

Thank You



PC® regular or salt reduced bacon
bacon fumé ordinaire ou réduit en sel PC^{MD}
500 g
20152629



Real Canadian natural spring water
eau de source naturelle Real Canadian
24 x 500 mL
20154975



Campbell's tomato,
cream of mushroom, chicken noodle or vegetable soup
soupe aux tomates, crème de champignons,
soupe poulet et nouilles ou légumes Campbell's
284 mL
20176214003/20176214004

freshmart **RED & WHITE**
Your Neighbourhood Grocer FOOD STORE

Thank You

TO
ALL OUR
CUSTOMERS
FOR YOUR
KINDNESS,
SUPPORT
AND
TRUST IN US!



FROM ALL THE
FRESHMART
OWNERS
AND
STAFF MEMBERS



Thank You



Thank You

**Marché Au Corner Market -
Cap-Pelé Freshmart**
Cap-Pelé, NB
Francois Richard

Chipman Freshmart
Chipman, NB
Sara Saulnier

River of Fire Market
Elsipogtog, NB
Chief Aaron Sock

Hartland Freshmart
Hartland, NB
Brad Paul

Neguac Freshmart
Neguac, NB
Leonard and Edouina Breault

Graves Freshmart
Bridgetown, NS
Gordon and Cathy Graves

Cabot Trail Food Market
Dingwall Cape Breton, NS
Alisha and James McEvoy

Keizer's Freshmart
Eastern Passage, NS
Jody and John Keizer

Ingonish Freshmart
Ingonish, NS
Jim Milne Jr

Comeauville Freshmart
Little Brook, NS
Joey Robichard

Mabou Freshmart
Mabou, NS
Wayne and Karen Beaton

Macpherson's Red & White
Margaree Valley, NS
Ralph Macpherson

Robichaud's Red & White
Meteghan, NS
Rick Robichaud

New Germany Freshmart
New Germany, NS
Ryan Cook

Cooper's Red & White
Belfast, PE
David and Glenda Cooper

F J Shea & Sons Red & White
St Louis, PE
Francis Shea

Thank You



lean ground beef
club size
bœuf haché maigre
emballage familial
6.59/kg
20874394



Farmer's Market™ McIntosh apples
product of Atlantic Canada
pommes McIntosh Délices du Marché™
produit du Canada atlantique
4 lb bag/sac de 4 lb
20713211001



greenhouse extra large orange,
red or yellow sweet peppers
product of Canada
très gros poivrons de serre
orange, rouges ou jaunes
produit du Canada
5.49/kg
20007535001



Farmer's Market™
homestyle tarts 6's or squares,
selected varieties, 400-510 g
tartelettes Goût maison ou carrés
Délices du Marché™
certaines variétés
20308897/21216501

Dr. Oetker Giuseppe rising or thin crust pizza
selected varieties, frozen
pizza Lève-au-four ou Crousti
mince Giuseppe Dr. Oetker
certaines variétés, surgelée
439-785 g
20904584/21106360



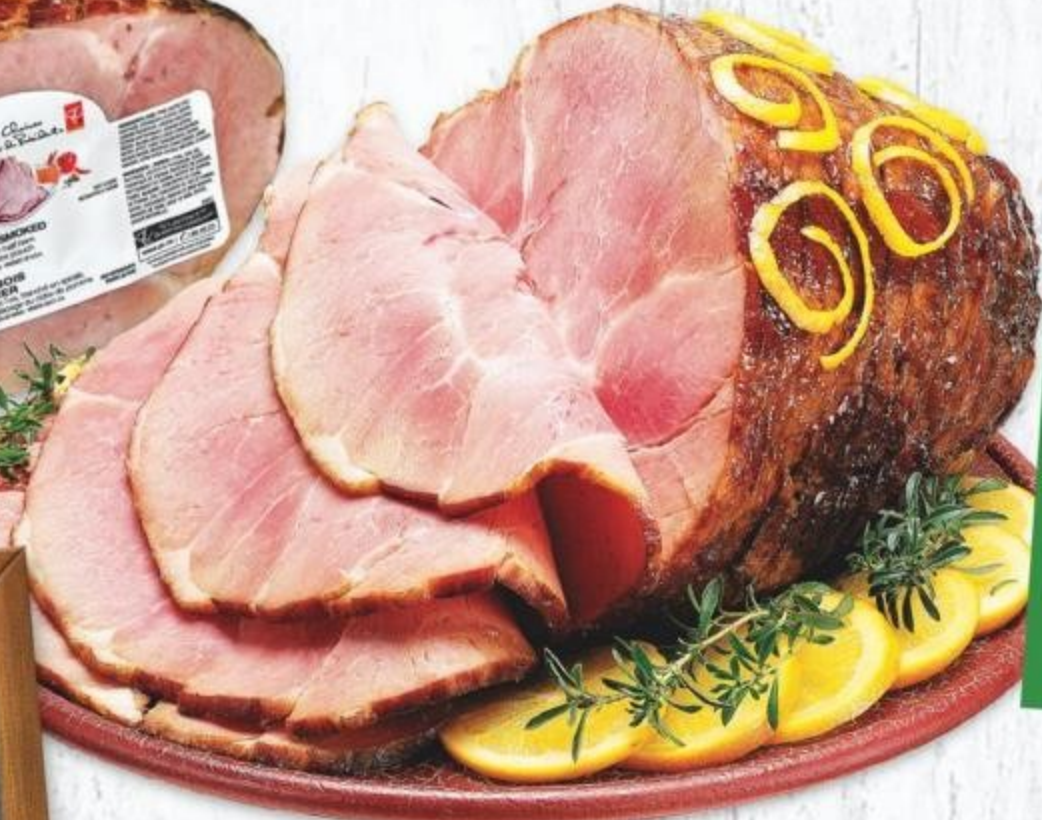
Fruitopia or
Minute Maid
fruit beverages or
Nestea or Peace Tea
iced tea
selected varieties,
refrigerated
boissons aux fruits
Fruitopia ou
Minute Maid ou
thé glacé Nestea
ou Peace Tea
certaines variétés,
réfrigérés
1.75 L
20347440001/20348331004

Sunlight 2x lemon fresh
or Purex liquid detergent
selected varieties
détergent liquide
citron frais 2x
Sunlight ou Purex
certaines variétés
1.47-2.03 L
20314576005/20856516004

FROM OUR BUTCHER



PC® spiral ham
applewood or hickory
jambon tranché en spirale PC®
fumé au bois de pommier ou hickory
8.80/kg
20857240



3.99
lb



Gordon and Cathy Graves
Graves Freshmart
Bridgetown, NS

2020 has been a difficult year so far, so we wanted to take a moment to **Thank You** for your support and assure you that we'll continue to bring you the freshest, most flavourful selection of meats your family loves. Come in and see us today.



eye of round steak or roast*
club size
bifteck ou rôti de noix de ronde*
emballage familial
15.41/kg
20798494

6.99
lb



2.99
lb

chicken drumsticks or thighs
club size
pilons ou hauts de cuisse de poulet
emballage familial
6.59/kg
20004494/20058163



3.49
lb

pork side ribs
club size
côtes de flanc de porc
emballage familial
7.69/kg
20862906



6.99
lb

tenderized inside round fast-fry steak*
club size
bifteck d'intérieur de ronde atténué pour sauté*
emballage familial
15.41/kg
20812498



Ryan Cook
New Germany Freshmart
New Germany, NS

We've all been through a lot this year, so it's important for me to say **Thank You** for your loyalty and to assure you that we'll continue to bring you top quality, flavourful meats at affordable prices. Come in and see us today.



Lou's Quick 'n' Easy entrées
selected varieties
plats cuisinés Quick 'n' Easy Lou's
certaines variétés
400 g
20078077

6.99



Country Ribbon chicken breast
boneless, skinless, frozen
poitrine de poulet Country Ribbon
dossée, sans peau, surgelée
20856866

19.99



no name® sans nom®
crispy southern-style chicken
100% MEAT PROTEIN - BREADED - FOLLY COOKED
16% DE PROTÉINES DE VIANDE - PANÉ - ENTièrement CUIT
poulet pané croustillant
Simple
1 kg 8

no name®
crispy southern-style chicken
8 pieces frozen
poulet pané croustillant sans nom®
8 morceaux, surgelé
1 kg
20015813

12.99



Cook's ham steak
bone-in
tranche de jambon
Cook's
avec os
454 g
20565266

5.99



Beyond Burger
Plant-Based burgers
frozen
burgers à base de plantes
Beyond Burger
surgelés
226 g
21193815



Beyond sausage
frozen,
selected varieties
saucisse Beyond
surgelée,
400 g
21300113



Lightlife Plant-Based meatballs,
Italian ground or smart tenders
boulettes, haché à l'italienne et
filets Smart à base
végétale Lightlife
175-340 g
21188446/21188638



Lightlife Plant-Based Bacon or Smart Dogs
bacon ou saucisses
Smart à base
végétale Lightlife
142-340 g
21188678/21188691

5.99

7.99

3.99

3.99

plant based

FRUITS & VEGETABLES



cauliflower
product of Atlantic Canada
chou-fleur
produit du Canada atlantique
20135377001

2.99



Joey Robichard
Comeauville Freshmart
Little Brook, NS

It has been a difficult year for all of us, so I wanted to say **Thank You** for your support and assure you that we'll continue to bring you the best quality and freshest selection of fruits and veggies. Come in and see us today.

blackberries
product of U.S.A.
mûres
produit des É.-U.
170 g
200451015001



3.49



cantaloupe
product of U.S.A.
cantaloup
produit des É.-U.
each/ch.
201607017001

3.49



Sara Saulnier
Chipman Freshmart
Chipman, NB

Now that we are settling in to some new routines, it's important for me to say **Thank You** for your loyalty and to assure you that we'll continue to bring you top quality and fresh fruits and vegetables, at affordable prices. Come in and see us today.



ripe avocados
product of Mexico
avocats mûrs
produit du Mexique
each/ch.
21097012001

1.29



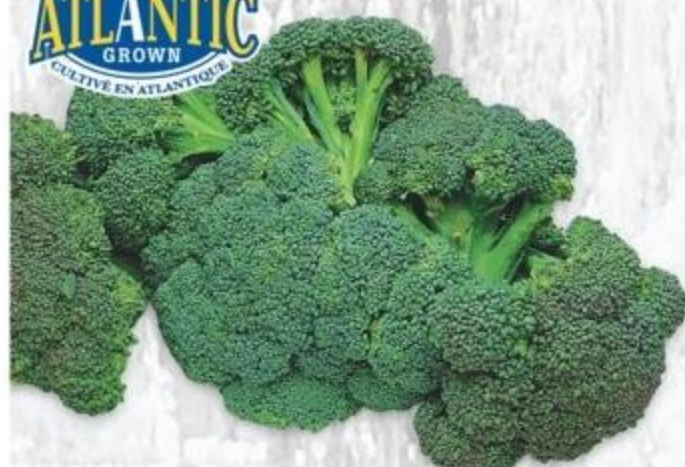
Navel oranges
product of South Africa
oranges navel
produit d'Afrique du Sud
3.28/kg
204260778001

1.49



Farmer's Market™ carrots or onions
product of Atlantic Canada
carottes ou oignons Délices du Marché™
produit du Canada atlantique
3 lb bag/sac de 3 lb
20600927001

2.29



broccoli crowns
product of Atlantic Canada
couronnes de brocoli
produit du Canada atlantique
4.39/kg
20026161001

1.99



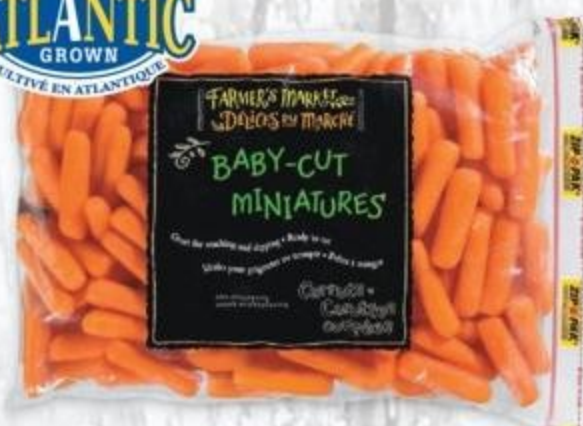
asparagus
product of Peru
asperges
produit du Pérou
8.80/kg
20174581001

3.99



PC® garden salad 340 g or coleslaw 397 g
product of U.S.A.
salade jardinière ou salade de chou PC™
produit des É.-U.
21204248

1.99



Farmer's Market™ mini carrots
product of Atlantic Canada
carottes miniatures Délices du Marché™
produit du Canada atlantique
2 lb
20031454001

2.99



black plums
product of U.S.A.
prunes noires
produit des É.-U.
5.49/kg
203166478001

2.49



pumpkins
product of Canada
citrouilles
produit du Canada
each/ch.
20081484001

4.99

DELICATESSEN



Chris Brothers deli meat
selected varieties
charcuteries Chris Brothers
certaines variétés
150-300 g
20380156/21237503



Brad Paul
Hartland Freshmart
Hartland, NB
2020 has been a difficult year
for all of us, so I wanted to say
Thank You for your support
and assure you that we'll
continue to bring you the best
quality and most flavourful se-
lection of deli meats, cheeses,
dips and more. Come in and see
us today.



Piller's pepperettes
selected varieties
pepperettes Piller's
certaines variétés
300-500 g
21099391

8.99



Yucatan guacamole
selected varieties
guacamole Yucatan
certaines variétés
340-454 g
21093744

6.99



Ziggy's®
smoked chicken breast
selected varieties
poitrine de poulet fumée
Ziggy's®
certaines variétés
20299046

1.99 /100 g

CHEESE



PC® mozzarella ball, white cheddar
1 or 2 year old
selected varieties
boule de mozzarella, cheddar blanc 1 ou 2 ans PC®
certaines variétés, 250/340 g
20009748/20011400



PC® halloom semi-soft
unripened cheese
selected varieties
fromage non affiné
à pâte semi-ferme
Halloom PC®
certaines variétés
250 g
20558986/20563213

6.99



Mini Babybel
or Castello cheese
selected varieties
fromage mini Babybel
ou Castello
certaines variétés
100-125 g
20426302/20574332

4.99



Sunrise tofu
selected varieties
tofu Sunrise
certaines variétés
2 x 150 g
20569353/20569354

1.29

BAKERY



Farmer's Market™ cookies
selected varieties, 12's or
mini chocolate chip cookies 310 g
biscuits certaines variétés ou mini-biscuits
aux brisures de chocolat Délices du Marché™
20566774632



PC®
crumpets 284 g or
English muffins 6's
selected varieties
crumpets ou
muffins anglais
PC®
certaines variétés
20123948/20810796

1.99



La Baguetterie country miche
selected varieties, 600/800 g or
PC® brioche loaf 400 g
selected varieties
miche campagnarde
La Baguetterie certaines variétés,
ou pain brioché PC®
certaines variétés
20862393/21050280

4.49



PC® Gluten-Free loaves, mini brownies,
cupcakes or muffins
selected varieties
miches, mini-brownies,
petits gâteaux ou muffins
sans gluten PC®
certaines variétés
280-454 g
20631848/20894632/20566774

3.99



Francois Richard
Marché Au Corner Market -
Cap-Pelé Freshmart
Cap-Pelé, NB
We've all been through a lot
this year, so it's important for
me to say Thank You for your
loyalty and to assure you that
we'll continue to bring you top
quality, fresh breads, rolls and
sweet treats - all at affordable
prices. Come in and see us
today.

SEAFOOD

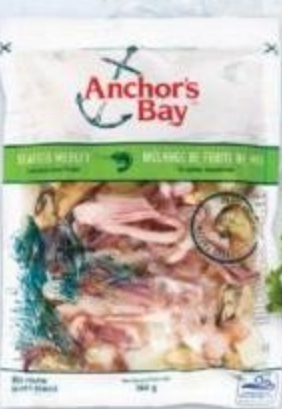


fresh rainbow trout fillets
filets de truite arc-en-ciel
fraîche
24.23/kg
20160413



Evangeline
breaded scallops
frozen, 227 g or
Comeau herring in
wine sauce 265 g
pétoncles panés
Evangeline surgelés
ou hareng Comeau
dans une sauce au vin
20185125/20764281

4.99



Anchor's Bay cooked clam meat,
mussel meat or seafood medley
frozen
chair de palourdes cuites, chair
de moules ou mélange de fruits
de mer Anchor's Bay
surgelés, 340-360 g
20792248

4.49



Canadian Cove fresh mussels
frozen
moules fraîches
Canadian Cove
surgelés
907 g
20882758

5.99



GREAT SAVINGS!

Kool-Aid Jammers
selected varieties
Jammers Kool-Aid
certaines variétés
10 x 180 mL
20079976002/20995101



Alisha and James McEvoy
Cabot Trail Food Market
Dingwall Cape Breton, NS

Our primary goal over the last several months has been protecting the health and safety of our customers and our staff. On behalf of myself and our staff, we wanted to say Thank You for your patience and understanding as we evolved the way we do business. Stay safe!

2.99



1.99

PC* crackers
selected varieties
craquelins PC^{MD}
certaines variétés
100-500 g
20185144001/20588938003

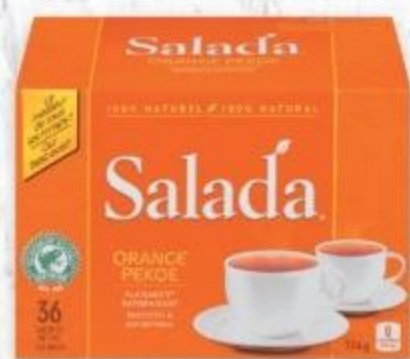


1.99

Pringles potato chips
selected varieties
croustilles Pringles
certaines variétés
130-156 g
21003809/21003833



Van Houtte single serve coffee pods
selected varieties
cartouches individuelles
de café Van Houtte
certaines variétés
30 each/ch.
20808314001



Salada Orange Pekoe tea
thé orange pekoe Salada
36's/un.
20839126



PC* pure jam, jelly
or marmalade
selected varieties
confiture pure, gelée ou
marmelade PC^{MD}
certaines variétés
500 mL
20180006



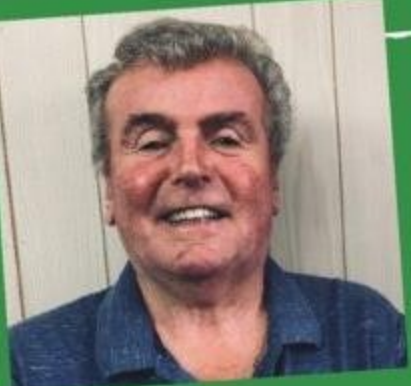
Club House La Grille
seasoning mix
selected varieties
mélange
d'assaisonnements
La Grille Club House
certaines variétés
120-280 g
20321740001

17.99

4.99

3.49

3.79



Francis Shea
F J Shea & Sons Red & White
St Louis, PE

2020 has been a challenging year, so I wanted to say "thank you" for your support and assure you that we'll continue to bring you the best quality, biggest brands and impressive selection of grocery essentials you use every day. Come in and see us today.



PC* Blue Menu*
peanut butter
smooth or crunchy
beurre d'arachide
PC^{MD} Menu bleu^{MC}
crèmeux ou croquant
750 g
20057669001

3.49



Kellogg's Vector,
Muslix or
Special K cereal
selected varieties
céréales Vector,
Muslix ou
Special K Kellogg's
certaines variétés
312-475 g
20015041/20793624

4.99



no name*
natural cheese slices
selected varieties
tranches de fromage
naturel sans nom*
certaines variétés
210/230 g
20742315

3.99



no name* orange juice
selected varieties,
refrigerated
jus d'orange sans nom*
certaines variétés,
réfrigéré
1.75 L
20148160

2.99



Jell-O gel pudding
or cheesecake snacks
selected varieties
gelée, pouding ou
collations de gâteau
au fromage Jell-O
certaines variétés
pkg of/pqt de 4
21019805

2.49



Danone Activia yogurt
selected varieties
yogourt Activia Danone
certaines variétés
650 g
20325132003

2.99



Danone Danino drinkable yogurt
selected varieties
yogourt à boire Danino Danone
certaines variétés
8 x 93 mL
20316360001

3.99



PC* lemonade
selected varieties
limonade PC^{MD}
certaines variétés
1.89 L
20773870001/20773870003

1.99



Gatorade beverages
selected varieties
boissons Gatorade
certaines variétés
710 mL
20305775004
20350036007

1.79



Starbucks
beverages
selected varieties
boissons Starbucks
certaines variétés
325-444 mL
20660857
20867806001

3.29



Ruffles potato chips
selected varieties
croustilles Ruffles
certaines variétés
190-220 g
210493279/21049831

3.29



GREAT SAVINGS!

Scotsburn
Family Favourites
ice cream 1.5 L
or novelties 12's
selected varieties frozen
crème glacée ou
friandises glacées
certaines variétés surgelées

20660078001/20856998002



David and Glenda Cooper
Cooper's Red & White
Belfast, PE

Now that we are settling in to our new routines, we wanted to take a moment to say Thank You for your support and to assure you that we'll continue to bring you the freshest meats, cheeses, fruits and veggies, as well as the top products on your grocery list - all at affordable prices. Come in and see us today!

McCain fries or hashbrowns
selected varieties frozen
frites ou pommes de terre rissolées
certaines variétés, surgelées

900 g
20798759/20799093



Tenderflake pie shells 255-350 g or
Cool Whip whipped topping 1L
croûtes à tarte ou garniture fouettée

20030369001/2030384003



McCain Deep'n Delicious cake
selected varieties, frozen
gâteau Deep'n Delicious
certaines variétés, surgelé

510 g
20310132002/20310132003



Pogo all beef or original corn dogs
selected varieties frozen
tout bœuf ou original
certaines variétés, surgelé

8/10's/un.
20053302001/20053302002



Kraft Dinner
macaroni & Cheese 225 g
or cups 58 g
selected varieties
macaroni
au fromage ou
contenants
certaines variétés

20087831
20298547001



Catelli lasagne
selected varieties
pâtes à lasagne
certaines variétés

200-500 g
20632367



Kraft parmesan
cheese
selected varieties
fromage parmesan
certaines variétés

250 g
20132431001



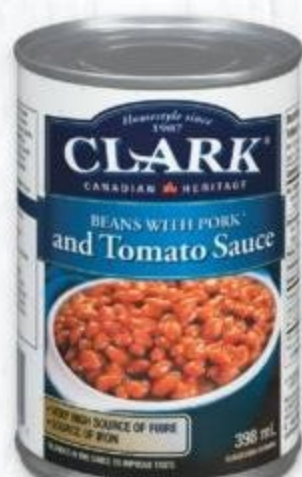
Bull's-Eye BBQ
sauce
selected varieties
sauce barbecue
certaines variétés

425 mL
20547834005



Stagg chili
selected varieties
chili
certaines variétés

425 g
20300125002



Clark baked beans
selected varieties
fèves
certaines variétés

398 mL
20302049002



Clover Leaf white tuna
selected varieties
thon blanc
certaines variétés

170 g
20167571



Lindt Excellence
chocolate bars
selected varieties
barres de chocolat
certaines variétés

50-100 g
20301845003/20312527001



Cascade
dishwasher
detergent pods
selected varieties
sachets de
détergent à
lave-vaisselle
certaines variétés

16-25's/un.
20660833001



Scrubbing Bubbles
946/950 mL or
Fantastik 650 mL
cleaner
selected varieties
nettoyant
certaines variétés

20009897002/20323855002



Windex glass cleaner
selected varieties
nettoyant à vitres
certaines variétés

765/950 mL
20125323001



Ziploc bags
selected varieties
sacs
certaines variétés

15-90's/un.
20317381001/20871415



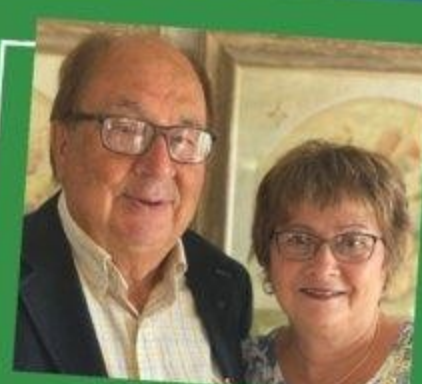
Snuggle liquid
fabric softener
1.41-1.47 L or
sheets 105/120's
selected varieties
assouplissant
textile liquide ou
en feuilles
certaines variétés

20055228002/20359292



GREAT SAVINGS!

PC® soft drinks
selected varieties
boissons gazeuses PC^{MD}
certaines variétés
12 x 355 mL
20218887012/20218887027



Leonard and Edouina Breault
Neguac Freshmart
Neguac, NB

Getting through 2020 has been a lot easier with the support of loyal customers like you. Thank You for continuing to shop with us for the best quality & most flavourful assortment in meats, cheeses, fruits, veggies and everyday grocery essentials - all at affordable prices. We can't wait to see you; come in today!

3.99



no name® pancake mix
905 g or table syrup 750 mL
mélange à crêpes ou sirop de table sans nom®
20306030/20322949

1.99

Tetley tea
selected varieties
thé Tetley
certaines variétés
20/24's/un.
20712339

3.99



McCafé premium
roast coffee
café à torréfaction
supérieure
McCafé
950 g
21238559

17.99



Marie Callender's entrées
selected varieties, frozen
plats cuisinés Marie Callender's
certaines variétés, 680-879 g
20902892

5.99



Michelina's entrées 184/284 g
or Swanson pot pies 200 g
selected varieties
plats cuisinés Michelina's ou pâtés Swanson
certaines variétés
2032052500/121208614

1.49



Patak's
cooking sauce
selected varieties
sauce à cuisson
Patak's
certaines variétés
400 mL
20217180002

4.49



Rooster™ Thai sweet rice
riz doux thaï Rooster^{MC}
2 kg
20102054

5.49



PC® or Blue Menu® bars
selected varieties
barres PC^{MD} ou Menu bleu^{MC}
certaines variétés
125-300 g
20296687001/20913606

1.99



PC® ready-to-eat
popcorn
selected varieties
maïs soufflé PC^{MD}
certaines variétés
200-250 g
20555781

2.99



Shake 'n Bake coating mix
selected varieties
panure Shake 'n Bake
certaines variétés
140-184 g
20309132004/20318460001

2.79



Rooster™ liquid honey
miel liquide
Rooster^{MC}
1 kg
21182437

7.49



Nestlé Splash
fruit flavoured water beverage
eau aromatisée aux fruits
Splash Nestlé
24 x 500 mL
20983762

7.99



Campbell's
Hearty Noodles cup
selected varieties
contenant Nouillissantes
Campbell's
certaines variétés
55 g
20311277001

.99



Mott's apple sauce
selected varieties
purée de pomme
Mott's
certaines variétés
620 mL
20746628

1.99



PC® Nutrition First
cat food
selected varieties
Nutrition Première
pour chat PC^{MD}
certaines variétés
2 kg
21303029

10.99



PC® extra meaty cat food
selected varieties
nourriture pour chats Extra viande PC^{MD}
certaines variétés
156 g
20317136003

.59



PC® extra meaty
dog food
selected varieties
nourriture pour
chiens Extra viande
PC^{MD}
certaines variétés
7.2 kg
20105979

19.99



FALL BAKING!

no name® flour
selected varieties
farine sans nom®
certaines variétés
2.5 kg
20013256



Karen and Wayne Beaton
Mabou Freshmart
Mabou, NS

We just wanted to say
Thank You for your continued
loyalty and support, and for
recognizing that our top priority
is to bring you the very best in
quality, brands and selection.
You'll always find the products
you love most, from meat &
cheeses, to fruits and veggies, to
everyday grocery items. Come in
and see us today.



Atlantic butter
selected varieties
beurre Atlantic
certaines variétés, 454 g
20066904



Quaker muffin or cookie mix
selected varieties
mélange à muffin ou à biscuit Quaker
certaines variétés
900 g
20301064001/20301064010



PC® The Decadent®
chocolate chips for baking
selected varieties
brisures de chocolat à cuisson
PC® Le Décadent®
certaines variétés, 228-300 g
20011473



Crisco vegetable oil
huile végétale
Crisco
1.42 L
20009865001

3.79



Fleischmann's
yeast
selected varieties
levure
Fleischmann's
certaines variétés
113 g
20102920002

4.29



PC®
sweetened
condensed milk
lait condensé
sucré PC®
300 mL
20112979

2.99



no name®
glazed cherries
or shredded
coconut 400 g
selected varieties
cerises glacées ou noix de
coco râpée sans nom®
certaines variétés
20127930/20188835002

2.99



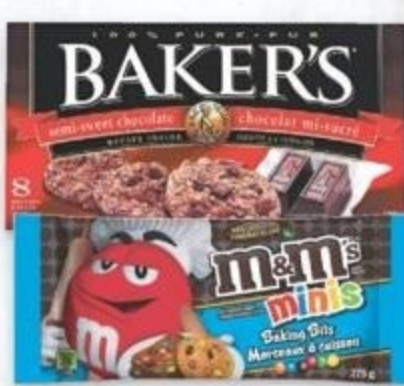
no name®
foil baking pans
moules en aluminium
sans nom®
pkg of/pqt de 2/3
20869962/20870525

2.49



Quaker oats
selected varieties
flocons d'avoine
Quaker
certaines variétés
512 g/1 kg
20323113001

2.99



Baker's or
M&M's minis
Baking chocolate
squares or bits
selected varieties
mini carrés de
chocolat à cuisson
ou morceaux
Baker's ou M&M's
certaines variétés
170-275 g
20316019001/20547797

4.99



E.D. Smith
pie filling
selected varieties
garniture pour
tarte E.D. Smith
certaines variétés
540 mL
20297753001/20297753005

3.29



Alcan foil wrap
papier
d'aluminium Alcan
50'
20051862

2.99



no name®
cake mix
selected varieties
mélange à gâteau
sans nom®
certaines variétés
468 g
20688358003

1.49



no name® prunes
or seedless raisins
selected varieties
prunes ou raisins
sans pépins
sans nom®
certaines variétés
375 g
20647362/20647407

3.29



Dr. Oetker or Shirriff
Pie filling or dessert mix
selected varieties
garniture pour tarte ou
mélange à dessert
Dr. Oetker ou Shirriff
certaines variétés
28-212 g
20302788/20316860

1.49



Fleischmann's
baking powder
poudre à pâte
Fleischmann's
340 g
20604833

2.99



Reynolds
parchment paper
papier
parchemin Reynolds
35'
21164711

2.99



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2020 Loblaw's Inc.

