

Freshmart®

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freshmart RED & WHITE
FOOD STORE
Your Neighbourhood Grocer



Game Night!
Soir de match!

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**top sirloin
oven roast or steak***
club size
rôti ou bifteck de haut de surlonge*
emballage familial
13.21/kg
20812709_KG



strawberries
product of Mexico or U.S.A.
fraises
produit du Mexique ou des É.-U.
20069661001_EA

2 lb



pork sirloin chops or roast
club size, boneless
côtelettes ou rôti de surlonge de porc
emballage familial, désossés
5.49/kg
20828442_KG



asparagus
product of Mexico
asperges
produit du Mexique
6.59/kg
20174581001_KG

2.99
lb

Happy Valentine's *Joyeuse Saint Valentin*



**Ferrero Rocher
jewel box**
boîte à bijoux
Ferrero
Rocher 200 g
20098034_EA

6.99



**Farmer's Market™
cakes**
selected varieties
gâteaux
Délices du Marché™
certaines variétés
750-875 g
21392537_EA

9.99



**Tropicana orange juice, blends or
lemonade or Pure Leaf iced tea**
selected varieties,
refrigerated
jus d'orange, mélanges ou limonade
Tropicana ou thé glacé Pure Leaf
certaines variétés, réfrigérés
1.54/1.75 L
20755752002_EA/21209836_EA

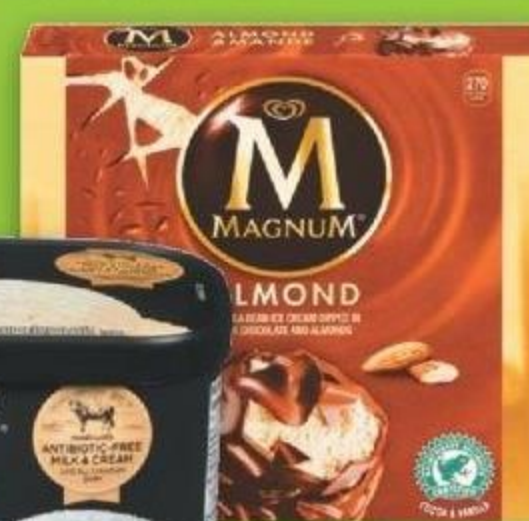
2.99

**Tetley tea 144's or Tim Hortons
coffee pods 12/14's or
ground coffee 300 g**
selected varieties
**thé Tetley ou dosettes de café
ou café moulu Tim Hortons**
certaines variétés
20078830_EA/20902453_EA



7.29

**Magnum novelties bars 3/4's or Breyers
Creamery Style ice cream or confectionery
frozen dessert 1.66 ml**
selected varieties, frozen
**barres de confiserie Magnum ou
crème glacée Style crèmerie ou
dessert glacé de confiserie Breyers**
certaines variétés, surgelés
20342005003_EA/20344925001_EA



3.99

Habitant soup
selected varieties
soupe Habitant
certaines variétés
796 mL
20299690002_EA



1.79

**Coca-Cola, Canada Dry
or Pepsi soft drinks**
selected varieties
boissons gazeuses
Coca-Cola, Canada Dry
ou Pepsi
certaines variétés
12 x 355 mL
20318694002_C12/20322361002_C12



5.49

Tostitos tortilla chips
205-300 g or Tostitos salsa
or dips 416/418 g/418 mL-430 mL
selected varieties
croustilles de tortilla
Tostitos ou salsa ou
tremettes Tostitos
certaines variétés
21050575_EA/20311349002_EA



2.99

**McCain Superfries,
breakfast or specialty potatoes**
selected varieties, frozen
Superfries, pommes de terre
déjeuner ou de spécialité
McCain
certaines variétés,
surgelées, 454-800 g
20798866_EA/20799529_EA



1.99

Heinz ketchup
selected varieties
ketchup Heinz
certaines variétés
750 mL/1 L
20069080_EA



3.99

FROM THURSDAY, FEBRUARY 10TH TO WEDNESDAY, FEBRUARY 16TH, 2022 / DU JEUDI 10 FÉVRIER AU MERCREDI 16 FÉVRIER 2022

*cut from Canada AA grade beef or higher/*provenant de bœuf Canada AA ou d'une catégorie plus élevée

FROM OUR BUTCHER DE NOTRE BOUCHER



whole chicken fresh, bagged poulet entier frais, en sac
7.25/kg
20147976_KG

3.29
lb



6.99
lb

extra lean ground beef club size
bœuf haché extra-maigre emballage familial
15.41/kg
20873869_KG



chicken breast fillets boneless, fresh, club size
filets de poitrine de poulet désossés, emballage familial
15.41/kg
20166993_KG

6.99
lb

DELICATESSEN CHARCUTERIE



Sunrise bologna or Donair sliced meat selected varieties
bologne Sunrise ou charcuterie tranchée Donair certaines variétés, 275-375 g
20017640_EA/20806938_EA

3.99



Yucatan guacamole 454 g or Ziggy's® salad 1.2 kg
certaines variétés guacamole Yucatan ou salade Ziggy's® certaines variétés
20084505_EA/21093744_EA

4.99

SEAFOOD POISSONNERIE



PC® shrimp appetizers selected varieties, frozen
hors-d'œuvre de crevettes PC® certaines variétés, surgelés
300-454 g
20080117_EA

8.99



SeaQuest® shrimp ring with sauce frozen
couronne de crevettes avec sauce SeaQuest® surgelée
454 g
20979191_EA

11.99



Atlantic Choice sausage selected varieties
saucisses Atlantic Choice certaines variétés
1 kg
21332589_EA

9.99



Larsen or Maple Leaf wieners selected varieties
saucisses fumées Larsen ou Maple Leaf certaines variétés
375 g
21093446_EA

4.49



PC® regular or salt reduced bacon
bacon régulier ou réduit en sel PC®
500 g
20152629_EA

5.99



Game Night!



Perrier slim can carbonated natural spring water selected varieties
mini canette ou eau de source naturelle gazéifiée Perrier certaines variétés, 10 x 250 mL
20664782003_C10

5.99

Pringles potato chips selected varieties
croustilles Pringles certaines variétés
130-156 g
21003823_EA/21003833_EA

2.29



Black Diamond Cheestrings selected varieties
Ficello Black Diamond certaines variétés
12/16's
20763661_EA

6.99



Kellogg's Cheez-It 191/200 g, Keebler Town House 260-391 g or Keebler Club crackers 360/388 g selected varieties
crâquelins Cheez-It, Town House Keebler ou Club Keebler Kellogg's certaines variétés
21107408_EA/21214560_EA

2.49



Neal Brothers organic salsa 410 mL or Que Pasa tortilla chips 300/350 g selected varieties
salsa biologique Neal Brothers ou croustilles de tortilla Que Pasa certaines variétés
20976198_EA/21031312_EA

3.99



Old El Paso tortillas 297-334 g, refried beans 398 mL or pickled sliced jalapeños 250 mL selected varieties
tortillas, haricots sautés ou piments jalapeño tranchés Old El Paso certaines variétés
20063108001_EA/20108298_EA/20314171001_EA

2.99



Heinz chili sauce selected varieties
sauce chili Heinz certaines variétés
455 mL
20297430001_EA

4.99



CHEESE FROMAGERIE



6⁹⁹
OKA or Kaukauna spreadable cheese selected varieties fromage à tartiner Kaukauna ou OKA certaines variétés, 190-283 g
20921279_EA/21207042_EA



3⁹⁹
PC® sliced cheese selected varieties fromage en tranches PC^{MD} certaines variétés 150-170 g
20250947_EA/2021643_EA

BAKERY BOULANGERIE



3⁹⁹
Farmer's Market™ cookies 12's or two-bite cupcakes 4/12's selected varieties biscuits Délices du Marché^{MC} ou petits gâteaux two-bite certaines variétés
21298138_EA/20566774_EA



2⁷⁹
PC® or Blue Menu® naan bread 250 g, Casa Mendosa 5-12 inch tortillas or old mill dinner rolls 468 g, selected varieties pain naan PC^{MD} ou Menu bleu^{MC}, tortillas Casa Mendosa ou petits pains vieux moulin certaines variétés
20318788_EA/20321754_EA

FRESH FRUITS & VEGETABLES FRUITS ET LÉGUMES FRAIS



3⁴⁹
pineapple product of Costa Rica ananas produit du Costa Rica each/ch.
20119813001_EA



340 g

3⁹⁹

blueberries product of Peru or Chile, no. 1 grade bleuets produit du Pérou ou du Chili, catégorie no 1
20080137001_EA



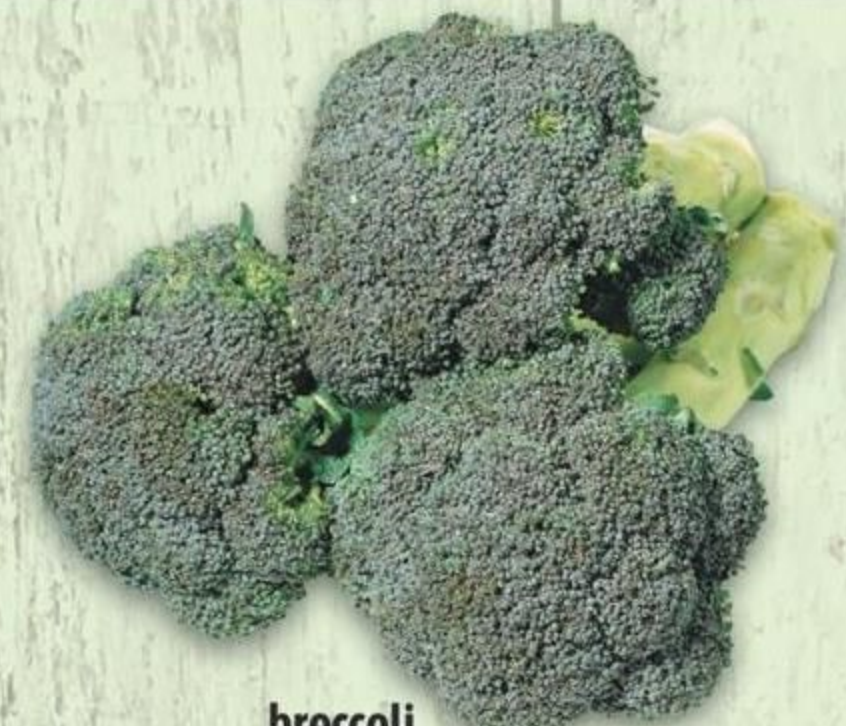
5⁹
kiwi product of Italy or Greece kiwi produit d'Italie ou Grèce each/ch.
20130242001_EA



4⁹⁹
Farmer's Market™ hothouse sweet peppers product of Mexico poivrons doux de serre Délices du Marché^{MC} produit des É.-U. 3's/un.
20085851001_EA



1⁷⁹
Farmer's Market™ baby-cut carrots product of U.S.A. carottes miniatures Délices du Marché^{MC} produit des É.-U., 340 g
20117370001_EA



2⁹⁹
broccoli product of U.S.A. brocoli produit des É.-U. each/ch.
20145621001_EA



Soir de match!



4⁷⁹
Frank's RedHot hot sauce selected varieties sauce piquante RedHot Frank's certaines variétés 354 mL
20187632001_EA



4⁷⁹

5⁴⁹
Jack Link's jerky 65/80 g, steak strips 74 g or sausage snack sticks 150 g or Lorissa's Kitchen jerky 63 g selected varieties jerky, lanières de bifteck ou bâtonnets de saucisson Jack Link's ou jerky Lorissa's Kitchen certaines variétés
20501983002_EA



5⁴⁹



10⁹⁹
PC® Too Good To Be Wings® boneless chicken or turkey chunks selected varieties, frozen morceaux de poulet ou dinde sans os Mieux que des ailes^{MC} PC^{MD} certaines variétés, surgelés, 800 g
21106822_EA

10⁹⁹

4⁹⁹
Hershey's chocolate pouches selected varieties sacs de chocolat Hershey's certaines variétés 160-290 g
20581796_EA/20737480_EA

4⁹⁹



1⁹⁹
Bagel Bites pizza snacks selected varieties, frozen pizzas collations Bagel Bites certaines variétés, surgelés 198 g
20213483001_EA

1⁹⁹



2⁴⁹
Monster, NOS or Reign energy drinks selected varieties boissons énergisantes Monster, NOS ou Reign certaines variétés 444-550 mL
20938249_EA/21370239_EA

2⁴⁹



6⁴⁹

6⁴⁹
Pogo all beef, original or smoky sausage corn dogs 8/10's, frozen Saucisses fumées de pâte original ou tout bœuf Pogo surgelés
20053302001_EA/20053302002_EA

7⁹⁹

7⁹⁹
PC® de-alcoholized beer selected varieties bière désalcoolisée PC^{MD} certaines variétés, 12 x 355 mL
20121729_C12



Grocery Favourites! Vos Pr f r s!



Tim Hortons soup 540 mL
or chili 425 g
selected varieties
soupe ou chili Tim Hortons
certaines vari t s
21203783_EA



Minute Rice 500-700 g or
Blue Dragon or Patak's
cooking sauce 220-315 g
selected varieties
riz Minute Rice ou
sauce   cuisson
Blue Dragon ou Patak's
certaines vari t s
20310858_EA/21006264_EA



no name® pickles
selected varieties
cornichons sans nom®
certaines vari t s
1 L
20326255_EA



Black Diamond cheese bars
400 g or shredded cheese 320 g
selected varieties
barres de fromage ou
fromage r p  Black Diamond
certaines vari t s
21278842_EA/21279221_EA

5⁹⁹



Libert  Greek 650/750 g,
M diterran e 900 g or
kefir yogurt 1 L
selected varieties
yogourt grec,
M diterran e ou k fir
Libert 
certaines vari t s
20704361002_EA
21216409_EA

4⁹⁹



PC® fruit 400-600 g or
McCain Deep'n Delicious
cake 400/510 g
selected varieties, frozen
fruits PC^{MD} ou g teau
Deep'n Delicious McCain
certaines vari t s,
surgel e
20310132002_EA/20312227_EA

4⁴⁹



PC® Thin & Crispy pizza or flatbread
selected varieties, frozen
pizza mince et croustillante
ou pain plat PC^{MD}
certaines vari t s, surgel e, 330-405 g
20971494_EA/21013452_EA

3⁴⁹

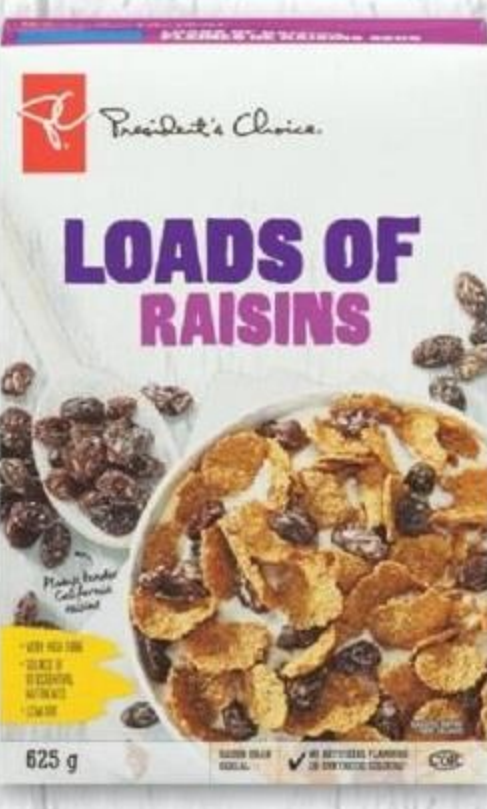


Dole fruit bowls or Fruit'n Gel snacks
selected varieties
bols de fruits ou collations
Fruit'n Gel Dole
certaines vari t s
4 x 107 mL/4 x 123 g
20318455001_EA/20323489006_EA

2²⁹

PC® cereal
selected varieties
c r ales PC^{MD}
certaines vari t s
425-775 g
20775732_EA

3⁹⁹



Ocean Spray
cranberry cocktail
selected varieties
cocktail aux canneberges
Ocean Spray
certaines vari t s
1.89 L
20300006008_EA

3⁴⁹



Carnation
hot chocolate mix
selected varieties
m lange   chocolat
chaud Carnation
certaines vari t s
400/450 g
21194486_EA

3⁹⁹



Cadbury or Neilson chocolate bars
selected varieties
barres de chocolat Cadbury ou Neilson
certaines vari t s
32-60 g
20059599_EA/20688799001_EA

1²⁹

Robin Hood flour
selected varieties
farine Robin Hood
certaines vari t s
2.5 kg
20039497001_EA

4⁹⁹



no name®
bathroom tissue
papier hygi nique
sans nom®
24's/un.
20963916_EA

8⁹⁹



Vim or Clorox cleaners
selected varieties
nettoyants
Vim ou Clorox
certaines vari t s
500 mL-1 L
20646183_EA/21004308_EA

3²⁹



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