou épicées
PC^{MD}



no name®
salami, sausage or
pepperoni chubs
500 g
saucissons de salami,
saucisse ou pepperoni
sans nom®
5⁴⁹



7⁹⁹
Swiss Chalet chicken pot
pie or salisbury meat pie
frozen, 650 g
pâté au poulet ou pâté à la
viande salisbury Swiss Chalet



14⁹⁹
no name® crispy
southern-style chicken
frozen, 8's
poulet pané croustillant
sans nom®

Grocery Favourites!



2⁹⁹
Jell-O desserts 4's or
Kozy Shack pudding 624 g
selected varieties, refrigerated
desserts Jell-O ou pouding Kozy Shack

Pillsbury cookies
or cinnamon rolls
selected varieties,
refrigerated
454/496 g
biscuits ou brioches
à la cannelle Pillsbury

3⁹⁹



6⁹⁹
Yoplait Source or Creamy yogurt
selected varieties
16 x 90/100 g
yogourt Source ou Crémeux Yoplait

Minute Maid orange juice
selected varieties,
refrigerated
1.75 L
jus d'orange Minute Maid

3⁹⁹



PC® or Blue Menu®
instant oatmeal
selected varieties
304-430 g
grauu instantané PC^{MD}
ou Menu bleu^{MC}

2⁹⁹



Tetley Orange
Pekoe tea bags
144's
sachets de thé
Orange Pekoe
Tetley

8⁹⁹



Nestlé
multi bars or Hershey's
dipped pretzels
selected varieties
140-196 g/4's
barres multiples Nestlé ou
bretzels enrobés Hershey's

5⁹⁹



Silk plant-based
yogurt 640-680 g,
Jordans cereal or
granola 450/500 g
selected varieties
yogourt à base
de plantes Silk,
céréales ou granola
Jordans

6⁷⁹



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**no name®
sans nom®**

4 week savings event flyer!
convincing you to switch to a yellow brand
Évènement 4 semaines !
pour vous convaincre de passer à la marque jaune



2⁹⁹ no name® original wieners
450 g
saucisses fumées originales sans nom®



5⁹⁹ no name® bacon
regular or reduced salt
500 g
bacon sans nom®



4⁹⁹ no name® sliced deli meat
selected varieties
375-500 g
charcuteries tranchées sans nom®



no name®
orange juice
selected varieties,
refrigerated
1.75 L
jus d'orange
sans nom®

2⁹⁹



3²⁹ no name® cream cheese
selected varieties
227/250 g
fromage à la crème sans nom®



3⁴⁹ no name® bar or
processed cheese product
selected varieties
200/400 g
barre ou produit de fromage
fondu sans nom®



4⁴⁹ no name®
stirred yogurt
selected varieties
12's
yogourt brassé sans nom®



no name®
perogies
selected varieties
907 g
perogies sans nom®

2⁴⁹



2²⁹ no name® fried potatoes
selected varieties, frozen
1 kg
pommes de terre frites sans nom®

no name®
pizza pouches
selected varieties,
frozen, 8's
pizzas en poche
sans nom®

5⁹⁹



8⁹⁹ no name® ice cream
sandwiches or bars
selected varieties, frozen,
Club Size, 24/30's
sandwichs ou barres à la
crème glacée sans nom®



2⁷⁹ no name® whipped topping
1 L or pie shells 350 g
selected varieties
garniture fouettée ou
croûtes à tarte sans nom®



1⁹⁹ no name® waffles
selected varieties, frozen
8's
gaufres sans nom®

no name®
Naturally Imperfect™
fruit
frozen, 2 kg
fruits
Naturellement imparfaits™
sans nom®

12⁹⁹



FROM THURSDAY, JANUARY 5TH TO WEDNESDAY, FEBRUARY 1ST, 2023 / DU JEUDI 5 JANVIER AU MERCREDI 1^{ER} FÉVRIER 2023

no name®

flyer page

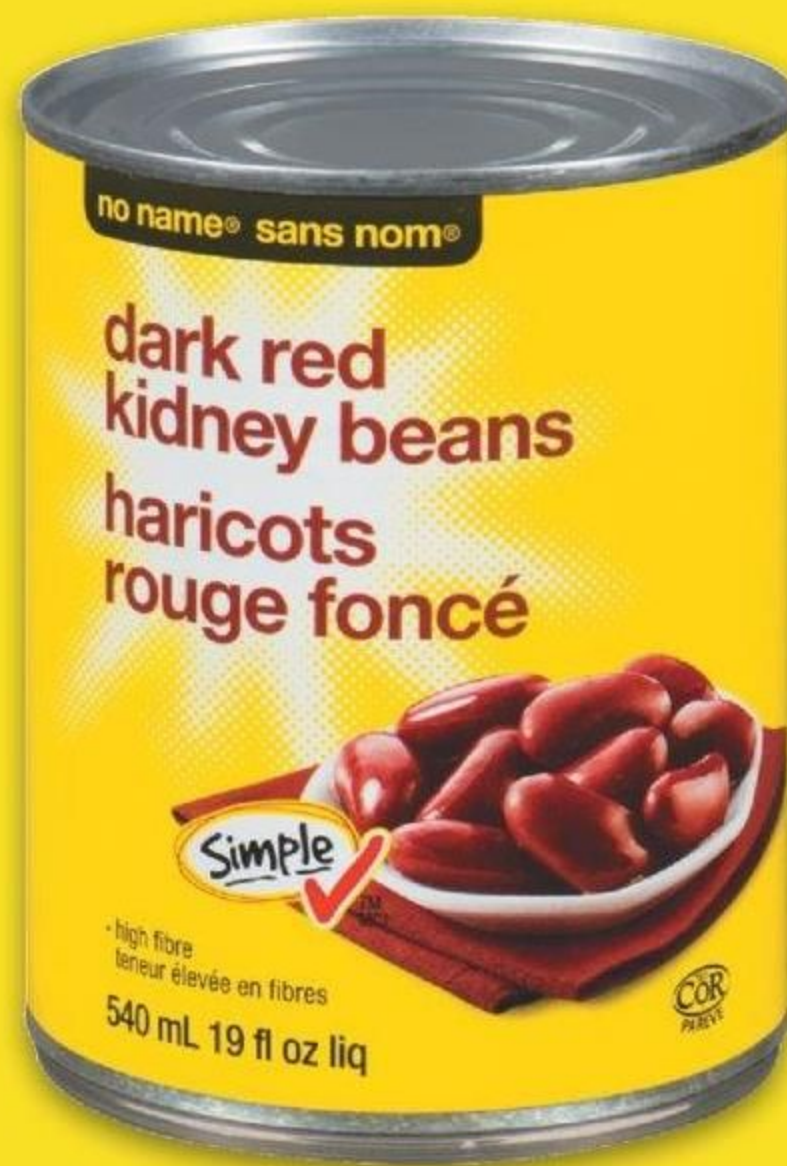
contains low prices from a yellow brand

pages circulaire

avec des bas prix sur la marque jaune

no name® beans
selected varieties
540 mL
haricots sans nom®

1.99



no name®
extra virgin olive oil
750 mL
huile d'olive extra vierge
sans nom®

6.99



no name® egg noodles 340 g or
soy sauce 450 mL, selected varieties
nouilles aux œufs ou sauce soya sans nom®

1.79



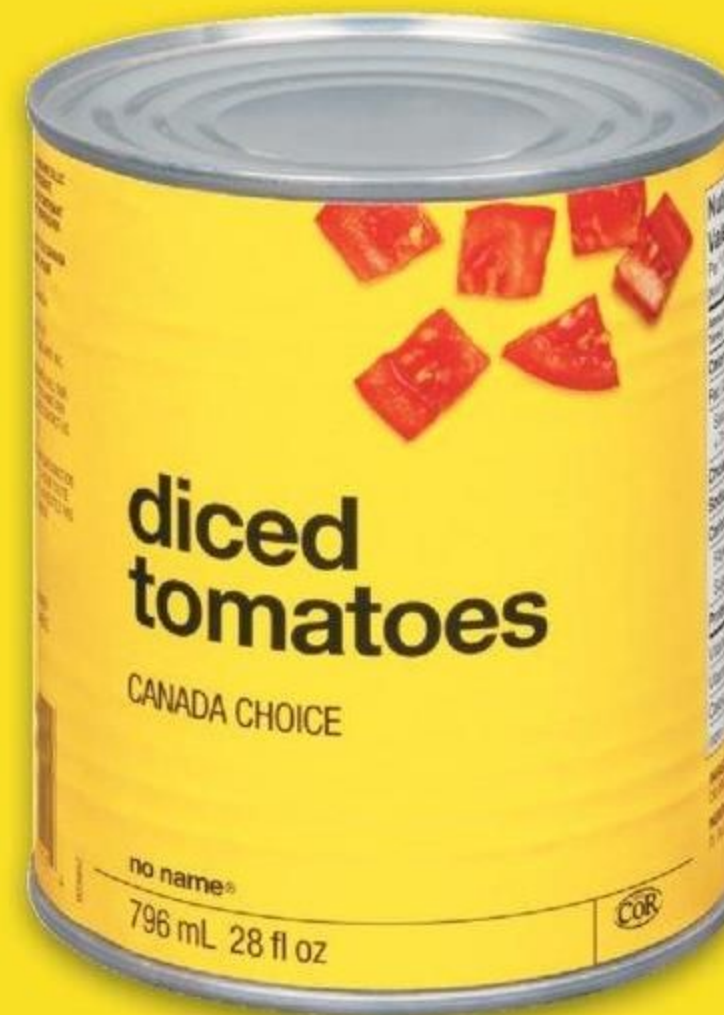
no name® flaked or chunk light tuna
170 g
thon pâle émietté ou en morceaux sans nom®

1.49



no name® tomatoes
selected varieties
796 mL
tomates sans nom®

1.79



no name® pizza sauce 213 mL
or tomato paste 369 mL
sauce à pizza ou pâte de tomate sans nom®

1.29



no name® dressing
selected varieties
475 mL
vinaigrette sans nom®

2.29



no name® olives
selected varieties
375 mL
olives sans nom®

1.79



no name®
cooking sauce
selected varieties
350 mL
sauce à cuisson
sans nom®

2.49



no name® tomato juice
1.36 L or soda crackers
selected varieties, 454 g
jus de tomate ou craquelins
au soda sans nom®

2.49



no name® flour
selected varieties
2.5 kg
farine sans nom®

3.99



no name® spices
selected varieties
5.5-250 g
épices sans nom®

1.99



no name®
raisins, currants
or prunes
selected varieties
375 g
raisins secs, raisins
de Corinthe ou
pruneaux sans nom®

3.79



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sans nom®

groceries
may contain snacks and beverages
épicerie
pouvant contenir collations et boissons

no name® prune juice
1.36 L
jus de pruneaux sans nom®

4²⁹



5⁹⁹

no name® coffee pods
selected varieties
12's
capsules de café sans nom®



2⁹⁹

no name® fruit bowls
selected varieties
4's
bols de fruits sans nom®



3²⁹ no name® juice boxes
selected varieties
10 x 200 mL
jus en boîte sans nom®

no name® fruit drinks
selected varieties
2 L
boissons aux fruits
sans nom®

1⁷⁹



no name® coffee whitener
selected varieties
450 g
colorant à café
sans nom®

3⁴⁹



no. 4
cone
coffee filters

2²⁹



100
basket coffee filters
no name® coffee filters
selected varieties
100's
filtres à café sans nom®



1⁴⁹ no name® pudding
selected varieties
4 x 99 g
pouding sans nom®

no name® trail mix
selected varieties,
Club Size
1 kg
mélange montagnard
sans nom®

10²⁹



1²⁹ no name® crackers 100 g or
breadsticks or pretzels &
cheese snacks 3's
selected varieties
collations de craquelins ou bâtonnets
ou bretzels et fromage sans nom®

no name® pretzels 200 g or
apple or orange
juice 1 L
selected varieties
bretzels ou
jus de pomme ou
d'orange sans nom®

1⁴⁹



2⁷⁹ no name® whole grain oats
900 g/1 kg or smooth peanut
butter 500 g, selected varieties
gruau à grains entiers ou beurre
d'arachide sans nom®



5⁹⁹ no name® honey
liquid or creamed, 500 g
miel sans nom®



2²⁹ no name® marshmallows
selected varieties
400 g
guimauves sans nom®

no name® chocolate bars
selected varieties
100 g
barres de chocolat
sans nom®

1²⁹



FROM THURSDAY, JANUARY 5TH TO WEDNESDAY, FEBRUARY 1ST, 2023 / DU JEUDI 5 JANVIER AU MERCREDI 1^{ER} FÉVRIER 2023

**no name®
sans nom®**

yet more groceries
featuring household products at low prices
encore plus d'épicerie
comprenant des produits pour la maison à bas prix



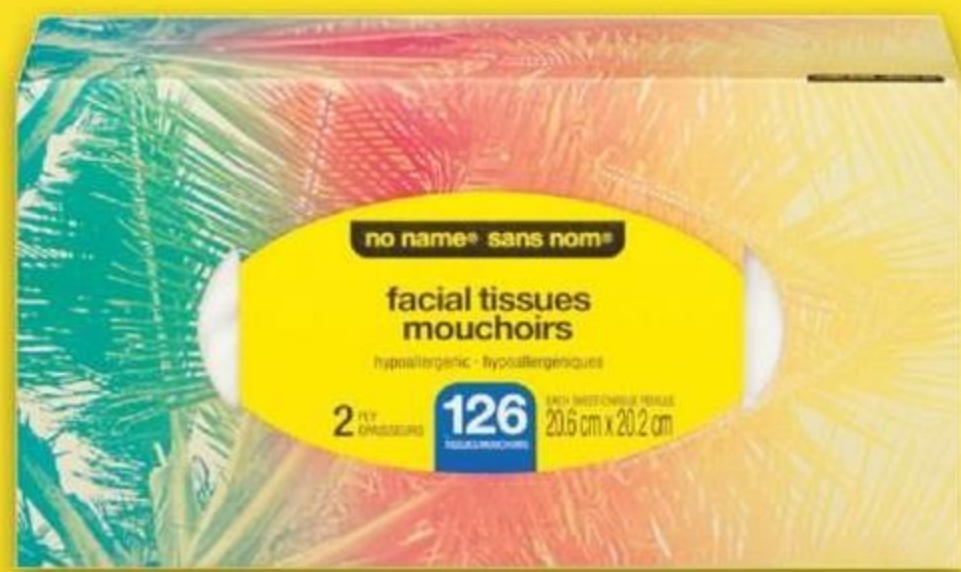
5⁹⁹ no name® garbage bags
selected varieties
20-40's
sacs à ordures sans nom®



3²⁹ no name® napkins
selected varieties
250's
serviettes sans nom®



1²⁹ no name® bathroom tissue
2 ply, 4 rolls
papier hygiénique
sans nom®



1²⁹ no name® facial tissue
126 sheets
mouchoirs sans nom®

no name® dishwasher
rinse agent
250 mL
agent de rinçage
pour lave-vaisselle
sans nom®

3⁷⁹



no name® paper towels
selected varieties
2=2 rolls
essuie-tout
sans nom®

1²⁹



1⁴⁹ no name® foil wrap 25 ft,
plastic wrap 30 m or fold lock
sandwich bags 100's
papier d'aluminium, pellicule plastique ou
sacs à sandwich refermables sans nom®

no name® vinegar
Club Size
4 L
vinaigre
sans nom®

2⁷⁹



no name® all-purpose
reusable cloths 10's,
cellulose sponge
all-purpose or scour
pad mixed each
selected varieties
chiffons réutilisables tout
usage, éponges en cellulose
tout usage ou éponges à
récupérer sans nom®

1⁹⁹



7⁹⁹



no name® 10.4 inch
paper dinner plates, 40's
assiettes en papier
de 10,4 pouces sans nom®

no name® cake
pans with lid
2's
moules à gâteau
avec couvercle
sans nom®

3⁹⁹



no name® dry cat food
selected varieties
4 kg
nourriture sèche pour
chats sans nom®

10⁴⁹



no name® cat litter
selected varieties
7 kg
litière pour chats
sans nom®

6⁴⁹



no name® kibbles & nibbles
dry dog food
1.8 kg
nourriture sèche
pour chiens kibbles
& nibbles sans nom®

6⁹⁹



no name® wild
bird seed mix
4 kg
mélange de graines
pour oiseaux
sauvages sans nom®

8⁹⁹



FROM THURSDAY, JANUARY 5TH TO WEDNESDAY, FEBRUARY 1ST, 2023/DU JEUDI 5 JANVIER AU MERCREDI 1^{ER} FÉVRIER 2023

CHEESE FROMAGERIE



7⁹⁹ PC® cheese selected varieties 200/250 g fromage PC^{MD}

4⁹⁹ Saputo poutine cheese curds 200 g, Mini Babybel or The Laughing Cow 120-133 g cheese selected varieties fromage en grains à poutine Saputo, Mini Babybel ou La Vache qui rit

FRUITS & VEGETABLES FRUITS ET LÉGUMES



3⁹⁹ lb

red or green grapes product of Peru raisins rouges ou verts 8.80/kg



beefsteak tomatoes product of Canada tomates beefsteak 5.49/kg

6⁴⁹

PC® chopped salad kit product of U.S.A., selected varieties 285-369 g trousses de salades hachées PC^{MD}

2⁴⁹ lb

BAKERY BOULANGERIE



2⁹⁹ Hostess snack cakes selected varieties 121-252 g

2⁴⁹ no name® bagels, PC® or Wonder English muffins or crumpets selected varieties 6's



3²⁹ lb d'Anjou pears product of Canada poires d'Anjou 7.25/kg



3⁹⁹ Popeye select spinach product of U.S.A. 283 g épinards de choix Popeye



6⁹⁹ honeydew or mini watermelon product of Guatemala each melon miel ou mini-melon d'eau

Vos Préférés!

Minute Maid frozen punch selected varieties 295 mL punch surgelé Minute Maid

1¹⁹



High Liner battered or breaded fish selected varieties, frozen poisson en pâte ou pané High Liner

6⁹⁹



3²⁹

SunnyD beverages selected varieties 6 x 240 mL/1.89 L boissons SunnyD



2⁹⁹

Christie Snack Pack cookies selected varieties 180/225 g biscuits Snack Paks Christie



9⁹⁹ Frito Lay variety pack selected varieties 484/504 g emballages variés Frito Lay



Jack Link's or Lorissa's jerky selected varieties 63-80 g jerky Jack Link's ou Lorissa's

5⁹⁹



PC® mustard selected varieties 325 mL moutarde PC^{MD}

2²⁹



Stagg chili selected varieties 425 g chili Stagg

3²⁹



Grocery Favourites! Vos Pr f r s!



5.99

no name® butter
selected varieties
454 g
beurre sans nom®



2.79

Quaker Dippys or
Chewy granola bars
selected varieties
120-156 g
barres granola Dippys
ou Chewy Quaker



6.29

Kellogg's
family size cereal
selected varieties
480-650 g
c r ales
format familial
Kellogg's



PC® Cream First™
or Loads Of ice cream
selected varieties, frozen
1.5 L
cr me glac e PC™
La cr me avant tout™
ou Pleine de

6.49

Neilson milkshakes
selected varieties
310 mL
laits frapp s Neilson

1.79



Fruityopia, Nestea,
Peace Tea, Five Alive or
Minute Maid beverages
selected varieties,
refrigerated
1.54/1.75 L
boissons Fruityopia,
Nestea, Peace Tea, D li-cinq
ou Minute Maid

2.99



2.99 Kool-Aid Jammers
selected varieties
10 x 180 mL
Jammers Kool-Aid

YOP drinkable yogurt
selected varieties
200 mL
yogourt   boire YOP

.99



6.99 Pogo
selected varieties, 8/10's
Pogo



4.99 Rooster™ Thai sweet rice 2 kg
or Teriyaki Experience cooking
sauces 350 mL
selected varieties
riz doux tha landais Rooster™ ou
sauces   cuisson Teriyaki Experience



2.99 Maple Leaf flakes
selected varieties
156 g
flocons Maple Leaf

PC® flavoured
mayonnaise
selected varieties
300 mL
mayonnaise
aromatis e PC™

2.79



Shake 'n Bake
coating
selected varieties
142-160 g
panure
Shake 'n Bake

3.29



Maynards
170-185 g
or Werther's
116-135 g candy
selected varieties
friandise Maynards
ou Werther's

2.79



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2023 Loblaws Inc.

